

400m

400 METERS

Kendall Ellis	49.99	5/13/2018	Jenny Opoku	57.65	4/26/2003
Jaide Stepter (50.63)	50.91	3/26/2016	Anniya Louis	57.95	3/3/2012
Kaelin Roberts	51.33	5/13/2018	Kerrie Pesques	58.18	3/5/1994
Carol Rodriguez	51.39	5/3/2008	Katie Kirst	58.22	3/10/2007
Vanessa Jones	51.50	5/17/2015	Cecile Poppen	58.24	3/24/1979
Cameron Pettigrew	51.61	5/14/2017	Alexis Brown	58.40	5/1/2010
Michelle Taylor	51.75	6/2/1989	Anna Biller	58.54	1979
Amalie Iuel	51.81	3/18/2017	Robin Simmons	58.69	1984
Brigita Langerholc	52.02	7/2001	Malea Malik	58.94	4/7/2012
Gervaise McCraw	52.24	6/7/1986	Kristie Johnson	59.02	4/17/1999
Nakiya Johnson	52.29	5/19/2002	Davida Freeman	59.12	1984
Kyra Constatine	52.58	5/25/2018	Rochelle Savoy	59.28	1984
Inger Miller	52.76	3/26/1994	Laura Simone	59.44	1980
Tracee Thomas	52.99	5/1/2004	Tracy Bourdeau	60.09	3/18/1989
Coco Ncha-Ndip	53.00	5/17/2015	Kelly Owen	60.14	4/2/2011
Malika Edmonson	53.02	5/2/1998	Melissa Marguilies	60.14	4/29/2006
Ashley Liverpool	53.04	5/11/2013	Rosalind Anderson	60.3	4/6/1979
Kinshasa Davis	53.04	4/21/1999	Shelby Buckley	60.36	3/16/2013
Leslie Maxie	53.10	4/28/1990	Anna Burger	60.44	4/2/2011
Myra Hasson	53.13	5/1/2010	Marian Eastern	60.4	1979
LaWanda Cabell	53.15	5/3/1986	Tessa Granowski	60.76	3/24/2012
Carla Estes	53.20	5/2/1998	Rachel Glynn	60.80	3/25/2017
Deanna Hill	53.26	3/17/2018	Jackie Dion	60.81	4/2/2011
Natasha Danvers (52.89)	53.26	6/13/1998	Christina Ciampa	61.07	3/3/2001
Elizabeth Olear	53.29	5/28/2010	Carli Kyles	61.07	3/3/1996
Treani Swain	53.62	5/1/2004	Sauda Johnson	61.0	5/4/1996
La Tima Jones	53.63	5/20/1995	Allison Rojewski	61.14	4/2/2011
Asha Jayasinghe	53.75	3/29/1997	Latrece Benson	61.20	4/22/1998
Jasmine Lee	53.77	5/28/2005	Natalia Williams	61.42	3/19/2011
Kayla Richardson	53.81	4/14/2017	Ellie Khabazian	61.56	3/4/2000
Myra Mayberry	54.04	5/11/1987	Jennifer Jones	61.66	4/14/2011
Jessica Davis	54.10	3/3/2012	Kira Davis-Quarrie	61.77	3/10/2007
Natasha Mayers	54.34	3/1/2003	Jennifer Biller	61.7	1977
Jenna Puterbaugh	54.63	4/22/2011	Franki Adamski	61.89	3/5/2011
Rosetta Birt	54.64	2/24/1980	Jennifer Mueller	62.49	5/3/2008
Tara Davis-Quarrie	54.66	5/5/2007	Jazzmin Owens	62.65	4/24/2010
Tynia Gaither	54.68	3/21/2015	Natasha Strickland	62.97	3/15/2014
Linda Cassidy	54.86	1980	Amy Johnson	63.80c	1982
Noelle Chapin	54.91	4/30/1988	Samantha Ojo	63.93	4/6/2013
Karen Koellner	55.02	4/8/1988	Kathryn Karkut	64.18	3/9/2013
Aleksandra Deren	55.17	4/6/2002	Caroline Lutsky	64.66	3/23/2013
Angela Rolfe	55.44	3/30/1990	Jazmin Treadway	64.89	3/20/2004
Louan Guialdo	55.49	4/13/1991	Kiana Henry	67.66	3/10/2012
Kennedy Gillian	55.51	4/7/2018	Janice McDowell	68.20c	1982
Judith Onyepunka	55.64	4/13/2007	Alyssa Reardon	69.28	3/15/2014
Mikaela Smith	55.65	4/1/2017	Beth Johnson	71.55	4/10/1999
Lesley Noll	55.74	1988	Vanessa Williams		1981
Torri Edwards	55.76	3/9/1996	Diana Rowden		1978
Whitney Graham	55.93	4/29/2006	Charee Copenhauer		1978
Shalina Clarke	55.99	3/10/2007	Angels Hunter		1977
Tiffany Bennett	56.11	3/29/2003			
Brandy Stephens	56.43	5/6/1995			
Michelle DeCoux	56.46	3/9/1991			
Frida Flodstrom	56.65	4/18/2009			
Donna Curtis	56.74	1984			
Erica Alexander	56.78	5/16/2009			
Gina Clayton	56.80	4/24/2004			
Tanya Smith	56.87	3/13/1993			
Tonya Ransom	56.89	1985			
Esi Benyarku	56.93	3/9/1996			
Alexis Weatherspoon	57.30	3/8/2003			
Elan Hilaire	57.38	4/17/2010			
Kim Adams	57.44	1981			