

SHOT PUT

SHOT PUT

Breana Jemison	57' 7 ³ / ₄	3/31/18
Karen Freberg	57' 7 ¹ / ₂	4/29/2006
Brittany Mann	57' 4 ³ / ₄	6/8/2017
L'Orangerie Crawford	56' 3 ¹ / ₄	5/14/2004
Diana Clements	55' 8 ¹ / ₄	2/21/1986
Tanya Sapa	55' 7 ³ / ₄	5/1/2016
Cynthia Ademiluyi	55' 0 ¹ / ₄	5/31/2001
Tera Novy	53' 0	5/1/2016
Cerenity Young	51' 2 ¹ / ₄	4/6/2002
Marissa Minderler	50' 2 ³ / ₄	3/12/2011
Leslie Coons	49' 10 ¹ / ₂	5/4/1996
Jennifer Vail	49' 5	2/26/2000
Heidi Adams	48' 7 ¹ / ₂	3/25/1988
Amy Thiel	47' 10	2/16/2002
Carrie Martin	46' 11 ¹ / ₂	3/29/1997
Kerry Zwart-Bell	45' 10 ³ / ₄	6/8/1980
Yolanda Fletcher	45' 9 ³ / ₄	5/16/1986
Andrea McBride	45' 8 ¹ / ₂	4/28/2007
Jenny Ozorai	45' 6 ¹ / ₂	5/1/2011
Nia Ali	44' 8	4/9/2009
Wendy Brown	44' 7	4/24/1988
Jade Niemeyer	44' 1 ¹ / ₂	3/10/2012
Katalin Mate	44' 1 ¹ / ₂	3/21/2009
Dana Olsen	44' 0	3/8/1980
Nicole Haynes	43' 10 ³ / ₄	5/29/1996
Cindy Johnson	43' 10 ¹ / ₂	3/18/1983
Debra Larsen	43' 8	1983
Lauren Chambers	43' 5 ¹ / ₄	5/1/2010
Kate Hutchinson	43' 1 ¹ / ₂	5/3/2008
Eva Orban	42' 2 ³ / ₄	4/15/2007
Sharon Hatfield	42' 1	1986
Rugina Hendricks	40' 11 ³ / ₄	3/25/1988
Ashley Selman	40' 4	3/24/1989
Lillian Copeland (40' 5)	40' 3	7/4/1931
Julie Morgan	39' 9 ³ / ₄	3/19/1977
Lindsay Oman	38' 8	4/2/2008
Vivian Turner	38' 8	4/30/1976
Allison Franke	38' 7 ³ / ₄	3/14/1992
Kiana Henry	38' 3 ³ / ₄	5/4/2013
Amalie luel	38' 2	5/7/2016
Mitzi McMiilin	37' 3 ³ / ₄	1977
Celeste McVey	36' 11 ¹ / ₂	3/12/1994
Sandra Murray	36' 11	1981
Joyce Simley	36' 7 ¹ / ₂	5/13/1979
Teri Ortega	36' 6 ³ / ₄	2/29/1992
Tanya Smith	36' 4 ³ / ₄	5/25/1993
Ashley Selman	36' 2 ¹ / ₄	3/2/1991
Lyndsey Lopes	36' 0	4/6/2018
Shana Woods	35' 6	5/5/2007
Spring Harris	35' 8 ¹ / ₂	3/9/2002
Honor Henry	34' 3 ¹ / ₂	5/13/1979
Donna Hollingsworth	33' 8	1982
Carey Hill	33' 4	1977
Karen Kelly	33' 3 ¹ / ₄	3/17/1990
Brenda Bruce	32' 3 ¹ / ₂	1977
Julie Garcia	29' 9 ¹ / ₄	4/14/1989
Chanel Young	28' 6 ¹ / ₂	3/9/2002
Molly Mahar	26' 1 ³ / ₄	2/22/2003
Dora Noble	25' 10	5/1/1919