

USC Indoor Top Ten Lists*

MEN

60m

1. Aaron Brown	6.55	2/15/14
2. Mike Sanford	6.56	1/5/80
3. Andre DeGrasse	6.60	2/7/15
4. BeeJay Lee	6.61	2/28/15
5. Just'N Thymes	6.67	2/25/17
6. Adoree' Jackson	6.75	2/26/16
7. Clancy Edwards	6.77	1/7/78
8. Dominic Davis	6.78	2/26/16
9. Bryan Mercado	6.81	2/15/14
10. Alex Barnum	6.86	2/10/17
Jovonte Slater	6.86	2/15/14

60mH

1. Aleec Harris	7.60	2/15/14
2. Oscar Spurlock	7.71	2/5/11
3. Marquis Morris	7.73	1/27/17
Brendan Ames	7.73	3/12/11
5. Robert Reading	7.75	2/17/89
6. Ryan Wilson	7.87	2/1/03
7. Kai Kelly	7.95	3/7/08
8. Allen Williams	8.00	2/15/14
9. Viktor Fajoyomi	8.25	2/15/14

200m

1. Andre DeGrasse	20.26	3/14/15
2. Just'N Thymes	20.36	3/11/17
3. Aaron Brown	20.53	2/15/14
4. Michael Norman	20.75	2/11/17
Zyaire Clemes	20.97	2/3/17
6. BeeJay Lee	21.00	2/7/15
7. Davonte Stewart	21.03	2/15/14
8. Adoree' Jackson	21.28	2/5/16
9. Ricky Morgan	21.30	1/23/16
10. Bryan Mercado	21.98	2/15/14
Aleec Harris	21.98	1/18/14

400m

1. Ricky Morgan	46.41	2/10/17
2. Zyaire Clemes	46.74	2/27/16
3. James Sanford	47.8	1/7/79
4. Alexander Rohani	48.81	2/11/17

800m

1. Robert Ford	1:47.88	2/27/16
2. Ibrahim Okash	1:49.17	2/8/86
3. David Omwanza	1:49.4	1/7/78
4. Myles Andrews	1:49.90	2/14/15
5. Ibrahim Okash	1:51.11	2/19/88
6. David Manahan	1:54.60	2/14/15
7. Jordan Wallin	1:55.76	2/27/16
8. Brandon Pacheco	1:56.79	1/23/99
9. Matthew Mytrue	2:00.74	2/25/17
10. Mitchell Cameron	2:01.91	2/6/16

MILE

1. Blake Shaw	3:59.85	3/6/10
2. Neil Duggan	4:01.80	2/3/68
3. Steve Crane	4:05.1	2/19/72
4. Chris Johnson	4:06.60	1/30/65
5. Ole Oleson	4:06.70	2/22/69
6. Dennis Carr	4:06.90	2/24/67
7. John Link	4:07.50	3/12/66
8. Brandon Pacheco	4:10.99	2/24/96
9. Julio Marin	4:12.3	12/27/63
10. Myles Andrews	4:12.45	1/17/15

3000m

1. Trent Rule	8:45.08	1/16/16
2. Nicolaus Jakowec	8:53.19	1/16/16

4x400 RELAY

1. 2017	3:05.57	2/4/17
(R. Morgan , J. Thymes, Z. Clemes, M. Norman)		
2. 2016	3:07.32	2/27/16
(Z. Clemes, J. Thymes, A. Jackson, R. Morgan)		
3. 2017	3:07.80	1/21/17
(R. Morgan , J. Thymes, R. Ford , Z. Clemes)		
4. 2015	3:08.74	2/28/15
(R. Morgan , J. Thymes, A. Jackson, D. Stewart)		
5. 2016	3:10.13	2/6/16
(R. Morgan , A. Jackson, Z. Clemes, M. Morris)		
6. 2015	3:11.05	1/24/15
(R. Morgan , R. Ford , M. Andrews, D. Stewart)		
7. 2015	3:11.44	2/14/15
(R. Morgan , D. Stewart, J. Thymes, M. Morris)		
8. 2015	3:15.01	2/7/15
(R. Morgan , R. Ford , M. Morris , M. Andrews)		
9. 2015	3:21.01	2/14/15
(M. Andrews, R. Ford , J. Wallin, D. Manahan)		

DISTANCE MEDLEY RELAY

1. 1969	9:48.1	3/15/69
2. 1967	9:50.1	3/11/67
(C. Grant, R. Wolff, D. Carr, J. Link)		
3. 1969	9:51.2	2/15/69
(H. Becker, M. Turner, C. Trentadue, O. Oleson)		
4. 1968	9:51.3	3/16/68
(C. Grant, G. Vanderstock, O. Oleson, C. Trentadue)		

HIGH JUMP

1. Jesse Williams	(2.29) - 7' 6"	3/11/06
2. Randall Cunningham	(2.27) - 7' 5"	2/25/17
3. Manjula Wijesekara	(2.19) - 7' 2 1/4"	3/7/09
4. Lew Hoyt	(2.16) - 7' 1"	2/13/64
5. George Fleckenstein	(2.14) - 7' 0 3/4"	2/10/62
Michael Krone	(2.14) - 7' 0 1/4"	2/28/15
Charlie Dumas	(2.14) - 7' 0 1/4"	2/13/60
8. Anthony Caire	(2.13) - 7' 0"	1/21/83
Jerry Culp	(2.13) - 7' 0"	3/10/73
Larry Hollins	(2.13) - 7' 0"	1/16/71

POLE VAULT

1. Dave Kenworthy	(5.56) - 18' 3"	3/12/83
2. Brandon Estrada	(5.50) - 18' 0 1/2"	3/6/10
Denis Kohlev	(5.50) - 18' 0 1/2"	2/23/02
4. Doug Wicks	(5.38) - 17' 8"	3/9/85
5. Russ Rogers	(5.33) - 17' 6"	1/17/76
Bob Seagren	(5.33) - 17' 6"	2/8/69
7. Eric White	(5.25) - 17' 3"	3/14/87
8. Steve Klassen	(5.23) - 17' 2"	3/2/85
9. Bob Pullard	(5.18) - 17' 0"	2/17/74
10. Derek Scott	(5.12) - 16' 9 1/2"	2/5/10

LONG JUMP

1. Dietmar Haaf	(8.21) - 26' 11 1/4"	2/18/90
2. Henry Hines	(8.10) - 26' 7"	1/15/72
3. Randy Williams	(8.03) - 26' 4 1/4"	3/10/73
4. Larry Doubly	(7.86) - 25' 9 3/4"	1/22/78
5. Eric Sloan	(7.85) - 25' 9 1/4"	1/23/16
6. Wellesey Clayton	(7.74) - 25' 4 3/4"	2/8/64
7. Jesus Olivan	(7.72) - 25' 4"	2/20/87
8. Dominic Smallwood	(7.67) - 25' 2"	2/24/17
9. Adoree Jackson	(7.66) - 25' 1 3/4"	2/26/16
10. Ed Tave	(7.65) - 25' 1 1/4"	2/10/84

TRIPLE JUMP

1. Allen Simms	(17.26) - 56' 7 1/2"	3/15/03
2. Eric Sloan	(17.03) - 55' 10 1/2"	2/13/16
3. Julien Kapek	(16.62) - 54' 6 1/2"	2/1/03
4. Henry Jackson	(16.09) - 52' 9 1/2"	3/12/72
5. Mahoney Samuels	(16.02) - 52' 7"	1/18/64
6. Greg Harper	(16.01) - 52' 6 1/2"	1/22/88
7. Fred Assef	(15.63) - 51' 3 1/2"	2/6/76
8. Dominic Smallwood	(15.55) - 51' 0 1/4"	2/11/17
9. Tim Barrett	(15.41) - 50' 6 3/4"	1/7/67
10. Tom Cochee	(15.34) - 50' 4 1/4"	2/6/76

SHOT PUT

1. Noah Bryant	(20.55) - 67' 5 1/4"	3/10/07
2. Matt Katnik	(19.75) - 64' 9 3/4"	2/25/17
3. Doug Lane	(19.59) - 64' 3 1/2"	3/12/72
4. Hank Kraychir	(19.58) - 64' 3"	3/12/83
5. Nick Ponzio	(19.43) - 63' 9"	1/16/16
6. Dave Murphy	(19.26) - 63' 2 1/4"	1/3/70
7. Tambi Wenj	(19.05) - 62' 6"	1/31/87
8. Nathan Bultman	(18.85) - 61' 10 1/4"	2/4/17
9. Dave Davis	(18.75) - 61' 6 1/2"	1/22/60
10. Ralph Fruguglietti	(18.60) - 61' 0 1/2"	1/22/77

WEIGHT THROW

1. Conor McCullough	(24.48) - 80' 3 3/4"	3/13/15
2. Nathan Bultman	(19.35) - 63' 6"	2/10/17
3. John Wolitarsky	(19.25) - 63' 2"	1/17/86
4. David Sellens	(18.00) - 59' 0 3/4"	2/3/17

HEPTATHLON

1. Viktor Fajoyomi	5544	2/8/14
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BOLD = current team member
RED = current season

Last update
3/12/17

* - past indoor marks are still being discovered.

If you know of missing marks, please send them to the Trojan Force: usctrojanforce@gmail.com

USC Indoor Top Ten Lists*

WOMEN

60m

1.	Angela Williams	7.09	3/11/01
2.	Ky Westbrook	7.18	1/17/15
3.	Virginia Powell	7.21	3/11/06
4.	Tynia Gaither	7.23	2/28/15
5.	Alexis Faulknor	7.27	1/24/15
6.	Deanna Hill	7.28	2/10/17
	Alexis Weatherspoon	7.28	3/4/06
	Angela Daigle	7.28	2/28/03
9.	Jessica Davis	7.30	3/15/14
10.	Destinee Brown	7.36	2/26/16

60mH

1.	Virginia Powell	7.84	3/11/06
2.	Anna Cockrell	7.98	3/10/17
3.	Dior Hall	8.01	3/13/15
4.	Candice Davis	8.05	3/10/07
5.	Nia Ali	8.06	2/5/11
6.	Lauren Blackburn	8.19	3/1/14
7.	Jasmyne Graham	8.21	2/25/17
8.	Dalilah Muhammad	8.23	3/2/12
9.	Melia Cox	8.25	2/14/15
10.	Shalina Clarke	8.34	2/7/09

200m

1.	Deanna Hill	22.54	3/11/17
2.	Carol Rodriguez	22.77	3/11/06
3.	Kendall Ellis	22.97	2/11/17
4.	Tynia Gaither	23.19	2/14/15
5.	Jessica Davis	23.32	3/15/14
6.	Ky Westbrook	23.44	2/14/15
7.	Carmen Pettigrew	23.51	2/11/17
	Coco Ndipagbor	23.51	2/14/14
9.	Destinee Brown	23.60	2/11/17
	Gabriella Cantrell	23.60	2/14/15

400m

1.	Kendall Ellis	51.07	3/11/17
2.	Jaide Stepter	52.22	3/12/16
3.	Carmen Pettigrew	52.27	2/25/17
4.	Coco Ndipagbor	52.47	3/14/14
5.	Amalie luel	52.52	2/12/16
6.	Michelle Taylor	52.60	2/11/89
7.	Vanessa Jones	53.33	2/28/15
8.	Kyra Constantine	53.83	2/10/17
9.	Ashley Liverpool	54.21	3/1/14
10.	Myra Hasson	54.71	1/30/10

800m

1.	Michelle Taylor	2:05.70	3/10/90
2.	Mikaela Smith	2:06.60	2/11/17
3.	Amalie luel	2:06.88p	2/26/16
4.	Lorea Ibarzabal	2:08.82	2/11/17
5.	Lesley Noll	2:08.70	2/25/89
6.	Shannon Clark	2:10.11	2/25/89
7.	Erica Capellino	2:11.54	2/28/15
8.	Reika Kijima	2:11.55	2/28/15
9.	Rebekah Ent	2:11.90	2/27/16
10.	Rachel Glynn	2:13.22	1/23/16

MILE

1.	Anna Lopacuich	4:43.23	2/8/98
2.	Elise Lyon	4:53.35	2/8/86
3.	Amy Goodwin	4:55.00	2/9/90
4.	Chloe Berry	4:56.67	2/11/17
5.	Katerina Berdousi	4:57.43	2/12/16
6.	Christine Cortez	5:08.07	2/12/11
7.	Jenna Tong	5:09.16	2/8/14
8.	Amber Gore	5:14.34	1/21/17
9.	Katherine Ellis	5:16.72	1/26/08
10.	Kira Soderstrom	5:41.76	1/20/12

3000m

1.	Katerina Berdousi	9:50.40	2/13/16
2.	Jenna Tong	10:02.63	2/27/16
3.	Dina Kitayana	10:52.97	2/26/11
4.	Erin Robinson	10:56.63	1/20/12
5.	Katherine Ellis	10:57.78	1/27/07
6.	Zara Lukens	10:58.71	2/26/11
7.	Bridget Helgerson	11:07.73	1/27/07
8.	Natalie Jarvey	12:04.25	1/27/07

4x400 RELAY

1.	2017	3:27.03	3/11/17
	(C. Pettigrew, A. luel, D. Hill , K. Ellis)		
2.	2016	3:28.82	2/13/16
	(K. Ellis , A. luel, D. Hill , J. Stepter)		
3.	2015	3:29.63	3/13/15
	(J. Stepter, A. luel, K. Ellis , V. Jones)		
4.	2017	3:30.66	1/28/17
	(K. Ellis , A. Cockrell , C. Pettigrew, D. Hill)		
5.	2017	3:31.72	1/21/17
	(C. Pettigrew, A. luel, K. Constantine , K. Ellis)		
6.	2014	3:33.20	3/15/14
	(A. Ndipagbor, V. Jones, J. Stepter, A. Liverpool)		
7.	2016	3:35.43	1/23/16
	(K. Ellis , A. luel, J. Stepter, C. Pettigrew)		
8.	1989	3:35.90	2/25/89
9.	1986	3:36.16	3/15/86
10.	2012	3:37.57	3/2/12
	(J. Puterbaugh, V. Jones, D. Muhammad, A. Ndipagbor)		

HIGH JUMP

1.	Amalie luel	(1.80) - 5' 10 ³ / ₄ p	3/11/16
2.	Wendy Brown	(1.73) - 5' 8 ¹ / ₄	2/19/88
3.	Spring Harris	(1.73) - 5' 8	2/15/03
	Shawana Taylor	(1.73) - 5' 8	1/22/00
5.	Lyndsey Lopes	(1.70) - 5' 7p	1/27/17
	Yleana Carrasco	(1.70) - 5' 7	2/3/90
7.	Alexa Harmon-Thomas	(1.67) - 5' 5³/₄p	1/20/17
8.	Alexandra Church	(1.67) - 5' 5 ³ / ₄	1/29/05
9.	Jordan Winters	(1.60) - 5' 3	1/16/16
10.	Jennifer Stutland	(1.58) - 5' 2 ¹ / ₄	1/19/13
	Lindsey Oman	(1.58) - 5' 2 ¹ / ₄	1/26/08
	Ekene Anene	(1.58) - 5' 2 ¹ / ₄	1/26/08

POLE VAULT

1.	Bryson Stately	(4.11) - 13' 5 ³ / ₄	3/4/06
2.	Felicia Horvath	(3.86) - 12' 8	2/26/16
3.	Melissa Astete	(3.80) - 12' 5 ¹ / ₂	2/23/02
4.	Kenisha Strong	(3.37) - 11' 0 ³ / ₄	1/31/09
5.	Shannon Lewallen	(3.30) - 10' 10	1/21/05

LONG JUMP

1.	Margaux Jones	(6.41) - 21' 0¹/₂	2/5/16
2.	Yvette Bates	(6.35) - 20' 10	3/12/88
3.	Alitta Boyd	(6.33) - 20' 9 ³ / ₄	2/4/12
4.	Wendy Brown	(6.30) - 20' 8	3/8/86
	Sabrina Williams	(6.30) - 20' 8	2/8/85
6.	Alexis Faulknor	(6.23) - 20' 5 ¹ / ₄	2/28/15
7.	Michelle Sanford	(6.17) - 20' 3	3/4/06
8.	Amalie luel	(6.15) - 20' 2 ¹ / ₄ p	3/11/16
9.	Courtney Corrin	(6.07) - 19' 11	1/27/17
10.	Sandy Crabtree	(5.98) - 19' 7 ¹ / ₂	2/15/80

TRIPLE JUMP

1.	Yvette Bates	(13.79) - 45' 3	3/14/87
2.	Wendy Brown	(13.61) - 44' 8	3/14/87
3.	Michelle Sanford	(13.16) - 43' 2 ¹ / ₄	1/30/04
4.	Alitta Boyd	(12.95) - 42' 6	2/9/13
5.	Melia Cox	(12.64) - 41' 5 ³ / ₄	2/9/13
6.	Ekene Anene	(12.62) - 41' 5	1/30/10
7.	Kemi Olonade	(12.56) - 41' 2 ¹ / ₂	3/1/14
8.	Brittany Daniels	(12.36) - 40' 6 ³ / ₄	1/28/06
9.	Katarzyna Klisowska	(11.94) - 39' 2 ¹ / ₄	2/10/07
10.	Candace Bailey	(11.41) - 37' 5 ³ / ₄	1/20/12

SHOT PUT

1.	Brittany Mann	(17.78) - 58' 4	3/10/17
2.	Diana Clements	(16.97) - 55' 8 ¹ / ₄	2/21/86
3.	Karen Freberg	(16.26) - 53' 4 ¹ / ₄	3/4/06
4.	Tera Novy	(15.41) - 50' 6 ³ / ₄	2/27/16
5.	Tanya Sapa	(14.97) - 49' 1 ¹ / ₂	2/6/16
6.	Heidi Adams	(14.37) - 47' 2	2/19/88
7.	Marissa Minderler	(14.02) - 47' 0	2/26/11
8.	Katlin Mate	(13.26) - 43' 6	1/19/09
9.	Rugina Hendricks	(12.39) - 40' 7 ³ / ₄	2/3/90
10.	Kate Hutchinson	(12.14) - 39' 10	1/27/07

WEIGHT THROW

1.	Brittany Mann	(19.28) - 63' 3 ¹ / ₄	2/24/17
2.	Erika Peyton	(17.59) - 57' 5	2/26/16
3.	Tanya Sapa	(17.12) - 56' 2	2/26/16
4.	Tamara Bauman	(16.30) - 53' 5 ³ / ₄	2/26/11
5.	Ashley Pyka	(14.74) - 48' 4 ¹ / ₂	1/20/12
6.	Alexandra Williams	(14.44) - 47' 4	1/28/06
7.	Marissa Minderler	(14.35) - 47' 1	1/31/09
8.	Kathryn Daniels	(13.92) - 45' 8	2/26/11
9.	Farren Benjamin	(10.81) - 35' 5 ³ / ₄	1/20/12

PENTATHLON

1.	Amalie luel	4444	2/26/16
2.	Lyndsey Lopes	3754	1/27/17
3.	Alexa Harmon-Thomas	3434	1/20/17
4.	Kiana Henry	2825	1/26/13

BOLD = current team member

p - mark made in pentathlon

RED = current season

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