

PAC-10 Conference Meet - May 18-19, 1996 - Westwood, CA

MEN: 1. UCLA 151; 2. Oregon 131; 3. Washington 97½; 4. USC 96; 5. WSU 82½; T6. Stanford, Cal 80½; 8. Arizona 73; 9. ASU 20

WOMEN: 1. USC 151; 2. Oregon 144; 3. UCLA 117; 4. Washington 77; 5. Stanford 69; 6. Cal 67; 7. WSU 56; 8. ASU 51; 9. Arizona 48

100m

1. Ato Boldon	UCLA	10.03
2. Jason Shelton	USC	10.25
3. Gentry Bradley	UCLA	10.30
4. Akin Akinremi	Arizona	10.55
5. Ed Turner	Washington	10.56
6. Anthony Volsan	USC	10.64

10K

1. Karl Keska	Oregon	29:10.40
2. Matthew Davis	Oregon	29:29.80
3. Meb Keflezighi	UCLA	29:29.55
4. David Gurry	Oregon	29:58.00
5. Rob Reeder	Stanford	30:10.00
6.		

200

1. Ato Boldon	UCLA	20.00
2. Gentry Bradley	UCLA	20.64
3. Ed Turner	Washington	20.74
4. Madu	Washington St.	21.46
5. Scott Druskin	USC	21.49
6.		

110H

1. Kenny Alade'fa	USC	13.70
2. Dominique Arnold	Washington St.	13.75
3. Anderson	UCLA	13.89
4. Gaute Gunderson	Arizona St.	14.36
5. Darrell Bushnell	Oregon	14.58
6.		

400

1. Jerome Davis	USC	45.65
2. Jimmie Johnson	Stanford	46.17
3. Scott Druskin	USC	47.09
4. B.J. Dawson	Washington	47.40
5. Wilson	California	47.73
6. David Holmes	USC	47.74

400H

1. Kenny Alade'fa	USC	50.71
2. Elliott	California	51.38
3. Jeff Allen	Stanford	51.81
4. Muniz	California	52.63
5. Ben Meyer	Washington	52.80
6.		

800

1. Mike Terry	UCLA	1:48.92
2. Luther Kopf	Arizona	1:49.20
3. Brice Newton	Washington	1:49.37
4. Timur Voitetsky	Arizona	1:49.55
5. Brandon Pacheco	USC	1:50.78
6.		

3K SC

1. Daniel Das Neves	Oregon	8:44.30
2. Nick Pavach	Washington	8:51.18
3. Mark Fadil	Stanford	8:53.74
4. Eric Johnson	Washington	8:57.06
5. Rob Aubrey	Oregon	9:01.64
6.		

1500

1. Richie Boulet	California	3:43.56
2. Ben Andrews	Oregon	3:44.20
3. Steve Hatzenbeler	Washington	3:44.55
4. Eric Kamau	Washington St.	3:45.32
5. Greg James	Oregon	3:45.96
6.		

4x100 Relay

1. UCLA	39.60
(Davis, Boldon, Allen, Bradley)	
2. USC	39.80
(Volsan, Hervey, Ekpeyong, Krill)	
3. Washington	40.76
4. California	41.26
5. Oregon	41.27
6.	

5K

1. Meb Keflezighi	UCLA	14:15.20
2. Greg Jimmerson	Stanford	14:21.92
3. Rob Reeder	Stanford	14:22.14
4. Richie Boulet	California	14:23.62
5. Karl Keska	Oregon	14:27.95
6.		

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4x400 Relay

1. USC	3:07.33
(Truner, Alade'fa, Holmes, Davis)	
2. Washington	3:08.35
3. Stanford	3:09.36
4. Arizona	3:09.76
5. Arizona St.	3:10.46
6.	

HJ

1. Chris Nelson	Oregon	7' 2½
2. Rich Pitchford	UCLA	7' 0½
3. Barnett	UCLA	7' 0½
4. Rob Reynolds	Washington	6' 10¾
5. Chris Mosley	Washington St.	6' 6½
6.		

PV

1. Scott Slover	UCLA	17' 4½
2. Jussi Autio	Arizona	17' 0¾
3. Ray Livingston	Oregon	17' 0¾
4. Amit Barken	California	16' 8¾
5. Clarence Phelps	California	16' 4¾
6.		

LJ

1. Chris Ferreira	California	25' 6¼
2. Ray Livingston	Oregon	25' 1¼
3. Leo Slack	Washington St.	25' 0
4. Hilary Mawindi	Washington St.	24' 8¼
5. Ed Turner	Washington	24' 7¼
6.		

TJ

1. Lenards Ozolinsh	California	52' 11
2. Todd Bleakney	Oregon	51' 10½
3. Hilary Mawindi	Washington St.	50' 6¼
4. Mel Moultry	UCLA	50' 4½
5. Comelius	Arizona	49' 3¾
6.		

SP

1. Mark Parlin	UCLA	64' 8
2. Chima Ugwu	Arizona	64' 3
3. Jonathon Ogden	UCLA	62' 3¼
4. Ernie Conwell	Washington	61' 5
5. Wade Tift	UCLA	57' 9
6.		

DT

1. Chima Ugwu	Arizona	193' 2
2. Ian Waltz	Washington St.	188' 10
3. David Dumble	UCLA	186' 0
4. Luke Sullivan	UCLA	185' 8
5. Pete Swanson	Stanford	179' 3
6. Travis Haynes	UCLA	177' 3

HT

1. Balazs Kiss	USC	254' 1
2. Bengt Johansson	USC	227' 4
3. ?? ??	Arizona	220' 3
4. Mike Laiho	Arizona St.	209' 7
5. Justin Strand	Stanford	205' 3
6.		

JT

1. Troy Burkholder	Washington	229' 5
2. Josh Johnson	UCLA	218' 0
3. Mike DeMunnik	Washington	211' 0
4. James Lile	Oregon	210' 7
5. Kerns	California	202' 8
6.		

DECATHLON

1. Leo Slack	Washington St.	7,743
2. Ray Livingston	Oregon	7,543
3. Ross Bomben	California	7,526
4. Dominic Johnson	Arizona	7,191
5. Josh Gleason	Stanford	7,013
6. Paul Pappas	Oregon	6,986

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Women's Results

100

1. Torri Edwards	USC	11.48
2. Francesca Green	Washington St.	11.61
3. Andrea Anderson	UCLA	11.64
4. LaReina Woods	Oregon	11.71
5. Bisa Grant	UCLA	11.82
6. Esi Benyarku	USC	11.89

200

1. Torri Edwards	USC	23.1
2. Andrea Anderson	UCLA	23.4
3. LaReina Woods	Oregon	23.6
4. Heather Miller	Stanford	23.9
5. Kanika Conwright	USC	24.1
6.		

400

1. Darlene Malco	UCLA	52.39
2. Latasha Gilliam	California	52.53
3. Nicole Commissiong	Oregon	52.65
4. Asha Jayasinghe	USC	55.18
5. Mame Twumasi	UCLA	55.34
6.		

800

1. Lorriann Adams	Arizona St.	2:04.25
2. Grazyna Penc	USC	2:05.14
3. Vicky Fleschner	Oregon	2:06.54
4. Karen Bennett	Arizona	2:07.05
5. Kaarin Knudson	Oregon	2:07.05
6.		

1500

1. Grazyna Penc	USC	4:32.71
2. Dena Dey	Stanford	4:24.12
3. Emily Johnson	Washington	4:28.81
4. Monal Chokshi	Stanford	4:30.18
5. Shannon Bowles	Washington	4:30.59
6.		

3K

1. Emebet Shiferaw	USC	9:12.97
2. Milena Glusac	Oregon	9:16.07
3. Sarna Renfro	Stanford	9:19.61
4. Tara Carlson	Washington	9:21.92
5. Jenna Carlson	Oregon	9:36.10
6.		

5K

1. Emebet Shiferaw	USC	16:16.27
2. Milena Glusac	Oregon	16:18.70
3. Tara Carlson	Washington	16:19.85
4. Sarna Renfro	Stanford	16:22.74
5. Melody Fairchild	Oregon	16:26.56
6.		

10K

1. Melody Fairchild	Oregon	34:07.86
2. Niamh Zwageman	Oregon	35:18.04
3. Deeja Youngquist	Washington	35:29.23
4. Harlick	UCLA	35:29.93
5. Tenaya Soderman	California	35:42.23
6.		

100H

1. Joanna Hayes	UCLA	13.29
2. Michelle Johnson	Arizona	13.58
3. Bisa Grant	UCLA	13.99
4. Tanya Smith	USC	14.18
5. Nicky Booth	Washington St.	14.31
6.		

400H

1. Michelle Johnson	Arizona	57.56
2. Joanna Hayes	UCLA	58.32
3. Letisha Henes	Oregon	58.51
4. Patrice Woods	Washington	58.64
5. Nneka Black	California	59.87
6. Nekeidra Shegog	USC	60.47

4x100 RELAY

1. USC	44.70
2. Oregon	45.31
3. UCLA	45.34
4. Arizona St.	45.87
5. Arizona	46.06

1600 RELAY

1. Oregon	3:36.79
(Morris, Henes, Godfrey, Commissiong)	
2. USC	3:38.75
(Stevens, Benyarku, Edwards, Jayasinghe)	
3. Arizona St.	3:40.14
4. UCLA	3:42.54
5. California	3:42.57

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HIGH JUMP

1. Amy Acuff	UCLA	6' 3
2. Tanya Smith	USC	5' 10¾
3. Trayce Lawyer	Stanford	5' 10¾
4. Fiona Daly	Arizona St.	5' 8¾
5. Chi Johnson	California	5' 8¾
6. Reischea Candidate	USC	5' 8¾

LONG JUMP

1. Francesca Green	Washington St.	20' 10½
2. Veronica Burton	Arizona	20' 9
3. Crystal Hayes	California	20' 4½
4. Nika Thomas	Oregon	20' 3
5. Adra Hysong	Arizona St.	19' 8¾
6.		

TRIPLE JUMP

1. Amy Littlepage	California	42' 4
2. Glory Dolphin	USC	39' 10½
3. Kyla Sutton	Washington	38' 9
4. Wilmer	Stanford	38' 4¼
5. Test	Stanford	38' 4
6.		

SHOT PUT

1. Valeyta Althouse	UCLA	59' 6¼
2. Nada Kavar	UCLA	53' 1¾
3. Aretha Hill	Washington	50' 3½
4. Leslie Coons	USC	47' 7¼
5. Valerie Sweitzer	Oregon	47' 6½
6.		

DISCUS

1. Aretha Hill	Washington	195' 9
2. Suzy Powell	UCLA	190' 11
3. Nada Kavar	UCLA	172' 0
4. Sue Demars	Stanford	169' 10
5. Kim Hulse	Washington St.	163' 9
6. Carrie Martin	USC	157' 0

HAMMER

1. Soozie Shanley	Washington	157' 10
2. C. Heads	California	152' 1
3. Carrie Martin	USC	150' 10
4. Molly Moore	Washington St.	147' 6
5. Nadia Lopez	California	143' 0

JAVELIN

1. Tonia Brewer	Oregon	149' 11
2. Katie Pearmine	Oregon	147' 6
3. Antonson	Arizona St.	145' 6
4. Molly Moore	Washington St.	138' 11
5. Nicole Haynes	USC	133' 1
6.		

HEPTATHLON

1. Nicole Haynes	USC	5,786
2. Nika Thomas	Oregon	5,380
3. Adra Hysong	Arizona St.	5,235
4. Tanya Smith	USC	5,198
5. Heidi Shultz	Washington St.	5,074
6. Trayce Lawyer	Stanford	4,998