

# USC OUTDOOR SCHOOL RECORDS

## MEN

<b>100</b>	<b>Andre DeGrasse</b>	<b>9.92</b>	<b>2015</b>
	<i>(IAAF World Championships - Beijing, China)</i>		
<b>200</b>	<b>Michael Norman</b>	<b>19.84</b>	<b>2018</b>
	<i>(IAAF Diamond League - Paris, France)</i>		
<b>400</b>	<b>Quincy Watts</b>	<b>43.50</b>	<b>1992</b>
	<i>(XXV Olympic Games - Barcelona, Spain)</i>		
<b>800</b>	<b>Ibrahim Okash</b>	<b>1:44.92</b>	<b>1988</b>
	<i>(Kvarnsveden, Sweden)</i>		
<b>1500</b>	<b>David Omwansa</b>	<b>3:39.5</b>	<b>1978</b>
	<i>(PAC-8 Championships - Corvallis, OR)</i>		
<b>5K</b>	<b>Ole Oleson</b>	<b>14:02.6</b>	<b>1968</b>
	<i>(Easter Relays - Santa Barbara, CA)</i>		
<b>10K</b>	<b>Fredson Mayiek</b>	<b>29:42.70</b>	<b>1988</b>
	<i>(PAC-10 Championships - Westwood, CA)</i>		
<b>3K SC</b>	<b>Henry Perez</b>	<b>8:52.1</b>	<b>1978</b>
	<i>(USC vs UCLA Dual Meet - UCLA - Westwood, CA)</i>		
<b>110HH</b>	<b>Aleec Harris</b>	<b>13.14</b>	<b>2014</b>
	<i>(Run Track Town High Performance Meet - Eugene, OR)</i>		
<b>400IH</b>	<b>Rai Benjamin</b>	<b>47.02</b>	<b>2018</b>
	<i>(97th NCAA Championships - Eugene, OR)</i>		
<b>4 X 100</b>	<b>38.69</b>		<b>1980</b>
	<b>Kevin Williams, Billy Mullins, James Sanford, Mike Sanford</b>		
	<i>(USC All-Comers Meet - USC - Los Angeles, CA)</i>		
<b>4 X 400</b>	<b>2:59.00</b>		<b>2018</b>
	<b>Ricky Morgan, Rai Benjamin, Zach Shinnick, Michael Norman</b>		
	<i>(97th NCAA Championships - Eugene, OR)</i>		
<b>HJ</b>	<b>Jesse Williams</b>	<b>7' 7¼ (2.32)</b>	<b>2006</b>
	<i>(85th NCAA Championships - Sacramento, CA)</i>		
<b>LJ</b>	<b>Randy Williams</b>	<b>27' 4¼ (8.34)</b>	<b>1972</b>
	<i>(XX Olympic Games - Munich, Germany)</i>		
<b>TJ</b>	<b>Allen Simms</b>	<b>56' 7½ (17.26)</b>	<b>2003</b>
	<i>(USC vs UCLA Dual Meet - USC - Los Angeles, CA)</i>		
<b>PV</b>	<b>Denis Kholev</b>	<b>18' 6½ (5.65)</b>	<b>2001</b>
	<i>(80th NCAA Championships - Eugene, OR)</i>		
<b>SP</b>	<b>Noah Bryant</b>	<b>67' 5½ (20.56)</b>	<b>2007</b>
	<i>(USC vs UCLA Dual Meet - USC - Los Angeles, CA)</i>		
<b>DT</b>	<b>Gary Carlsen</b>	<b>206' 0 (62.78)</b>	<b>1967</b>
	<i>(Rose Bowl Invitational - Pasadena, CA)</i>		
<b>JT</b>	<b>Corey White</b>	<b>272' 2 (82.97)</b>	<b>2009</b>
	<i>(Texas Relays - Austin, TX)</i>		
<b>HT</b>	<b>Balazs Kiss</b>	<b>270' 10 (82.56)</b>	<b>1995</b>
	<i>(Veszprem, Hungary)</i>		
<b>DEC</b>	<b>Mike Gonzales</b>	<b>8,022</b>	<b>1984</b>
	<i>(USA Olympic Trials - Los Angeles, CA)</i>		

## WOMEN

<b>100</b>	<b>Twanisha Terry</b>	<b>10.99</b>	<b>2018</b>
	<i>(Mt. SAC Relays - Torrance, CA)</i>		
<b>200</b>	<b>Carol Rodriguez</b>	<b>22.23a</b>	<b>2006</b>
	<i>(NCAA West Regionals - Provo, UT)</i>		
<b>400</b>	<b>Kendall Ellis</b>	<b>49.99</b>	<b>2018</b>
	<i>(PAC-12 Championships - Palo Alto, CA)</i>		
<b>800</b>	<b>Birgita Langerholc</b>	<b>1:58.51</b>	<b>2000</b>
	<i>(XXVII Olympic Games - Sydney, Australia)</i>		
<b>1500</b>	<b>Grazyna Penc</b>	<b>4:12.05</b>	<b>1997</b>
	<i>(Mt. SAC Relays - Walnut, CA)</i>		
<b>3K</b>	<b>Emebet Shiferaw</b>	<b>9:11.78</b>	<b>1997</b>
	<i>(76th NCAA Championships - Bloomington, IN)</i>		
<b>5K</b>	<b>Zsafia Erdelyi</b>	<b>16:00.11</b>	<b>2011</b>
	<i>(Mt. SAC Relays - Walnut, CA)</i>		
<b>10K</b>	<b>Zsafia Erdelyi</b>	<b>33:18.75</b>	<b>2010</b>
	<i>(Stanford Invitational - Palo Alto, CA)</i>		
<b>3K SC</b>	<b>Zsafia Erdelyi</b>	<b>10:01.99</b>	<b>2009</b>
	<i>(NCAA West Regionals - Eugene, OR)</i>		
<b>100HH</b>	<b>Virginia Powell</b>	<b>12.48</b>	<b>2006</b>
	<i>(85th NCAA Championships - Sacramento, CA)</i>		
<b>400IH</b>	<b>Jaide Stepter</b>	<b>54.95</b>	<b>2016</b>
	<i>(USA Olympic Trials - Eugene, OR)</i>		
	<b>Natasha Danvers</b>	<b>54.95</b>	<b>2000</b>
	<i>(XXVII Olympic Games - Sydney, Australia)</i>		
<b>4 X 100</b>	<b>42.57</b>		<b>2018</b>
	<b>Angie Annelus, Kendall Ellis, Deanna Hill, Twanisha Terry</b>		
	<i>(Mt. SAC Relays - Torrance, CA)</i>		
<b>4 X 400</b>	<b>3:23.35</b>		<b>2017</b>
	<b>Cameron Pettigrew, Amalie Iuel, Deanna Hill, Kendall Ellis</b>		
	<i>(96th NCAA Championships - Eugene, OR)</i>		
<b>HJ</b>	<b>Emelie Fardigh</b>	<b>6' 2 (1.88)</b>	<b>1997</b>
	<i>(Stanford Invitational - Palo Alto, CA)</i>		
<b>LJ</b>	<b>Yvette Bates</b>	<b>21' 11 (6.68)</b>	<b>1988</b>
	<i>(USA Olympic Trials - Indianapolis, IN)</i>		
<b>TJ</b>	<b>Wendy Brown</b>	<b>45' 5¼ (13.85)</b>	<b>1988</b>
	<i>(TAC Championships - Tampa, FL)</i>		
<b>PV</b>	<b>Brysun Stately</b>	<b>14' 0 (4.27)</b>	<b>2010</b>
	<i>(USC vs UCLA Dual Meet - UCLA - Westwood, CA)</i>		
<b>SP</b>	<b>Breana Jemison</b>	<b>57' 7¾ (17.57)</b>	<b>2018</b>
	<i>(Calif. Collegiate Invtl. - UCSD - San Diego, CA)</i>		
<b>DT</b>	<b>Tera Novy</b>	<b>200' 5 (61.10)</b>	<b>2016</b>
	<i>(Cal State LA Twilight Open - CSLA - Los Angeles, CA)</i>		
<b>HT</b>	<b>Eva Orban</b>	<b>230' 3 (70.18)</b>	<b>2008</b>
	<i>(CSUN Invitational - Northridge, CA)</i>		
<b>JT</b>	<b>Inga Stasiulionyte</b>	<b>186' 10 (56.95)</b>	<b>2002</b>
	<i>(PAC-10 Championships - Pullman, WA)</i>		
<b>HEP</b>	<b>Wendy Brown</b>	<b>6,079</b>	<b>1988</b>
	<i>(USA Olympic Trials - Indianapolis, IN)</i>		