

This is a comprehensive women's *indoor* list of USC track athletes. It is a work in progress and will be continually updated. Names are still being discovered and added.
Please contact the Trojan Force if you notice any errors or omissions.

50y			Alexis Weatherspoon	7.28	3/4/06	55mH		
Myra Mayberry	6.14	1/17/86	Angela Daigle	7.28	2/28/03	Virginia Powell	7.71	2/15/03
60y			Angie Annelus	7.30	1/27/18	Lauren Blackburn	7.83	1/20/12
Robin Simmons	6.92	2/21/86	Jessica Davis	7.30	3/15/14	Melia Cox	8.02	1/20/12
Tonya Ransom	6.92	2/8/85	Zaria Francis	7.34	1/20/18	Dalilah Muhammed	8.03	1/20/12
Myra Mayberry	7.14	1/17/86	Destinee Brown	7.36	2/26/16	Sau Ying Chan	8.18	1/28/95
Gail Wilson	7.56	2/8/85	Gabriella Cantrell	7.43	2/7/15	Michelle DeCoux	8.20	2/2/90
50m			Jessica Onyepunuka	7.43	1/27/07	Leslie Maxie	8.21	2/3/90
Angela Williams	6.17	2/23/02	Carol Rodriguez	7.44	1/27/07	Yleana Carrasco	8.89	2/3/90
Torri Edwards	6.47	2/24/96	Loudia Laarman	7.45	2/3/12	Ashley Selman	9.28	2/3/90
Tai-Ne Gibson	6.60	2/24/96	Candice Davis	7.49	2/11/06	60mH		
Tiffany Bennett	6.63	1/20/01	Coco Ndipagbor	7.50	1/18/14	Virginia Powell	7.84	3/11/06
55m			Judith Onyepunuka	7.50	1/30/10	Anna Cockrell	7.93	3/10/18
Jessica Davis	6.93	1/20/12	Jenna Puterbaugh	7.56	1/25/14	Dior Hall	7.94	1/20/18
Loudia Laarman	6.94	1/20/12	Madisen Richards	7.58	1/27/18	Candice Davis	8.05	3/10/07
Esi Benyarku	6.97	1/23/99	Erica Alexander	7.62	1/31/09	Nia Ali	8.06	2/5/11
Alexis Weatherspoon	7.00	2/15/03	Dalilah Muhammed	7.64	1/30/10	Chanell Brissett	8.09	1/20/18
Judith Onyepunuka	7.03	2/6/10	Shalina Clarke	7.65	1/26/08	Lauren Blackburn	8.19	3/1/14
Erica Alexander	7.05	1/19/09	Robin Simmons	7.66	2/20/87	Mecca McGlanton	8.21	2/9/18
Coco Ndipagbor	7.09	1/20/12	Margaux Jones	7.72	1/21/17	Jasmyne Graham	8.21	2/25/17
Elizabeth Olear	7.09	1/19/09	Myra Mayberry	7.74	2/20/87	Dalilah Muhammad	8.23	3/2/12
Alitta Boyd	7.12	1/20/12	Alitta Boyd	7.80	1/26/13	Melia Cox	8.25	2/14/15
Ronda Brooks	7.16	2/2/90	Margaux Jones	7.81	1/22/16	Sau Ying Chan	8.32	1994
Aareon Payne	7.18	2/6/10	Aareon Payne	7.81	1/30/10	Shalina Clarke	8.34	2/7/09
Jenna Puterbaugh	7.19	2/26/11	Talia Stewart	7.82	1/28/06	Amalie Iuel	8.48p	3/11/16
Lavan Guilda	7.22	2/2/90	Melia Cox	7.85	1/19/13	Lyndsey Lopes	8.51	2/23/18
Jennifer Jones	7.53	1/20/12	Charity Bruce	7.99	2/14/14	Shante Robinson	8.51	1/20/18
Charity Bruce	7.55	1/20/12	Marissa Minderler	8.18	1/26/08	Jaide Stepter	8.75	1/26/13
Katherine Chang	7.75	1/20/12	Courtney Corrin	8.26	1/21/17	Alexa Harmon-Thomas	9.00p	2/24/17
Tara Davis-Quarrie	7.88	2/6/10	Tara Davis-Quarrie	8.31	1/26/08	Lindsey Oman	9.37	1/27/07
60m			Bryson Stately	8.44	1/30/10	200m		
Angela Williams	7.09	3/11/01	Melissa Margulies	8.55	1/26/08	Deanna Hill	22.54	3/11/17
Ky Westbrook	7.18	1/17/15	Jasmine Knight	8.99	1/30/10	Carol Rodriguez	22.77	3/11/06
Natasha Mayers	7.18	2/9/02	60yH			Kendall Ellis	22.97	2/11/17
Virginia Powell	7.21	3/11/06	Patty Van Wolvelaere	7.68	2/3/78	Anna Cockrell	23.16	1/26/18
Twanisha Terry	7.22	3/9/18	Yvette Bates	8.01	2/8/86	Twanisha Terry	23.19	2/10/18
Tynia Gaither	7.23	2/28/15	Mitzi McMillin	8.01	2/3/77	Tynia Gaither	23.19	2/14/15
Alexis Faulknor	7.27	1/24/15	50mH			Jessica Davis	23.32	3/15/14
Deanna Hill	7.28	2/10/17	Sau Ying Chan	7.03	2/19/94	Angie Annelus	23.39	2/10/18
			Renita Garnett	8.35	2/10/80	Ky Westbrook	23.44	2/14/15
						Carmen Pettigrew	23.51	2/11/17

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Coco Ndipagbor	23.51	2/14/14	Shante Robinson	55.46	2/9/18	600m		
Destinee Brown	23.60	2/11/17	Elizabeth Olear	55.48	1/30/10	Carmen Pettigrew	1:34.80	1/16/16
Gabriella Cantrell	23.60	2/14/15	Carol Rodriguez	55.78	1/26/08	Jennifer Daly	1:40.06	1/19/18
Jenna Puterbaugh	23.65	1/25/14	Dalilah Muhammad	55.82	2/12/11			
Jaide Stepter	23.66	2/26/16	Lyndsey Lopes	55.86	2/9/18	880y		
Michelle Taylor	23.69	2/25/89	Kennedy Gillian	55.96	2/24/18	Donna Curtis	2:12.1	2/18/85
Loudia Laarman	23.77	2/14/14	Treani Swain	56.18	1/28/06			
Kyra Constantine	23.79	1/19/18	Erica Alexander	56.28	2/7/09	800m		
Aareon Payne	23.84	2/11/12	Noelle Chapin	56.44	2/2/90	Michelle Taylor	2:05.70	3/10/90
Alexis Weatherspoon	23.96	3/4/06	Jenna Puterbaugh	57.19	2/11/12	Mikaela Smith	2:05.94	2/25/17
Alexis Faulknor	23.99	2/7/15	Loudia Laarman	57.46	1/26/13	Amalie luel	2:06.88p	2/26/16
Vanessa Jones	24.11	2/7/15	Tara Davis-Quarrie	57.62	1/27/07	Lesley Noll	2:08.70	2/25/89
Ronda Brooks	24.36	2/25/89	Judith Onyepunuka	57.90	1/26/08	Lorea Ibarzabal	2:08.82	2/11/17
Jasmyne Graham	24.46	1/27/17	Mikaela Smith	58.50	1/27/18	Shannon Clark	2:10.11	2/25/89
Leslie Maxie	24.62	2/9/90	Lauren Blackburn	60.00	2/3/12	Erica Capellino	2:11.54	2/28/15
Lauren Blackburn	24.64	2/8/14	Melissa Margulies	60.30	1/28/06	Reika Kijima	2:11.55	2/28/15
Lyndsey Lopes	24.65	1/18/18	Jennifer Jones	61.63	1/19/13	Rebekah Ent	2:11.90	2/27/16
Amalie luel	24.65	2/14/15	Alexis Brown	62.30	1/19/13	Rachel Glynn	2:13.22	1/23/16
Jessica Onyepunuka	24.73	1/26/08	Jackie Dion	62.54	2/12/11	Anniya Louis	2:13.43	2/11/12
Shante Robinson	24.75	1/26/18	Malea Malik	62.64	1/26/13	Rebekah Ent	2:13.44	1/23/16
Lavan Guilda	24.75	2/24/90	Jennifer Jones	63.50	1/26/13	Katerina Berdousi	2:16.68	2/6/16
Dalilah Muhammed	24.82	1/30/10				Allison Rojewski	2:19.51	1/31/09
Ashley Liverpool	24.97	1/19/13	500y			Amy Goodwin	2:20.91	1/20/89
Lavan Guilda	24.9	2/2/90	LaWanda Cabell	55.13	1/16/87	Tracy Bourdeau	2:20.96	2/3/90
Kennedy Gillian	25.08	2/11/17	Brigita Langerholc	56.3	2/7/98	Lindsey Oman	2:21.03	1/26/08
Myra Hasson	25.16	1/27/07				Lyndsey Lopes	2:22.38p	2/23/18
Melia Cox	25.37	1/26/13	500m			Taylor Seamans	2:22.39	1/16/16
Margaux Jones	25.88	1/16/16	Dalilah Muhammed	1:13.07	2/5/11	Tunisia Johnson	2:24.32	1/28/06
Charity Bruce	26.02	2/14/14				Carmen Pettigrew	2:24.76	2/6/16
Ekene Anene	26.74	1/26/08	600y			Jackie Dion	2:25.99	2/11/12
			Gervaise McCraw	1:19.50	2/8/86	Jenna Tong	2:26.40	2/6/16
400m			Amalie luel	1:19.56	1/20/17	Melissa Margulies	2:27.74	1/19/09
Kendall Ellis	51.07	3/11/17	Carmen Pettigrew	1:19.96	1/20/17	Natalia Williams	2:30.12	1/20/12
Jaide Stepter	52.22	3/12/16	Myra Hasson	1:25.04	2/6/10	Alexa Harmon-Thomas	2:40.61p	2/24/17
Carmen Pettigrew	52.27	2/25/17	Vanessa Jones	1:26.65	1/20/12			
Coco Ndipagbor	52.47	3/14/14	Elizabeth Olear	1:32.01	2/6/10	1000m		
Amalie luel	52.52	2/12/16	Kathryn Karkut	1:33.05	2/12/11	Anniya Louis	2:58.59	2/12/11
Michelle Taylor	52.60	2/11/89	Jackie Dion	1:33.47	2/26/11	Lesley Noll	2:40..0	2/21/86
Kyra Constantine	52.73	2/24/18	Natalia Williams	1:34.36	2/26/11	Elise Lyon	NT	2/21/86
Vanessa Jones	53.33	2/28/15	Tessa Granowski	1:38.28	1/20/12			
Ashley Liverpool	54.21	3/1/14						
Myra Hasson	54.71	1/30/10						
Kayla Richardson	54.94	1/20/18						

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MILE

Anna Lopacuich	4:43.23	2/8/98
Elise Lyon	4:53.35	2/8/86
Amy Goodwin	4:55.00	2/9/90
Chloe Berry	4:56.67	2/11/17
Katerina Berdousi	4:57.43	2/12/16
Amber Gore	4:58.34	2/9/18
Christine Cortez	5:08.07	2/12/11
Jenna Tong	5:09.16	2/8/14
Kamryn Weber	5:16.31	2/9/18
Katherine Ellis	5:16.72	1/26/08
Kira Soderstrom	5:41.76	1/20/12

3000m

Katerina Berdousi	9:50.40	2/13/16
Jenna Tong	10:02.63	2/27/16
Dina Kitayana	10:52.97	2/26/11
Erin Robinson	10:56.63	1/20/12
Katherine Ellis	10:57.78	1/27/07
Zara Lukens	10:58.71	2/26/11
Bridget Helgerson	11:07.73	1/27/07
Natalie Jarvey	12:04.25	1/27/07

4x145y

2012	1:11.63	1/20/12	(J. Puterbaugh, A. Ndipagbor, J. Davis, A. Payne)
2011	1:11.87	2/26/11	(L. Laarman, J. Puterbaugh, J. Davis, A. Payne)

4x400 RELAY

2017	3:27.03	3/11/17	(C. Pettigrew, A. Luel, D. Hill, K. Ellis)
2018	3:27.45	3/10/18	(K. Roberts, A. Cockrell, D. Hill, K. Ellis)
2018	3:27.58	2/10/18	(K. Constantine, A. Cockrell, D. Hill, K. Ellis)
2016	3:28.82	2/13/16	(K. Ellis, A. Luel, D. Hill, J. Stepter)
2015	3:29.63	3/13/15	(J. Stepter, A. Luel, K. Ellis, V. Jones)
2016	3:29.98	3/12/16	(J. Stepter, K. Ellis, A. Luel, D. Hill)
2017	3:30.66	1/27/17	(K. Ellis, A. Cockrell, C. Pettigrew, D. Hill)

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2016	3:31.48	2/6/16	(K. Ellis, A. Luel, D. Hill, J. Stepter)
2017	3:31.72	1/21/17	(C. Pettigrew, A. Luel, K. Constantine, K. Ellis)
2017	3:32.54	2/25/17	(C. Pettigrew, A. Luel, K. Ellis, K. Ellis)
2014	3:33.20	3/15/14	(A. Ndipagbor, V. Jones, J. Stepter, A. Liverpool)
2015	3:33.58	2/28/15	(K. Ellis, A. Luel, V. Jones, J. Stepter)
2014	3:34.51	2/14/14	(A. Ndipagbor, V. Jones, A. Liverpool, J. Stepter)
2016	3:35.43	1/23/16	(K. Ellis, A. Luel, J. Stepter, C. Pettigrew)
2015	3:35.80	2/7/15	(K. Ellis, V. Jones, A. Luel, J. Stepter)
2018	3:35.86	2/24/18	(K. Roberts, S. Robinson, K. Richardson, K. Gillian)
1989	3:35.90	2/25/89	
2015	3:35.95	2/14/15	(V. Jones, A. Luel, K. Ellis, J. Stepter)
1986	3:36.16	3/15/86	
2015	3:36.26	1/24/15	(J. Stepter, A. Luel, K. Ellis, V. Jones)
2014	3:36.96	2/8/14	(A. Ndipagbor, V. Jones, A. Liverpool, J. Stepter)
2014	3:37.23	3/1/14	(A. Ndipagbor, V. Jones, A. Liverpool, J. Stepter)
2012	3:37.57	3/2/12	(J. Puterbaugh, V. Jones, D. Muhammad, A. Ndipagbor)
2013	3:38.40	2/9/13	(V. Jones, A. Ndipagbor, J. Stepter, A. Liverpool)
2012	3:38.47	2/11/12	(A. Ndipagbor, V. Jones, D. Muhammad, A. Payne)
2018	3:38.92	1/20/18	(K. Ellis, A. Cockrell, D. Hill, K. Constantine)
1990	3:42.99	2/2/90	
1989	3:43.15	2/11/89	
2009	3:43.65	1/31/09	(E. Hillaire, S. Clarke, E. Alexander, D. Muhammad)
2009	3:44.49	2/7/09	(E. Alexander, E. Hillaire, S. Clarke, D. Muhammad)
2013	3:45.89	1/19/13	

2016	3:45.95	2/27/16	(D. Brown, G. Cantrell, R. Ent, M. Smith)
2013	3:46.11	1/26/13	(V. Jones, A. Ndipagbor, J. Stepter, A. Liverpool)
2006	3:47.30	1/28/06	(T. Swain, C. Rodriguez, A. Weatherspoon, T. Stewart)
2018	3:47.97	1/20/18	(K. Gillian, L. Lopes, S. Robinson, J. Daly)
2014	3:48.50	1/18/14	(V. Jones, T. Gaither, C. Pettigrew, A. Luel)
2014	3:48.62	1/25/14	(J. Stepter, V. Jones, J. Puterbaugh, A. Luel)
2011	3:49.59	2/12/11	(D. Muhammad, J. Davis, A. Payne, S. Woods)
2008	3:49.98	1/26/08	(S. Woods, S. Clarke, Ju. Onyepunuka, C. Rodriguez)
2013	3:54.11	1/19/13	
2012	3:58.64	1/20/12	(J. Puterbaugh, D. Muhammad, A. Payne, V. Jones)
2010	4:02.34	2/6/10	(E. Olear, M. Hasson, A. Brown, E. Hillaire)
2011	4:05.40	2/26/11	(J. Dion, A. Payne, J. Davis, A. Brown)
2013	4:06.92	2/9/13	(J. Davis, M. Malik, J. Dion, A. Brown)
2013	4:08.68	1/26/13	(J. Davis, L. Laarman, M. Malik, A. Brown)
2012	4:10.31	1/20/12	(J. Dion, A. Brown, L. Laarman, N. Williams)
2013	4:10.86	1/19/13	

MILE RELAY

1986	3:43.70	2/8/86	(L. Maxie, G. McCraw, L. Noll, M. Mayberry)
1985	3:53.34	2/8/85	
1987	4:03.20	2/20/87	
1980	4:15.7	2/1/80	

2 MILE RELAY

1986	8:53.09	2/3/90	
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HIGH JUMP

Amalie luel	5' 10¾ (1.80)p	3/11/16
Lyndsey Lopes	5' 8½ (1.74)p	2/23/18
Wendy Brown	5' 8¼ (1.73)	2/19/88
Spring Harris	5' 8 (1.73)	2/15/03
Shawana Taylor	5' 8 (1.73)	1/22/00
Alexa Harmon-Thomas	5' 7¼ (1.71)	2/24/18
Yleana Carrasco	5' 7 (1.70)	2/3/90
Alexandra Church	5' 5¾ (1.67)	1/29/05
Cassidy Palka	5' 5¼ (1.66)	1/19/18
Jordan Winters	5' 3 (1.60)	1/16/16
Jennifer Stutland	5' 2¼ (1.58)	1/19/13
Lindsey Oman	5' 2¼ (1.58)	1/26/08
Ekene Anene	5' 2¼ (1.58)	1/26/08
Candace Bailey	4' 10¼ (1.48)	1/19/09

LONG JUMP

Margaux Jones	21' 0½ (6.41)	2/5/16
Yvette Bates	20' 10 (6.35)	3/12/88
Alitta Boyd	20' 9¾ (6.33)	2/4/12
Wendy Brown	20' 8 (6.30)	3/8/86
Sabrina Williams	20' 8 (6.30)	2/8/85
Alexis Faulknor	20' 5¼ (6.23)	2/28/15
Michelle Sanford	20' 3 (6.17)	3/4/06
Courtney Corrin	20' 2½ (6.16)	2/9/18
Amalie luel	20' 2¼ (6.15)p	3/11/16
Mitzi McMillin	20' 0¼ (6.10)	2/3/78
Madisen Richards	19' 9¾ (6.04)	2/23/18
Sandy Crabtree	19' 7½ (5.98)	2/15/80
Lavan Guilda	19' 6½ (5.95)	3/10/90
Yolanda Fletcher	19' 2 (5.84)	2/8/86
Katarzyna Klisowska	18' 11¾ (5.78)	1/27/07
Tatyana Obukhova	18' 11 (5.76)	2/23/02
Disia Page	18' 10¼ (5.74)	2/23/02
Lyndsey Lopes	18' 9¾ (5.73)	1/19/18
Erin Williams	18' 8 (5.69)	1/30/04
Alexa Harmon-Thomas	18' 6 (5.64)	2/23/18
Jennifer Jones	17' 6¾ (5.35)	2/3/12
Cara Bickers	17' 1¼ (5.21)	1/30/10
Courtney Clayton	16' 1¼ (4.92)	2/26/11
Alix Fitch	15' 4¼ (4.68)	2/26/11
Nicole Anthony	15' 3¼ (4.65)	1/19/09

TRIPLE JUMP

Yvette Bates	45' 3 (13.79)	3/14/87
Wendy Brown	44' 8 (13.61)	3/14/87
Michelle Sanford	43' 2¼ (13.16)	1/30/04
Alitta Boyd	42' 6 (12.95)	2/9/13
Melia Cox	41' 5¾ (12.64)	2/9/13
Ekene Anene	41' 5 (12.62)	1/30/10
Kemi Olonade	41' 2½ (12.56)	3/1/14
Brittany Daniels	40' 6¾ (12.36)	1/28/06
Katarzyna Klisowska	39' 2¼ (11.94)	2/10/07
Candace Bailey	38' 2¼ (11.64)	2/9/13
Katherine Chang	33' 9¼ (10.29)	1/20/12

POLE VAULT

Bryson Stately	13' 5¾ (4.11)	3/4/06
Felicia Horvath	12' 8 (3.86)	2/26/16
Melissa Astete	12' 5½ (3.80)	2/23/02
Kenisha Strong	11' 0¾ (3.37)	1/31/09
Shannon Lewallen	10' 10 (3.30)	1/21/05

SHOT PUT

Brittany Mann	58' 4 (17.78)	3/10/17
Breanna Jamison	56' 8 (17.27)	1/20/18
Diana Clements	55' 8¼ (16.97)	2/21/86
Karen Freberg	53' 4¼ (16.26)	3/4/06
Tera Novy	50' 6¾ (15.41)	2/27/16
Tanya Sapa	49' 1½ (14.97)	2/6/16
Heidi Adams	47' 2 (14.37)	2/19/88
Marissa Minderler	46' 0 (14.02)	2/26/11
Katlin Mate	43' 6 (13.26)	1/19/09
Rugina Hendricks	40' 7¾ (12.39)	2/3/90
Kate Hutchinson	39' 10 (12.14)	1/27/07
Lindsey Oman	37' 7¼ (11.46)	1/27/07
Lyndsey Lopes	36' 5 (11.10)p	1/20/17
Ashley Pyka	36' 5 (11.10)	2/12/11
Amalie luel	36' 4¼ (11.08)p	3/11/16
Alexa Harmon-Thomas	33' 8½ (10.27)p	1/27/17

WEIGHT THROW

Brittany Mann	63' 3¼ (19.28)	2/24/17
Erika Peyton	57' 5 (17.59)	2/26/16
Tanya Sapa	56' 2 (17.12)	2/26/16
Tamara Bauman	53' 5¾ (16.30)	2/26/11
Ashley Pyka	48' 4½ (14.74)	1/20/12
Alexandra Williams	47' 4 (14.44)	1/28/06
Marissa Minderler	47' 1 (14.35)	1/31/09
Kathryn Daniels	45' 8 (13.92)	2/26/11
Farren Benjamin	35' 5¾ (10.81)	1/20/12

PENTATHLON

Amalie luel	4444	2/26/16
Lyndsey Lopes	3921	1/26/18
Alexa Harmon-Thomas	3486	2/24/17
Kiana Henry	2825	1/26/13

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