

This is a comprehensive women's list of **USC** track athletes. It is a work in progress and will be continually updated. Names are still being discovered and added. Please contact the Trojan Force if you notice any errors or omissions.

100 METERS

Twanisha Terry	10.99	4/21/2018	Patty Van Wolvelaere	11.78	5/19/1978	Sauda Johnson	12.83	3/3/1996
Angela Williams (<i>11.02</i>)	11.04	6/5/1999	Madisen Richards	11.80	4/29/2018	Courtney Corrin	12.84	3/24/2018
Natasha Mayers	11.09	4/19/2003	Tai-Ne Gibson	11.82	5/25/1996	Anna Biler	12.8	1977
Virginia Powell	11.10	5/14/2006	Shana Woods	11.84	5/3/2008	Erin Williams	12.91	3/8/2003
Torri Edwards (<i>10.78</i>)	11.10	6/4/1999	LaWanda Cabell	11.84	1985	Shayna Healy	12.92	4/1/1995
Inger Miller (<i>10.79</i>)	11.11	4/7/1993	Tiffany Bennett	11.86	4/21/2002	Candace Bailey	12.94	3/3/2012
Deanna Hill	11.17	6/22/2017	Shalina Clarke	11.87	5/12/2007	Karen Ota	12.96	3/8/2002
Ky Westbrook	11.17	6/11/2015	Erica Alexander	11.90	5/2/2009	Chanel Young	12.97	3/6/1999
Jessica Davis	11.19	5/14/2011	Sabrina Williams	11.90	1984	Alexis Brown	12.99	3/3/2012
Tynia Gaither	11.21	5/1/2016	Louan Guido	11.91	1988	Myeshia Gibson	12.99	3/24/2007
Candace Young	11.22	3/24/2001	Tara Davis-Quarrie	11.93	3/20/2004	Fallyn Gray	13.03	3/17/2002
Anglerne Annelus	11.25	5/26/2018	Felice Lipscomb	11.94	5/22/1993	Jackie Gordon	13.0	1977
Alexis Faulknor	11.26	6/25/2015	Rosetta Birt	11.94	1976	Katarzyna Klisowska	13.12	4/1/2006
Jessica Onyepunka	11.31	4/15/2007	Dominique Dorsey	11.97	5/1/2004	Katherine Chang	13.14	3/9/2013
Carol Rodriguez	11.32	6/8/2010	Margaux Jones	12.00	3/18/2017	Brysun Stately	13.20	3/21/2009
Alexis Weatherspoon	11.34	4/30/2005	Charity Bruce	12.07	5/11/2013	Cara Bickers	13.22	4/10/2010
Gail Douglas	11.34	5/11/1979	Aliitta Boyd	12.08	5/7/2011	Jackie Manday	13.30	5/1/2004
Gervaise McCraw	11.37	1987	Dolly Fleetwood	12.11	1982	Tiffany Jones	13.41	3/8/2003
Kinshasa Davis	11.39	5/5/2001	Tracee Thomas	12.12	4/24/2004	Jamila Marston	13.44	4/9/2007
Myra Mayberry	11.42	4/25/1987	Whitney Graham	12.13	2/25/2006	Caroline Lutsky	13.47	4/27/2013
Destinee Brown (<i>11.33</i>)	11.43	4/17/2015	Aleksandra Pieluzek	12.14	2/22/2003	Alix Fitch	13.66	3/12/2011
Aareon Payne	11.45	5/1/2011	Myra Hasson	12.17	2/28/2009	Jazzmin Owen	13.75	2/27/2010
Judith Onyepunka	11.46	5/2/2009	Melia Cox	12.18	3/9/2013	Nicole Anthony	13.85	3/21/2009
Loudia Laarman	11.47	4/18/2014	Denise Eddington	12.24	1981	Daniela Beas	13.98	3/17/2002
Coco Ncha-Ndip	11.48	4/27/2014	Sandy Crabtree	12.24c	3/31/1979	Janet Chowsanget	13.99	4/17/1999
Gabriella Cantrell	11.53	4/3/2015	Pam Simpson	12.29	4/17/1999	Jennifer Mueller	14.15	2/23/2008
Candace Young	11.53	2/28/1999	Patrice Latimore	12.33	3/6/1993	Jessica Nicholas	14.76	4/26/2008
Candice Davis	11.54	4/28/2007	Michelle Sanford	12.34	4/10/2004	Simone Calvin	15.30	3/10/2001
Esi Benyarku	11.57	3/6/1998	Elan Hilaire	12.42	3/7/2009	Amber Ingram	15.5h	3/17/2002
Robin Simmons	11.57	4/28/1985	Jenny Opoku	12.43	3/17/2002	Linda Molo		1978
Zaria Francis	11.58	3/3/2018	Pam Curran	12.44	1976	Angela Hunter		1977
Melanna Gray	11.58	3/2/1992	Ekene Anene	12.45	3/13/2010			
Miya Edmonson	11.59	5/1/2004	Merrill Balassone	12.49	3/20/2004	200 METERS		
Jenna Puterbaugh	11.60	3/23/2013	Kerrie Pesques	12.49	5/9/1992	Carol Rodriguez	22.23a	5/27/2006
Kim Robinson	11.61	1981	Teresa Strickland	12.49	4/8/1989	Inger Miller (<i>21.77</i>)	22.33	4/17/1993
Disia Page	11.62	5/4/2002	Megan Reppe	12.52	3/16/1996	Deanna Hill	22.41	5/14/2017
Malika Edmonson	11.65	3/18/2000	Kim Adams	12.54c	1981	Tynia Gaither	22.54	6/11/2016
Chanel Brissett	11.66	4/7/2018	Kiana Henry	12.57	2/25/2012	Kinshasa Davis	22.69	4/16/2000
Linda Cassidy	11.6	3/10/1979	Kira Davis-Quarrie	12.57	5/1/2010	Twanisha Terry	22.74	5/26/2018
Sau Ying Chan	11.73	3/5/1994	Stephanie Jones	12.59	3/11/2000	Angie Annelus	22.79	6/9/2018
Ronda Brooks	11.73	4/21/1990	Christina Ciampa	12.63	4/27/2002	Kendall Ellis	22.79	3/18/2017
Desiree Bracey	11.74	3/13/1993	Tunisia Johnson	12.66	2/26/2005	Natasha Mayers	22.80	5/29/2002
Elizabeth Olear	11.75	3/10/2007	Jennifer Jones	12.68	3/12/2011	Aareon Payne	22.83	4/16/2011
Kanika Conwright	11.77	5/6/1995	Courtney Clayton	12.75	4/10/2010	Jessica Davis	22.84	5/14/2011
La Tima Jones	11.78	3/21/1992	Malea Malik	12.78	2/25/2012	Torri Edwards (<i>22.28</i>)	22.84	6/4/1999
			Stephanie Marquez	12.83	3/8/2003	Alexis Faulknor	22.97	6/27/2015

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Gail Douglas	22.9	4/27/1979	Judith Onyepunka	24.21	3/20/2010	Teresa Strickland	26.00	4/8/1989
Gervaise McCraw	23.07	5/2/1987	Shalina Clarke	24.21	3/10/2007	Lindsay Oman	26.05	4/2/2008
Alexis Weatherspoon	23.11	6/9/2005	Myra Hasson	24.22	4/24/2010	Madisen Richards	26.13	3/18/2017
Ky Westbrook	23.22	5/30/2015	Kanika Conwright	24.29	4/25/1996	Kiana Henry	26.18	5/4/2013
Angela Williams	23.22	5/20/2000	Jasmine Lee	24.33	3/26/2005	Alexa Harmon-Thomas	26.28	5/6/2017
Jaide Stepter (22.87)	23.23	4/15/2016	Louan Guialdo	24.36	1988	Kerrie Pegues	26.33	2/27/1993
Jessica Onyepunka	23.26	5/25/2007	Mecca McGlaston	24.37	3/3/2018	Kerry Zwart-Bell	26.34	1982
Virginia Powell	23.29	4/29/2006	Sandy Crabtree	24.3	3/10/1979	Cecile Poppen	26.3	5/11/1979
Gabriella Cantrell	23.34	4/3/2015	Kyla Richardson	24.43	3/17/2018	Anniya Louis	26.60	3/3/2012
Anna Cockrell	23.37	3/24/2018	Whitney Graham	24.45	4/30/2005	Shannon Lewallen	26.61	4/30/2005
La Tima Jones	23.37	5/6/1995	Kim Adams	24.49	1981	Jackie Manday	26.63	5/1/2004
Amalie Iuel	23.41	5/7/2016	Rosetta Birt	24.4	5/20/1978	Stephanie Marquez	26.67	4/26/2003
Cameron Pettigrew	23.42	5/14/2017	Patty Van Wolvelaere	24.4	5/20/1978	Shayna Healy	26.6	4/14/1995
Vanessa Jones	23.43	4/18/2014	Melia Cox	24.55	3/7/2015	Melissa Margulies	26.77	3/25/2006
Miya Edmonson	23.46	5/1/2004	Jasmyn Graham	24.58	3/18/2017	Candace Bailey	26.80	3/9/2013
Jenna Puterbaugh	23.48	3/23/2013	Nakiya Johnson	24.59	4/6/2002	Ekene Anene	26.83	3/24/2007
Michelle Taylor	23.49	4/21/1990	Tara Davis-Quarrie	24.72	5/14/2005	Martise Moore	26.8	4/13/1996
Coco Ncha-Ndip	23.53	3/22/2014	Felice Lipscomb	24.73	5/7/1994	Stephanie Davis	26.8	1977
Loudia Laarman	23.58	4/18/2014	Margaux Jones	24.76	3/18/2017	Oluwakemi Olonade	26.91	3/22/2014
Dalilah Muhammad	23.62	4/25/2009	Tanya Smith	24.76	5/25/1993	Myeshia Gibson	27.01	3/10/2007
Destinee Brown	23.63	5/16/2015	Tracee Thomas	24.79	4/10/2004	Sauda Johnson	27.03	4/14/1995
Dior Hall	23.66	3/24/2018	Kennedy Gillian	24.80	4/7/2018	Katherine Chang	27.11	3/13/2010
Candace Young	23.66	3/24/2001	Angela Rolfe	24.83	1/14/1990	Ashley Selman	27.11	3/25/1990
Esi Benyarku	23.71	4/12/1997	Denise Eddington	24.84	1981	Alexis Brown	27.14	3/20/2010
Tai-Ne Gibson	23.72	3/29/1997	Sabrina Williams	24.89	1984	Jennifer Mueller	27.27	5/3/2008
Dominique Dorsey	23.75	5/1/2004	Linda Cassidy	24.94	1980	Lydia Rolle	27.27	4/8/2000
Kayla Richardson	23.76	4/8/2017	Natasha Danvers	24.99	3/17/2000	Fallyn Gray	27.29	3/9/2002
Robin Simmons	23.77	3/16/1985	Jennifer Jones	25.00	3/12/2011	Marian Eastern	27.2	3/24/1979
Myra Mayberry	23.79	5/23/1987	Noelle Chapin	25.01	3/25/1989	Tessa Granowski	27.38	3/3/2012
Melanna Gray	23.82	4/20/1991	Patrice Latimore	25.02	3/6/1993	Adriana Lozano	27.39	4/1/1995
Kim Robinson	23.84	1981	Brandy Stephens	25.07	4/14/1995	Samantha Ojo	27.43	3/22/2014
Shana Woods	23.86	5/9/2009	Kerrie Pesques	25.29	4/18/1992	Cara Bickers	27.56	3/21/2009
Ronda Brooks	23.87	5/12/1990	Charity Bruce	25.35	3/10/2012	Allison Franke	27.56	5/22/1992
Nia Ali	23.90	6/11/2009	Pam Simpson	25.35	5/18/1996	Jazzmin Owens	27.81	3/20/2010
Elizabeth Olear	23.91	3/28/2009	Candice Davis	25.43	5/1/2004	Jackie Gordon	28.0	1977
Desiree Bracey	23.98	3/20/1993	Christina Ciampa	25.53	4/27/2002	Nicole Anthony	28.26	3/10/2007
Kyra Constatine	23.99	7/8/2017	Alitta Boyd	25.54	3/12/2011	Caroline Lutsky	28.37	3/16/2013
Ashley Liverpool	24.00	4/19/2013	Michelle Sanford	25.46	3/18/2005	Lyn Carter	28.64c	1982
Tiffany Bennett	24.01	4/21/2002	Merrill Balassone	25.60	4/2/2005			
Malika Edmonson	24.03	3/18/2000	Jenny Opoku	25.67	3/9/2002			
Leslie Maxie	24.04	4/18/1986	Megan Reppe	25.68	3/16/1996			
Lyndsey Lopes	24.08	4/6/2018	Erin Williams	25.80	3/13/2004			
Zaria Francis	24.08	3/3/2018	Nicole Haynes	25.83	5/12/1995			
LaWanda Cabell	24.14	1986	Michelle DeCoux	25.90	3/18/1989			
Carla Estes	24.17	3/10/2001	Effie Daetz	25.93	5/6/1989			
Lauren Blackburn	24.20	4/18/2014	Kira Davis-Quarrie	25.99	5/9/2009			

400 METERS

Kendall Ellis	49.99	5/13/2018
Jaide Stepter (50.63)	50.91	3/26/2016
Kaelin Roberts	51.33	5/13/2018
Carol Rodriguez	51.39	5/3/2008
Vanessa Jones	51.50	5/17/2015
Cameron Pettigrew	51.61	5/14/2017

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Michelle Taylor	51.75	6/2/1989	Michelle DeCoux	56.46	3/9/1991	Jazzmin Owens	62.65	4/24/2010
Amalie luel	51.81	3/18/2017	Frida Flodstrom	56.65	4/18/2009	Natasha Strickland	62.97	3/15/2014
Brigita Langerholc	52.02	7/2001	Donna Curtis	56.74	1984	Amy Johnson	63.80c	1982
Gervaise McCraw	52.24	6/7/1986	Erica Alexander	56.78	5/16/2009	Samantha Ojo	63.93	4/6/2013
Nakiya Johnson	52.29	5/19/2002	Gina Clayton	56.80	4/24/2004	Kathryn Karkut	64.18	3/9/2013
Kyra Constatine	52.58	5/25/2018	Tanya Smith	56.87	3/13/1993	Caroline Lutsky	64.66	3/23/2013
Inger Miller	52.76	3/26/1994	Tonya Ransom	56.89	1985	Jazmin Treadway	64.89	3/20/2004
Tracee Thomas	52.99	5/1/2004	Esi Benyarku	56.93	3/9/1996	Kiana Henry	67.66	3/10/2012
Coco Ncha-Ndip	53.00	5/17/2015	Alexis Weatherspoon	57.30	3/8/2003	Janice McDowell	68.20c	1982
Malika Edmonson	53.02	5/2/1998	Elan Hilaire	57.38	4/17/2010	Alyssa Reardon	69.28	3/15/2014
Ashley Liverpool	53.04	5/11/2013	Kim Adams	57.44	1981	Beth Johnson	71.55	4/10/1999
Kinshasa Davis	53.04	4/21/1999	Jenny Opoku	57.65	4/26/2003	Vanessa Williams		1981
Leslie Maxie	53.10	4/28/1990	Anniya Louis	57.95	3/3/2012	Diana Rowden		1978
Myra Hasson	53.13	5/1/2010	Kerrie Pesques	58.18	3/5/1994	Charee Copenhauer		1978
LaWanda Cabell	53.15	5/3/1986	Katie Kirst	58.22	3/10/2007	Angels Hunter		1977
Carla Estes	53.20	5/2/1998	Cecile Poppen	58.24	3/24/1979			
Deanna Hill	53.26	3/17/2018	Alexis Brown	58.40	5/1/2010			
Natasha Danvers (52.89)	53.26	6/13/1998	Anna Biller	58.54	1979	800 METERS		
Elizabeth Olear	53.29	5/28/2010	Robin Simmons	58.69	1984	Brigita Langerholc(1:58.41)	1:58.51	9/25/2000
Treani Swain	53.62	5/1/2004	Malea Malik	58.94	4/7/2012	Michelle Taylor	2:00.01	7/19/1989
La Tima Jones	53.63	5/20/1995	Kristie Johnson	59.02	4/17/1999	Lesley Noll	2:03.30	4/8/1988
Asha Jayasinghe	53.75	3/29/1997	Davida Freeman	59.12	1984	Grazyna Penc	2:03.82	4/5/1997
Jasmine Lee	53.77	5/28/2005	Rochelle Savoy	59.28	1984	Aleksandra Deren	2:04.18	4/26/2001
Kayla Richardson	53.81	4/14/2017	Laura Simone	59.44	1980	Donna Curtis	2:04.58	5/29/1985
Myra Mayberry	54.04	5/11/1987	Tracy Bourdeau	60.09	3/18/1989	Mikaela Smith	2:05.17	4/30/2017
Jessica Davis	54.10	3/3/2012	Kelly Owen	60.14	4/2/2011	Anna Lopaciuch	2:05.71	5/24/1998
Natasha Mayers	54.34	3/1/2003	Melissa Marguilies	60.14	4/29/2006	Treani Swain	2:05.93	4/30/2005
Jenna Puterbaugh	54.63	4/22/2011	Rosalind Anderson	60.3	4/6/1979	Kristie Johnston	2:06.09	5/3/1997
Rosetta Birt	54.64	2/24/1980	Shelby Buckley	60.36	3/16/2013	Amalie luel	2:06.34	5/8/2016
Tara Davis-Quarrie	54.66	5/5/2007	Anna Burger	60.44	4/2/2011	Gina Clayton	2:06.58	4/30/2005
Tynia Gaither	54.68	3/21/2015	Marian Eastern	60.4	1979	Frida Flodstrom	2:06.65	5/2/2009
Linda Cassidy	54.86	1980	Tessa Granowski	60.76	3/24/2012	Shannon Clark	2:07.79	1989
Noelle Chapin	54.91	4/30/1988	Rachel Glynn	60.80	3/25/2017	Amy Goodwin	2:08.34	4/15/1989
Karen Koellner	55.02	4/8/1988	Jackie Dion	60.81	4/2/2011	Iryna Vashchuk	2:08.48	4/18/2004
Aleksandra Deren	55.17	4/6/2002	Christina Ciampa	61.07	3/3/2001	Elise Lyon	2:09.19	4/26/1986
Angela Rolfe	55.44	3/30/1990	Carli Kyles	61.07	3/3/1996	Christine Cortez	2:09.76	5/1/2010
Louan Guialdo	55.49	4/13/1991	Sauda Johnson	61.0	5/4/1996	Lucyna Ligaj	2:10.02	4/24/2001
Kennedy Gillian	55.51	4/7/2018	Allison Rojewski	61.14	4/2/2011	Anniya Louis	2:10.15	5/9/2009
Judith Onyepunka	55.64	4/13/2007	Latreace Benson	61.20	4/22/1998	Lorea Ibarzabal	2:10.28	4/30/2017
Mikaela Smith	55.65	4/1/2017	Natalia Williams	61.42	3/19/2011	Shantae McKinney	2:10.28	5/8/2004
Lesley Noll	55.74	1988	Ellie Khabazian	61.56	3/4/2000	Kyra Constatine	2:10.30	3/24/2018
Torri Edwards	55.76	3/9/1996	Jennifer Jones	61.66	4/14/2011	Julie Seleine	2:10.30	1987
Whitney Graham	55.93	4/29/2006	Kira Davis-Quarrie	61.77	3/10/2007	Reika Kijima	2:10.93	4/18/2015
Shalina Clarke	55.99	3/10/2007	Jennifer Biller	61.7	1977	Gina Dyer	2:11.21	4/26/1980
Tiffany Bennett	56.11	3/29/2003	Franki Adamski	61.89	3/5/2011	Cameron Pettigrew	2:11.28	5/3/2015
Brandy Stephens	56.43	5/6/1995	Jennifer Mueller	62.49	5/3/2008	Karen Koellner	2:11.34	3/8/1986
						Shelby Buckley	2:11.41	4/27/2013

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Rebekah Ent	2:12.07	5/1/2016	Lyndsey Lopes	2:18.67	4/7/2018	Mitzi McMillin	2:42.6	1977
Mary Anne Bullard	2:12.25	3/23/1985	Jennifer Biller	2:18.84	1976	Cathy Cummins	2:42.7	1977
Rachel Glynn	2:12.27	3/19/2016	Lauren Grego	2:19.07	4/19/2014	Gail Berger	2:43.6	1977
Amber Gore	2:12.39	3/17/2018	Anna Burger	2:19.29	3/12/2011	Diana Rowden		1978
Erica Capellino	2:12.58	4/21/2012	Tanya Smith	2:19.30	5/26/1993			
Nakiya Johnson	2:13.16	3/1/2003	Kelsey Connor	2:19.33	4/7/2007	1500 METERS		
Natasha Strickland	2:13.25	5/16/2015	Natalia Williams	2:19.68	4/2/2011	Grazyna Penc	4:12.05	4/20/1997
Allison Rojewski	2:13.44	5/1/2011	Cammie Patton	2:20.11	4/21/2001	Iryna Vashchuk	4:12.79	5/29/2004
Chloe Berry	2:13.55	4/1/2017	Tosha Clements	2:20.46	3/3/1996	Elise Lyon	4:15.96	5/23/1987
Sarah Cocco	2:13.87	4/19/2008	Chanel Fischetti	2:20.49	4/26/2008	Anna Lopaciuch	4:16.49	4/4/1998
Emma Kao	2:13.92	5/16/2015	Asha Jayasinghe	2:20.58	3/3/1996	Lesley Noll	4:17.25	4/30/1989
Kyra Constatine	2:14.03	3/25/2017	Tara Davis-Quarrie	2:20.83	4/21/2007	Emebet Shiferaw	4:20.75	5/4/1996
Vivian Grimes	2:14.29	4/1/2017	Sapphira Ibrahim	2:21.18	3/12/1994	Aleksandra Deren	4:20.84	5/5/2001
Kamryn Weber	2:14.31	4/22/2017	Jennifer Wells	2:21.29	3/24/2007	Kristie Johnston	4:21.84	5/3/1997
Treasure Schultz	2:14.49	3/4/1995	Marley Jung	2:21.34	4/27/1979	Shannon Clark	4:22.06	4/11/1987
Jennifer Daly	2:14.53	3/24/2018	Goldie Thompkins	2:21.93	4/26/2003	Lucyna Ligaj	4:22.77	5/20/2001
Madison Ricks	2:14.73	3/19/2016	Jackie Dion	2:21.95	4/29/2012	Zsofia Erdelyi	4:23.18	5/2/2009
Julie Rollow	2:14.87	1985	Franki Adamski	2:22.06	4/9/2011	Julie Seleine	4:23.92	4/11/1987
Crystal Becker	2:14.94	5/11/2002	Staci Burgess	2:22.55	1982	Chloe Berry	4:25.29	4/20/18
Taylor Seamans	2:15.00	3/19/2016	Kerry Zwart-Bell	2:22.76	1982	Donna Curtis	4:26.25	4/7/1984
Kerrie Pegues	2:15.07	5/1/1993	Sheronda Gaines	2:22.86	4/22/1998	Gina Dyer	4:27.40	3/23/1980
Diane Byington	2:15.14	1977	Shana Woods	2:23.13	5/10/2008	Amy Goodwin	4:27.70	4/14/1989
Lindsay Oman	2:15.24	5/10/2008	Rae Stumbough	2:24.34	4/26/2003	Rebekah Ent	4:27.72	4/15/2016
Tracy Bourdeau	2:15.28	3/16/1991	Kerrie Pesques	2:24.65	4/18/1992	Erica Capellino	4:27.92	3/24/2012
Danielle Morrell	2:15.38	3/22/2003	Devon Rennie	2:25.78	3/22/2008	Christine Cortez	4:28.12	3/20/2010
Kira Soderstrom	2:15.43	3/14/2015	Allison Franke	2:26.05	5/15/1993	Amber Gore	4:29.67	4/29/18
Kelly Owen	2:15.47	4/27/2013	Donna Van Pulvelde	2:26.0	1977	Danielle Morrell	4:30.29	5/18/2003
Miriam Bennett	2:15.52	3/25/1995	Sydney Tullai	2:26.54	3/3/2018	Katerina Berdousi	4:30.43	5/16/2015
Kennedy Gillian	2:15.61	3/24/2018	Carey Hill	2:26.5	1977	Sarah Cocco	4:31.49	3/22/2008
Melissa Marguilies	2:15.82	4/28/2007	Sophia Rchette	2:26.63	4/2/2016	Brooke Thomas	4:32.11	3/8/2003
Hillary Schwarzbach	2:16.01	4/26/2003	Laura Simone	2:27.13	1982	Oksana Milokumova	4:32.40	4/13/2007
Dalilah Muhammad	2:16.06	3/5/2011	Latreace Benson	2:27.35	3/27/1998	Ariel Wright	4:32.88	3/19/2011
Amy Goodwin	2:16.1	4/11/1992	Amber Bragdon	2:27.55	3/14/2015	Christine Lewis	4:33.27	4/6/1996
Amy Johnson	2:16.44	1985	Julia Bounds	2:27.80	3/3/2018	Natasha Strickland	4:34.76	3/23/2013
Katerina Berdousi	2:16.85	4/4/2014	Shayvonne Goldsby	2:27.94	3/5/1994	Shelby Buckley	4:35.12	3/24/2012
Sharon Hatfield	2:16.90	1984	Nia Ali	2:28.77	4/10/2009	Lorea Ibarzabal	4:36.44	3/24/2017
Katherine Ellis	2:17.01	4/4/2009	Alyssa Reardon	2:29.41	3/22/2014	Kristen Berglas	4:36.60	4/15/2005
Rennie Durand	2:17.04	1983	Brenda Bruce	2:30.9	1977	Kira Soderstrom	4:36.61	3/14/2015
Lindsay Enright	2:17.06	3/28/2014	Ashley Selman	2:31.1	1990	Katherine Ellis	4:36.88	3/14/2009
Debra Larsen	2:17.25	1983	Nicole Haynes	2:31.76	5/26/1993	Vivian Grimes	4:37.65	3/18/2017
Kristen Berglas	2:17.78	4/24/2004	Karlin McCullen	2:33.55	1982	Mary Anne Bullard	4:38.4	3/29/1986
Gervaise McCraw	2:17.84	1985	Julie Garcia	2:32.50	4/15/1989	Jenna Tong	4:39.98	4/2/2016
Heather Hennessy	2:17.89	3/30/2002	La Tima Jones	2:35.5	2/29/1992	Natalia Kovtun	4:37.46	4/7/2007
Christine Lewis	2:17.93	4/17/1994	Sarah Sisco	2:38.13	3/18/2006	Allison Rojewski	4:40.23	4/4/2009
Myra Hasson	2:18.47	3/8/2008	Kiana Henry	2:38.33	3/28/2013	Leah Gaeta	4:41.05	3/13/2010
Jenna Tong	2:18.63	4/26/2014	Alexa Harmon-Thomas	2:41.49	5/7/2017	Tori Carter	4:41.1	2005

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Kristy Ambrosini	4:42.17	3/20/2010	Meghan Mainwaring	5:02.67	3/6/2003	Leah Gaeta	10:24.45	3/19/2011
Madison Ricks	4:42.89	4/15/2017	Amy Johnson	5:04.94	1985	Kate Neeper	10:24.62	3/20/2004
Tracy Bourdeau	4:42.98	3/16/1991	Julie Looth	5:05.19	1981	Robbyn Bryant	10:26.5	3/18/1989
Mikaela Smith	4:43.20	3/24/2017	Alyssa Reardon	5:05.91	4/18/2015	Christina Eads	10:28.81	3/18/2006
Chanel Fischetti	4:43.56	3/29/2009	Roseann Nardon	5:06.34	1985	Treasure Schultz	10:28.90	3/12/1994
Diane Byington	4:43.74	5/29/1977	Hayley Sifton	5:06.54	3/30/2001	Amber Bragdon	10:29.89	2/28/2015
Leticia Mora	4:44.3	4/1/1995	Zara Lukens	5:07.27	4/18/2009	Adriana Lozano	10:33.5	3/3/1996
Lindsay Enright	4:44.46	4/5/2014	Barb Almarez	5:07.83	4/21/2001	Bridget Helgerson	10:34.12	3/21/2009
Julie Rollow	4:45.03	1985	Emma Kao	5:08.00	5/3/2015	Mary Anne Bullard	10:34.20	3/22/1986
Christine Greer	4:45.75	4/25/2009	Erika Hanson	5:11.41	4/10/1999	Harlye Maya	10:34.37	3/17/2002
Anniya Louis	4:46.06	4/4/2009	Staci Burgess	5:13.10	1981	Sinfo Orosco	10:35.02	2/16/2002
Kelly Owen	4:46.09	4/2/2011	Sydney Tullai	5:15.40	3/3/2018	Katie Kennedy	10:35.50	5/1/1999
Katie Kennedy	4:46.14	5/8/1999	Francesca Adamski	5:15.98	3/3/2012	Rachel Glynn	10:39.36	3/18/2016
Heather Hennessy	4:46.3h	3/17/2002	Sarah Sisco	5:19.07	3/25/2006	Erin Robinson	10:39.99	3/23/2012
Kathleen Moloney	4:46.94	3/13/2010	Cindy Johnson	5:20.84	1983	Jessica Lundin	10:41.38	3/1/2009
Jennifer Daly	4:47.40	3/3/2018	Anna Burger	5:22.48	3/3/2012	Katie McCraw	10:41.84	4/17/1998
Carey Hill	4:47.84	1979	Tracey Downer	5:23.24	1979	Julie Seleine	10:43.26	5/2/1987
Jessica Lundin	4:48.56	4/4/2009	Ashley Jensen	5:35.71	4/7/2007	Julie Sumpter	10:43.74	3/31/1984
Rae Stumbough	4:48.58	3/8/2003	Cathy Cummins	5:39.5	1977	Diane Byington	10:44.54	3/26/1977
Nicole Davies	4:48.61	3/9/2013	Jackie Louth		1981	Austin Lundin	10:44.71	4/7/2012
Jessica Cuevas	4:49.03	3/8/2003				Madison Ricks	10:44.72	4/23/2016
Jennifer Wells	4:49.09	3/22/2008	3000 METERS			Allison Erbert	10:44.8	4/17/1998
Lauren Maurer	4:49.10	4/20/2018	Emebet Shiferaw	9:11.78	6/6/1997	Theresa Kurth	10:44.92	3/20/2010
Treasure Schultz	4:49.38	3/26/1994	Anna Lopaciuch	9:23.44	5/2/1998	Laura Strachan	10:45.27	3/18/2006
Sophia Rchette	4:49.54	4/14/2016	Zsofia Erdelyi	9:27.96	3/20/2010	Zara Lukens	10:47.11	3/1/2009
Reika Kijima	4:50.71	3/14/2015	Iryna Vashchuck	9:31.14	3/20/2004	Donna Curtis	10:47.64	1985
Lauren Grego	4:51.54	4/18/2014	Lucyna Ligaj	9:38.07	3/3/2001	Katie DeYoung	10:47.80	4/7/2012
Amber Bragdon	4:52.04	5/3/2015	Shannon Clark	9:41.41	4/17/1987	Roseann Nardon	10:49.70	4/12/1986
Julia Bounds	4:52.17	3/24/2018	Sarah Cocco	9:42.68	3/1/2008	Julie Rollow	10:50.40	3/23/1985
Crystal Becker	4:52.57	3/8/2003	Katerina Berdousi	9:45.42	3/22/2013	Barb Alvarez	10:50.49	5/5/2001
Jasmine Leija	4:52.94	4/19/2008	Elise Lyon	9:48.69	4/17/1987	Erin Matranga	10:52.64	3/16/2013
Jaclyn Walles	4:53.05	3/12/2011	Beth Van Alstine	9:49.07	3/20/2004	Erin Ferguson	10:55.22	4/26/2001
Sinfo Orosco	4:53.87	4/26/2001	Gina Dyer	9:50.32	4/21/1980	Maria Arroyo	10:59.8	3/4/1995
Tina Kefalas	4:53.8	4/6/1996	Kira Soderstrom	9:54.21	3/7/2015	Amy Goodwin	11:00.8	2/24/1991
Austin Lundin	4:54.88	4/8/2013	Jenna Tong	10:02.97	3/18/2016	Margarita Fernandez	11:10.8	3/21/1992
Erin Robinson	4:55.76	3/3/2012	Leticia Mora	10:06.40	4/22/1995	Jasmine Leija	11:15.56	3/1/2008
Kristin Byrne	4:56.49	4/18/2009	Natalia Kovtun	10:08.52	3/24/2007	Julia Bounds	11:16.36	4/29/2018
Mai Ngo	4:57.03	4/14/1995	Oksana Milokumova	10:08.73	3/24/2007	Jill Gill	11:19.67	3/1/2009
Rachel Glynn	4:57.39	4/2/2016	Kristen Berglas	10:12.60	2/26/2005	Diane Versteeg	11:21.5	2/22/1986
Goldie Thompkins	4:58.51	4/21/2002	Daniela Gergley	10:16.21	3/24/2007	Kristin Byrne	11:24.36	3/21/2009
Julie Sumpter	4:59.14	1983	Christine Lewis	10:17.35	3/9/1996	Katie Budman	11:29.3	3/4/1995
Erin Matranga	4:59.57	3/9/2013	Chloe Berry	10:17.89	4/29/2018	Shannon Selander	11:30.0	3/2/1991
Laura Meyers	4:59.81	3/15/2008	Christine Greer	10:19.44	3/21/2009	Holly Peters	11:34.29	3/17/2002
Bridget Helgerson	5:00.68	5/1/2010	Brooke Thomas	10:19.94	2/17/2001	Taylor Carroll	11:36.21	4/26/2008
Liz Gill	5:02.24	4/18/2009	Tina Kefalas	10:23.79	3/8/1998	Mai Ngo	11:38.7	3/5/1994
Sapphira Ibrahim	5:02.65	3/19/1994	Laura Meyers	10:24.36	3/23/2008	Kristin Rinos	12:04.03	2/19/2000

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Maria Crowley 12:08.3 2/19/1994
 Karlin McCullen 13:04.45 1982
 Mary Gilbaugh 13:12.66 4/1/2000

3K STEEPLECHASE

Zsofia Erdelyi 10:01.99 5/30/2009
 Julia Budniak (10:02.22) 10:13.23 7/4/2004
 Kira Soderstrom 10:34.18 4/16/2015
 Katerina Berdousi 10:42.72 5/14/2016
 Jenna Tong 10:42.91 4/5/2014
 Laura Meyers 10:49.95 4/5/2008
 Natalia Kovtun 11:04.35 4/28/2007
 Kristen Berglas 11:06.70 4/30/2005
 Katherine Ellis 11:07.26 5/2/2009
 Brooke Thomas 11:07.63 4/21/2001
 Chanel Fischetti 11:24.08 4/18/2009
 Erin Matranga 11:28.47 3/24/2012
 Sinfo Orosco 11:29.44 5/4/2002
 Julia Bounds 11:32.50 4/29/18
 Tori Carter 11:36.77 5/1/2004
 Jaclyn Walles 11:37.46 5/1/2011
 Meghan Mainwaring 11:40.24 4/26/2003
 Jessica Lundin 11:44.11 5/2/2009
 Theresa Kurth 11:48.36 5/1/2011
 Lauren Maurer 11:51.12 4/29/18
 Austin Lundin 12:06.50 4/18/2013
 Harlye Maya 12:22.50 4/30/2005
 Jennifer Wells 12:40.35 5/3/2008
 Holly Peters 12:45.12 5/4/2002

5000 METERS

Zsofia Erdelyi 16:00.11 4/15/2011
 Emebet Shiferaw 16:16.27 5/18/1996
 Ariel Wright 16:23.66 3/25/2011
 Iryna Vashchuck 16:28.71 3/25/2005
 Julia Budniak 16:42.65 4/18/2004
 Brooke Thomas 16:53.82 3/29/2003
 Beth Van Alstine 16:53.90 4/18/2004
 Katerina Berdousi 17:04.41 5/15/2016
 Julie Seleine 17:18.81 3/21/1987
 Kathleen Moloney 17:29.33 3/6/2010
 Shea Wickland 17:34.99 4/4/2009
 Rebekah Ent 17:35.27 5/15/2016
 Kira Soderstrom 17:40.52 5/17/2015
 Oksana Milokumova 17:41.24 3/30/2007
 Carey Hill 17:43.14 1980

Kate Neeper 17:46.19 3/6/2004
 Jenna Tong 17:50.22 5/15/2016
 Christine Greer 17:50.89 3/28/2009
 Jessica Lundin 17:50.90 3/5/2011
 Natalia Kovtun 17:53.45 3/30/2007
 Daniela Gergley 17:54.46 3/30/2007
 Bridget Helgerson 17:56.84 3/6/2010
 Leah Gaeta 18:06.14 3/5/2011
 Erin Matranga 18:13.96 3/10/2012
 Kate Pinta 18:20.46 2003
 Dina Kitayama 18:24.90 5/1/2011
 Theresa Kurth 18:28.34 4/17/2010
 Erin Robinson 18:28.70 3/2/2013
 Zara Lukens 18:31.10 5/1/2010
 Diane Byington 18:31.1 4/1/1977
 Harlye Maya 18:45.36 5/4/2002
 Sophia Rchette 18:50.96 4/23/2016
 Jaclyn Walles 18:55.05 3/10/2012
 Roseann Nardon 18:55.54 4/12/1986
 Katie McCraw 18:56.79 3/21/1998
 Madison Ricks 18:58.63 4/30/2017
 Julie Sumpter 19:12.54 1984
 Holly Peters 19:19.33 4/26/2003
 Austin Lundin 19:19.60 4/21/2012
 Christina Eads 19:19.84 4/16/2005
 Katie DeYoung 19:25.20 4/21/2012
 Adriana Lozano 19:31.56 2/19/1994
 Laura Strachan 19:34.49 3/1/2003
 Margarita Fernandez 19:45.1 4/11/1992
 Julie Rollow 19:51.54 1985
 Maria Arroyo 19:57.0 4/1/1995
 Lindsay Enright 19:57.57 5/4/2014
 Taylor Carroll 20:04.75 4/19/2008
 Katie Budman 20:35.0 4/1/1995
 Sarah Fusco 20:53.68 4/16/2005

10000 METERS

Zsofia Erdelyi 33:18.75 3/26/2010
 Beth Van Alstine 34:29.62 3/27/2004
 Kate Neeper 36:09.24 4/17/2004
 Shea Wickland 36:16.00 3/7/2009
 Dina Kitayama 36:38.60 4/14/2011
 Zara Lukens 37:11.02 4/14/2011
 Holly Peters 39:51.67 5/1/2003
 Roseann Nardon 40:21.64 5/6/1986

100-METER HURDLES

Virginia Powell (12.45) 12.48 6/9/2006
 Nia Ali (12.48) 12.73 6/25/2011
 Dior Hall 12.74 6/13/2015
 Chanel Brissett 12.75 5/13/2018
 Anna Cockrell 12.88 6/7/2018
 Candice Davis (12.71) 12.90 6/8/2007
 Mecca McGlaston 12.98 6/7/2018
 Lauren Blackburn 13.06 5/14/2011
 Shalina Clarke 13.09 5/29/2010
 Sau Ying Chan 13.14 5/7/1994
 Patty Van Wolvelaere (13.0) 13.14 5/26/1978
 Natasha Danvers (12.96) 13.20 5/6/2000
 Jasmyn Graham 13.21 6/25/2016
 Melia Cox 13.24 5/30/2015
 Natasha Neal 13.24 5/31/2001
 Dalilah Muhammad 13.33 5/26/2012
 Myriam Tschomba-Fariala 13.35 3/29/1997
 Lyndsey Lopes 13.48 6/8/2018
 Yvette Bates 13.55 5/21/1988
 Talia Stewart 13.56 3/31/2007
 Felice Lipscomb 13.56 3/6/1993
 Amalie Luel 13.69 5/1/2016
 Mitzi McMillin 13.71 5/15/1978
 Shana Woods 13.76 5/3/2008
 Wendy Brown 13.77 1988
 Michelle DeCoux 13.83 3/14/1992
 Tanya Smith 13.94 5/25/1993
 Effie Daetz 13.94 5/14/1988
 Gail Wilson 14.04 4/18/1986
 Shante Robinson 14.08 3/3/2018
 Tunisia Johnson 14.15 4/26/2003
 Kay Garnet 14.29 1980
 Spring Harris 14.32 5/5/2001
 Jaide Stepter 14.35 4/27/2013
 Lyn Carter 14.46 1984
 Sharon Hatfield 14.51 1987
 Kiana Henry 14.58 5/4/2013
 Alexa Harmon-Thomas 14.66 5/6/2017
 Katie Kirst 14.67 5/3/2008
 Kerry Zwart-Bell 14.70 1983
 Glory Dolphin 14.74 5/6/1995
 Lindsay Oman 14.75 3/22/2008
 Aleksandra Pielusek 14.86 2/23/2002
 Renita Garnett 14.8 2/29/1980
 Liesl Griffin 14.92 2/23/2002

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Nicole Haynes	15.01	5/25/1993	Rebecca Paterson	61.50	4/21/2001	Yleana Carrasco	5' 8¾	5/21/1989
Debra Larsen	15.02	1983	Jasmyn Graham	62.38	3/25/2017	Cassidy Palka	5' 8	5/12/2018
Martise Moore	15.03	2/28/1998	Janice McDowell	62.42	5/15/1982	Alexa Harmon-Thomas	5' 8	3/24/2018
Allison Franke	15.05	3/19/1993	Mary Anne Bullard	62.66	1985	Jennifer Stutland	5' 8	4/23/2011
Andrea Wasden	15.11	3/16/1996	Brandy Stephens	62.70	4/6/1996	Kelli Arrivey	5' 8	3/10/1984
Tiffany Jones	15.25	3/20/2004	Tanya Smith	62.73	4/6/1996	Sharon Hatfield	5' 8	1984
Lydia Rolle	15.44	3/6/1999	Effie Daetz	63.05	1988	Mitzi McMillin	5' 7¾	4/3/1977
Rosalind Anderson	15.54c	1982	Glory Dolphin	63.48	3/4/1995	Lindsay Oman	5' 7	3/22/2008
Janice McDowell	15.58	1982	Rochelle Savoy	63.72	1985	Kathy Haynes	5' 7	4/22/1980
Karen Kelly	15.60	3/27/1992	Liesl Griffin	63.84	5/7/2005	Julia Lendl	5' 7	5/5/1978
Chanel Young	15.83	3/30/2001	Lynn Davis	63.84	5/11/1981	Janae Oliviera	5' 6	4/24/1993
Miriam Loui	15.8	4/30/1976	Melia Cox	64.11	3/10/2012	Louan Guiado	5' 6	1988
Kathryn Karkut	15.92	4/16/2011	Rosalyn Anderson	64.14	1979	Donna Carter	5' 6	1985
Molly Mahar	16.31	3/8/2003	Marian Eastern	64.40	1981	Rosetta Brit	5' 6	5/3/1975
Carist Washington	16.53	3/1/2003	Lindsay Oman	64.51	5/14/2005	Shana Woods	5' 5¾	4/9/2011
Brenda Bruce	16.54	1977	Emile Winckel	64.61	3/17/2007	Alexandra Church	5' 5¾	2/26/2005
Ashley Selman	16.77	3/24/1990	Dalal Ahmad	64.94	1977	Tanya White	5' 5¾	3/2/2002
Sharon Brombach	16.9	4/30/1976	Nicole Haynes	65.29	3/27/1993	Malia Cravens	5' 5¼	5/4/2014
Anna Biller	18.3	1977	Kathryn Karkut	65.61	3/12/2011	Katherine Callahan	5' 5	3/17/2001
Julie Garcia	18.64	4/14/1989	Anna Biller	66.24	1977	Lindsay Paulick	5' 4½	5/5/2001
Carey Hill	18.6	1977	Karyn Neblett	66.30	1982	Andrea McBride	5' 4¼	4/30/2005
			Romina Carrillo	66.54	2/14/1999	Yolanda Fletcher	5' 3¾	1983
			Donna Van Pulvelde	67.64	1978	Dominique Chaplin	5' 3	3/6/2005
400-METER HURDLES			Analisse De Lara	68.38	2/26/2000	Molly Mahar	5' 3	3/8/2003
Jaide Stepter	54.95	7/10/2016	Kendra Dosé	69.27	5/4/1996	Allison Franke	5' 3	4/23/1992
Natasha Danvers (53.84)	54.95	9/25/2000	Giselle Torres	72.98	3/30/2001	Donna Curtis	5' 3	1982
Anna Cockrell	55.14	6/24/2017	Laura Crabtree	73.00	3/1/2003	Carey Hill	5' 3	1978
Amalie luel	55.38	4/8/2017	Antoinette Devine	84.0	1977	Brenda Bruce	5' 3	1977
Leslie Maxie (55.20)	55.79	6/6/1987				Tiffany Jones	5' 2½	4/26/2003
Dalilah Muhammad (52.64)	56.04	6/8/2011				Karyn Neblett	5' 2	1982
Michelle DeCoux	57.05	4/4/1992	HIGH JUMP			Candace Bailey	5' 1¾	3/3/2012
Natasha Neal	57.16	5/5/2001	Emelie Fardigh	6' 2	3/22/1997	Shannon Smith	5' 1¾	2/22/2003
Aleksandra Pielusek	57.58	5/19/2002	Nia Ali	6' 1¼	5/14/2011	Jordan Winters	5' 1	3/19/2016
Karen Koellner	57.59	3/18/1989	Wendy Brown (6' 2¼)	6' 1	8/27/1988	Vanessa Hill	5' 0¼	5/6/2000
Shalina Clarke	57.78	4/28/2007	Amalie luel	6' 0½	5/7/2016	Jennifer Oliviera	5' 0	2/28/1998
Shante Robinson	58.02	5/25/2018	Spring Harris	6' 0½	3/22/2003	Beth Johnson	5' 0	2/18/1995
Talia Stewart	58.65	3/17/2007	Crissy Mills	6' 0	6/2/1993	Louan Gualdo	5' 0	3/16/1991
Felice Lipscomb	59.44	5/9/1992	Debra Larsen	5' 11¾	6/24/1983	Barb Gray	5' 0	3/29/1986
Candice Davis	59.56	4/30/2005	Natasha Danvers (5' 11¾)	5' 11½	5/24/1998	Karen Kelly	4' 11¾	2/22/1992
Tunisia Johnson	59.85	5/1/2004	Tanya Smith	5' 11½	3/19/1993	Kiana Henry	4' 11½	5/4/2013
Katie Kirst	59.79	5/3/2008	Lyndsey Lopes	5' 10½	5/12/2018	Lydia Rolle	4' 11	5/1/1999
Nekeidra Shegog	59.84	5/2/1997	Shawana Taylor	5' 10	3/4/2000	Ashley Selman	4' 10	3/8/1989
Lauren Blackburn	60.18	5/1/2011	Nicole Haynes	5' 9¾	5/11/1996	Maya Coelho	4' 9¾	2/24/2007
Sharon Hatfield	60.32	1987	Kerry Zwart-Bell	5' 9	3/20/1982	Chanel Young	4' 9¾	3/9/2002
Myriam Tschomba-Fariala	60.45	4/18/1999	Dalilah Muhammad	5' 8¾	4/10/2010	Julie Garcia	4' 6	4/14/1989
Brandy Stephens	60.47	4/19/1996	Ekene Anene	5' 8¾	3/17/2007	Ada May Sharpless	4' 1½	5/1/1919
Mecca McGlaston	60.95	4/29/2018	Reischea Canidate	5' 8¾	5/24/1997			

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Tena Montoya 1981

POLE VAULT

Brysun Stately (*14' 3¾*) 14' 0 5/1/2010
 Melissa Astete 12' 11½ 5/15/2005
 Brittani Bernhard 12' 11½ 4/15/2005
 Felicia Horvath 12' 5½ 3/26/2016
 Chun Mei Nickles 12' 5½ 4/21/2007
 Shannon Lewallen 12' 5½ 4/15/2005
 Thea Weiss 12' 4½ 5/4/2013
 Ariel Hayward 12' 2¾ 3/2/2013
 Kenisha Strong 12' 1½ 4/4/2009
 Sonya Negriff 12' 1½ 4/27/2002
 Jessica Luna 11' 11¾ 4/15/2005
 Daymora Pen 11' 1¾ 4/1/2006
 Meghan White 11' 0¾ 4/26/2003
 Katherine Chang 11' 0¾ 3/9/2013
 Jennifer Candipan 10' 9¾ 5/24/1998
 Jasmine Kinght 10' 6¾ 5/1/2010
 Joanne Rapadas 10' 6 3/20/2004
 Melissa Sakowski 10' 6 4/26/2003
 Kalynn Good 10' 2 3/21/2009
 Isabel Lozowski 10' 0¾ 4/27/2013
 Michelle Muscato 10' 0 3/24/2001
 Kelly Williams 9' 2¼ 3/21/2009
 Alice Worrell 7' 2 4/1/2000

LONG JUMP

Yvette Bates 21' 11 7/23/1988
 Wendy Brown 21' 7½ 7/19/1988
 Sabrina Williams (*21' 9*) 21' 7 2/23/1985
 Courtney Corrin 21' 2 4/21/18
 Pamela Simpson (*21' 11¼*) 21' 2 6/2/1999
 Madisen Richards 21' 0¾ 6/7/2018
 Tatyana Obukhova 20' 11¾ 4/13/2002
 Margaux Jones 20' 10¾ 6/25/2016
 Michelle Sanford 20' 10½ 5/1/2004
 Alexis Faulknor (*21' 1¼*) 20' 9¾ 5/16/2015
 Shana Woods 20' 8 4/28/2007
 Louan Guialdo 20' 7¼ 3/17/1990
 Yolanda Fletcher 20' 7¼ 5/21/1983
 Sandy Crabtree 20' 7¼ 6/17/1982
 Alitta Boyd (*21' 6¼*) 20' 6½ 5/24/2012
 Stephanie Jones 20' 5¾ 4/16/2000
 Disia Page 20' 3¾ 5/4/2002
 Nicole Haynes 20' 3 5/4/1996

Kathy Haynes 19' 11¾ 5/11/1980
 Glory Dolphin 19' 11½ 5/13/1995
 Erin Williams 19' 11 5/14/2004
 Kerry Zwart-Bell 19' 10 1982
 Lyndsey Lopes 19' 9¾ 3/24/2018
 Amalie luel 19' 9¾ 4/1/2016
 Karleen Shields 19' 9¾ 5/7/1994
 Debra Larsen 19' 9 1983
 Carla Estes 19' 8¾ 5/2/1998
 Mitzi McMiilin 19' 8¾ 5/5/1978
 Jasmyn Graham 19' 7½ 4/9/2016
 Katarzyna Klisowska 19' 6¼ 4/30/2005
 Oluwakemi Olonade 19' 5¼ 3/21/2014
 Sharon Hatfield 19' 3 1984
 Karen Ota 19' 1¼ 4/26/2003
 Madisen Richards 19' 0¾ 4/23/2016
 Myeshia Gibson 19' 0¾ 4/28/2007
 Alexa Harmon-Thomas 19' 0½ 3/17/2018
 Tiffany Jones 19' 0 5/1/2004
 Courtney Clayton 18' 8 3/1/2009
 Chanel Young 18' 8 4/6/2002
 Cara Bickers 18' 7 5/2/2009
 Jennifer Oliviera 18' 6¼ 4/8/1995
 Allison Franke 18' 5¼ 3/20/1993
 Jennifer Jones 18' 5 3/31/2012
 Brittany Daniels 18' 4½ 4/1/2006
 Tanya Smith 18' 3 3/6/1993
 Spring Harris 18' 0¼ 2/23/2002
 Kiana Henry 17' 11¾ 5/5/2012
 Gail Douglas 17' 10¾ 1978
 Tracee Thomas 17' 9¾ 3/20/2004
 Stephanie Davis 17' 9 1978
 Molly Mahar 17' 8¼ 4/26/2003
 Miya Edmonson 17' 5¾ 3/24/2001
 Chun Mei Nickles 17' 5½ 3/1/2008
 Jamila Marston 17' 3¼ 4/30/2005
 Alice Tolbert 17' 2¼ 4/30/1976
 Lindsay Oman 17' 0 4/30/2005
 Nicole Anthony 16' 10 5/2/2009
 Shannon Lewallen 16' 10 2/28/2004
 Jill Snipes 16' 4¼ 1977
 Ashley Selman 16' 3 1990
 Lydia Rolle 16' 2¾ 3/6/1999
 Ursula Walton 16' 1½ 3/4/1995
 Brenda Bruce 16' 1¼ 1977
 Katherine Chang 15' 11½ 3/19/2011

Carey Hill 15' 11 1977
 Kathryn Karkut 15' 7¾ 3/19/2011
 Julie Garcia 15' 5¾ 4/15/1989
 Alix Fitch 15' 5½ 3/19/2011
 Alycia Carrillo 15' 5 5/1/2010
 Candace Bailey 15' 2 4/4/2009
 Karen Kelly 15' 0½ 3/14/1992
 Laura Hayden 14' 7½ 4/22/1998

TRIPLE JUMP

Wendy Brown 45' 5¼ 6/17/1988
 Yvette Bates 45' 3½ 1987
 Michelle Sanford 43' 9¼ 5/15/2004
 Alitta Boyd (*44' 8¾*) 43' 8¾ 5/25/2013
 Tatyana Obukhova 43' 5¼ 5/4/2002
 Melia Cox 43' 3¼ 6/7/2013
 Ekene Anene 42' 10¼ 5/29/2010
 Karleen Shields 41' 9¾ 5/7/1994
 Oluwakemi Olonade 41' 8¼ 5/30/2014
 Brittiani Daniels 41' 8¾ 4/8/2006
 Glory Dolphin 41' 0½ 5/4/1996
 Stephanie Jones 40' 7½ 5/5/2001
 Courtney Corrin 39' 11½ 4/29/2018
 Katarzyna Klisowska 39' 10 4/30/2005
 Melissa Brule' 39' 10 5/3/1997
 Chun Mei Nickles 39' 6½ 5/3/2008
 Allison Franke 39' 6 3/6/1993
 Candace Bailey 39' 4 3/23/2013
 Sabrina Williams (*42' 4¼*) 38' 9 3/30/1985
 Nicole Haynes 38' 7 3/6/1993
 Myeshia Gibson 38' 3½ 4/28/2007
 Gail Wilson 37' 8 1984
 Samantha Ojo 37' 6½ 2/22/2014
 Dominique Chaplin 37' 6½ 4/30/2005
 Chanel Young 36' 10½ 5/12/2001
 Tonya Ransom 36' 6¾ 5/17/1985
 Cara Bickers 36' 5 4/4/2009
 Katie Haller 36' 5 4/30/1994
 Karen Ota 36' 3½ 3/17/2002
 Jennifer Jones 35' 9½ 4/27/2013
 Dominique Chaplin 35' 6 4/1/2006
 Laura Hayden 35' 2½ 5/1/1998
 Katherine Chang 34' 6¾ 4/14/2011
 Shayvonne Goldsby 33' 0½ 3/12/1994
 Beth Johnson 33' 0¼ 4/6/1996

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SHOT PUT

Breana Jemison	57' 7¾	3/31/18
Karen Freberg	57' 7½	4/29/2006
Brittany Mann	57' 4¾	6/8/2017
L'Orangerie Crawford	56' 3¼	5/14/2004
Diana Clements	55' 8¼	2/21/1986
Tanya Sapa	55' 7¾	5/1/2016
Cynthia Ademiluyi	55' 0¼	5/31/2001
Tera Novy	53' 0	5/1/2016
Cerenity Young	51' 2¼	4/6/2002
Marissa Minderler	50' 2¾	3/12/2011
Leslie Coons	49' 10½	5/4/1996
Jennifer Vail	49' 5	2/26/2000
Heidi Adams	48' 7½	3/25/1988
Amy Thiel	47' 10	2/16/2002
Carrie Martin	46' 11½	3/29/1997
Kerry Zwart-Bell	45' 10¾	6/8/1980
Yolanda Fletcher	45' 9¾	5/16/1986
Andrea McBride	45' 8½	4/28/2007
Jenny Ozorai	45' 6½	5/1/2011
Nia Ali	44' 8	4/9/2009
Wendy Brown	44' 7	4/24/1988
Jade Niemeyer	44' 1½	3/10/2012
Katalin Mate	44' 1½	3/21/2009
Dana Olsen	44' 0	3/8/1980
Nicole Haynes	43' 10¾	5/29/1996
Cindy Johnson	43' 10½	3/18/1983
Debra Larsen	43' 8	1983
Lauren Chambers	43' 5¼	5/1/2010
Kate Hutchinson	43' 1½	5/3/2008
Eva Orban	42' 2¾	4/15/2007
Sharon Hatfield	42' 1	1986
Rugina Hendricks	40' 11¾	3/25/1988
Ashley Selman	40' 4	3/24/1989
Lillian Copeland (40' 5)	40' 3	7/4/1931
Julie Morgan	39' 9¾	3/19/1977
Lindsay Oman	38' 8	4/2/2008
Vivian Turner	38' 8	4/30/1976
Allison Franke	38' 7¾	3/14/1992
Kiana Henry	38' 3¾	5/4/2013
Amalie luel	38' 2	5/7/2016
Mitzi McMiilin	37' 3¾	1977
Celeste McVey	36' 11½	3/12/1994
Sandra Murray	36' 11	1981
Joyce Simley	36' 7½	5/13/1979
Teri Ortega	36' 6¾	2/29/1992

Tanya Smith	36' 4¾	5/25/1993
Ashley Selman	36' 2¼	3/2/1991
Lyndsey Lopes	36' 0	4/6/2018
Shana Woods	35' 6	5/5/2007
Spring Harris	35' 8½	3/9/2002
Honor Henry	34' 3½	5/13/1979
Donna Hollingsworth	33' 8	1982
Carey Hill	33' 4	1977
Karen Kelly	33' 3¼	3/17/1990
Brenda Bruce	32' 3½	1977
Julie Garcia	29' 9¼	4/14/1989
Chanel Young	28' 6½	3/9/2002
Molly Mahar	26' 1¼	2/22/2003
Dora Noble	25' 10	5/1/1919

DISCUS THROW

Tera Novy	200' 5	4/14/2016
Alexandra Collatz	189' 8	4/16/2015
Kate Hutchinson	189' 5	5/6/2006
Cynthia Ademiluyi	177' 10	2/23/2002
Claudia Paris	176' 11	3/5/1988
Cindy Johnson	173' 11	6/4/1983
Lauren Guerrieri	168' 6	5/1/2010
Carrie Martin	168' 6	4/20/1996
Diana Clements	167' 10	5/3/1986
Allison Franke (179' 2)	166' 5	5/26/1992
Katalin Mate	165' 10	5/29/2009
Brittany Mann	163' 1	4/21/2017
Jennifer Vail	162' 1	3/26/2000
Celeste McVey	160' 11	5/8/1993
Dana Olsen	159' 11	4/21/1980
Amy Thiel	159' 10	3/23/2002
Teri Ortega	158' 2	3/30/1991
Jenny Ozorai	154' 5	4/27/2013
Ashley Pyka	152' 1	4/29/2009
Karen Freberg	151' 4	4/29/2006
Leslie Coons	150' 11	2/17/1996
Andrea McBride	150' 8	4/2/2005
Breanna Jemison	150' 5	5/13/2018
Vivian Turner	150' 1	3/12/1977
L'Orangerie Crawford	149' 10	5/1/2004
Natasha Stamps	148' 6	3/17/2018
Cerenity Young	145' 9	5/4/2002
Donna Hollingsworth	144' 2	1981
Heidi Adams	143' 3	4/24/1988
Erika Peyton	140' 5	5/3/2015

Eva Orban	140' 5	4/24/2009
Marissa Minderler	136' 0	5/2/2009
Lillian Copeland	133' 2	8/2/1932
Leslie Erickson	132' 3	3/20/2004
Rugina Hendricks	124' 4	2/28/1988
Cindy Makens	121' 0	5/6/1995
Jade Niemeyer	115' 7	5/1/2011
Lauren Chambers	113' 3	5/1/2010
Honor Henry	111' 8	1979
Julie Morgan	111' 7	1977
Carey Hill	106' 8	1977
Barb Deasey	101' 2	1979
Charm Bishop	97' 9¾	1983
Mary Ann Densler	94' 4	1979
Lynsey Howatt	88' 4½	1979
Lisa van Benthem	78' 11	1980

HAMMER THROW

Eva Orban (240' 11)	230' 3	3/15/2008
Jenny Ozorai	223' 4	3/9/2012
Marissa Minderler	220' 11	5/12/2012
Julianna Tudja (221' 6)	218' 9	6/14/2003
L'Orangerie Crawford	209' 8	3/8/2003
Jade Niemeyer	208' 0	5/26/2012
Lauren Chambers	206' 5	4/16/2010
Jennifer Vail	204' 3	5/21/2000
Julia Rozenfeld	203' 1	3/12/2005
Joy McArthur	201' 9	3/23/2018
Leslie Coons (213' 4)	198' 7	5/4/1996
Brittany Mann	193' 5	4/29/2017
Amy Thiel	193' 0	5/31/2003
Erica Peyton	190' 7	3/18/2016
Alexandra Collatz	189' 11	5/2/2015
Tamara Baumann	184' 11	3/9/2012
Carrie Martin	184' 7	2/28/1998
Karen Freberg	184' 4	4/29/2006
Brittany Mann	183' 7	3/17/2017
Cynthia Ademiluyi	182' 7	4/1/2000
Tanya Sapa	181' 5	5/2/2015
Ashley Pyka	179' 2	3/3/2012
Alexandrea Williams	174' 0	3/10/2007
Brenna Jemison	169' 10	4/29/2018
Sharon Smith	168' 4	4/21/2002
'Ofa Wolframmm	166' 8	3/13/1999
Kelley Shapiro	164' 10	2/24/2001
Kathryn Daniels	159' 3	5/16/2010

Times to hundredths = electronic | times to tenths = hand times Updates: **2018 Marks** | **Misc adds & updates (during 2018)**

(italics) = pre or post USC mark | c = converted times

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Tera Novy	150' 0	5/4/2014
Farren Benjiman	148' 9	4/5/2013
Kate Hutchinson	148' 9	3/20/2004
Lauren Guerrieri	147' 6	5/3/2008
Cerernity Young	143' 9	3/25/2000
Andrea McBride	139' 0	3/13/2004
Stephanie Hoffer	134' 5	3/23/2012

JAVELIN THROW (1999 Implement)

Inga Stasiulionyte (204' 3)	186' 10	5/18/2002
Kristine Busa	179' 1	7/18/2009
Leslie Erickson	168' 11	5/4/2002
Andrea McBride	161' 7	4/30/2005
Marissa Minderler	157' 3	4/2/2010
Shana Woods	135' 4	6/14/2008
Devon Rennie	132' 11	5/1/2011
Nia Ali	128' 9	5/10/2009
Lyndsey Lopes	126' 9	3/18/2017
Becky Richey	124' 8	4/26/2003
Jennifer Vail	121' 3	3/18/2000
Katalin Mate	112' 4	5/2/2009
Amalie luel	110' 5	5/11/2014
Jade Niemeyer	110' 5	5/1/2011
Lindsay Oman	109' 10	4/30/2005
Ashley Pyka	107' 8	4/27/2013
Arielle Sepulveda	107' 1	4/28/2007
Collette Putnam	106' 1	3/31/18
Alexa Harmon-Thomas	103' 6	4/8/2017
Kate Hutchinson	101' 8	4/30/2005
K.C. Sullivan	100' 6	4/2/2016
Kelley Shapiro	100' 3	2/19/2000
Kiana Henry	98' 1	3/2/2013
Jenny Ozorai	96' 11	4/27/2013
Alitta Boyd	95' 11	4/27/2013
Julia Tseng	90' 1	5/4/2014
Spring Harris	88' 9	4/1/2000
Farren Benjiman	77' 9	4/27/2013
Lydia Rolle	58' 2	5/6/2000

JAVELIN THROW (old implement)

Sherry Calvert (207' 11)	192' 0	5/12/1972
Ashley Selman (191' 4)	187' 9	6/17/1989
Diana Clements	168' 8	5/22/1987
Allison Franke	164' 4	5/23/1992
Nicole Haynes	158' 10	5/20/1994
Wendy Brown	158' 6	4/30/1988

Lisa van Benthem	154' 6	5/18/1983
Dana Olsen	152' 9	4/26/1980
Celeste McVey	152' 3	6/3/1994
Regina Steele	145' 7	4/30/1978
Charm Bishop	144' 8	4/26/1980
Sharon Hatfield	143' 8	5/2/1987
Kathy Nelson	142' 6	1981
Lori Jepson	140' 11½	5/19/1977
Lynn van Benthem	137' 2	5/5/1978
Alexis Crampton	133' 6	1979
Debra Larsen	132' 7	1983
Lorelei van Benthem	130' 8	3/10/1979
Cheryl Miller	123' 1	4/13/1985
Yolanda Fletcher	121' 7	5/16/1986
Lillian Copeland (125' 4)	116' 1	7/25/1931
Tanya Smith	114' 2	5/12/1996
Kerry Zwart-Bell	114' 2	1982
Alex Crampton	114' 2	1977
Cheri Thomas	108' 8	4/28/1990
Julie Garcia	104' 2	4/15/1989
Karen Kelly	102' 7	3/17/1990
Yleana Carrasco	92' 1	3/3/1990
Sally Boehmer	90' 1	1977
Teri Ortega	86' 2	2/29/1992

HEPTATHLON

Wendy Brown	6,079	7/16/1988
Amalie luel	6,011	5/7-8/2016
Nia Ali	5,824	5/10/2009
Nicole Haynes (6002)	5,786	5/12/1996
Lyndsey Lopes	5,719	5/5-6/2018
Debra Larsen (5,856)	5,616	1983
Kerry Zwart-Bell	5,550	6/1/1982
Shana Woods	5,507	6/8/2007
Sharon Hatfield	5,410	4/18-19/1986
Tanya Smith	5,345	5/25-26/1993
Yolanda Fletcher	5,307	5/16-17/1986
Allison Franke	5,156	5/14-15/1993
Lindsay Oman	5,025	4/3-4/2008
Spring Harris	4,855	5/12-13/2001
Alexa Harmon-Thomas	4,741	5/6-7/2017
Kiana Henry	4,507	5/4-5/2013
Ashley Selman	4,469	3/25/1990
Sandra Murray	4,455	1981
Karen Koellner	4,247	4/11/1987
Chanel Young	4,125	3/14-15/2002

Lydia Rolle	4,021	5/14-15/1999
Disia Page	3,876	5/14-15/1999
Julie Garcia	3,648	4/14-15/1989

PENTATHLON

Kerry Zwart-Bell	3,801	1979
Mitzi McMillin (4,109)	3,739	4/3/1977
Brenda Bruce	3,295	1977

4 x 100

A. Annelus, K. Ellis, D. Hill, T. Terry	42.57	4/21/2018
D. Brown, D. Hill, Faulknor, Gaither	42.90	6/11/2016
Powell, Onyepunuka, C. Davis, Rodriguez	42.96	6/9/2006
Laarman, J. Davis, Faulknor, Gaither	43.00	6/14/2014
D. Hill, Westbrook, Faulknor, Gaither	43.10	5/17/2015
Annelus, Brissett, Ellis, Hall	43.11	4/7/2018
A. Williams, Ca. Young, Edmonson, K. Davis	43.14	6/2/2000
Hall, Westbrook, D. Hill, Terry	43.18	3/24/2018
Hall, Westbrook, Faulknor, D. Hill	43.27	6/13/2015
2000	43.27	4/1/2000
A. Williams, Edwards, Edmonson, Ca. Young	43.35	5/1/1999
Hall, Westbrook, D. Brown, D. Hill	43.38	5/14/2017
Laarman, Payne, Puterbaugh, J. Davis	43.42	6/11/2011
D. Brown, D. Hill, Stepter, Gaither	43.46	5/15/2016
Annelus, Westbrook, D. Hill, Terry	43.49	3/17/2018
A. Williams, Edwards, Edmonson, Benyarku	43.52	6/2/1999
D. Brown, D. Hill, Cantrell, Gaither	43.57	5/1/2016
D. Hall, K. Ellis, D. Hill, T. Terry	43.58	5/26/2018

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Je. Onyepunuka, C.Davis, Stewart, Rodriguez	43.61	3/17/2007	Graham, D. Hill, Cantrell, D. Brown	44.41	3/19/2016	DeCoux, Rolle, Guilado, Brooks	45.31	4/14/1990
A. Williams, Ca. Young, Neal, K. Davis	43.64	6/1/2001	1986	44.4	4/12/1986	Hilaire, Ju. Onyepunuka, Clarke, Alexander	45.35	3/1/2009
A. Williams, Ca. Young, Bennett, K. Davis	43.64	5/20/2001	Lipscomb, L. Jones, Bracey, I. Miller	44.52	4/17/1994	Lipscomb, Gray, L. Jones, I. Miller	45.47	5/4/1991
Powell, Onyepunuka, Thomas, Weatherspoon	43.66	5/15/2005	Lipscomb, Chan, Conwright, I. Miller	44.57	5/21/1993	Jayasinghe, Danvers, Simpson, Tschomba	45.48	5/3/1997
A. Williams, Page, Neal, K. Davis	43.71	5/4/2002	Guialdo, Gray, L. Jones, I. Miller	44.61	5/18/1991	Simmons, McCraw, Maxie, Mayberry	45.48	4/4/1987
2006	43.84	4/8/2006	Edmonson, Estes, Gibson, Edwards	44.65	3/8/1998	1999	45.58	2/14/1999
Puterbaugh, J. Davis, Ndipagbor, Laarman	43.86	4/27/2013	Je. Onyepunuka, Davis, Olear, Rodriguez	44.10	3/24/2007	Bates, Taylor, Guialdo, Chapin	45.68	4/30/1988
Laarman, Ndipagbor, Faulknor, Gaither	43.88	5/4/2014	1985	44.7	4/13/1985	Douglas, Robinson, Crabtree, Cassidy	45.69	1979
Mayberry, McCraw, Cabell, Simmons	43.90	6/4/1986	1999	44.82	2/14/1999	DeCoux, Chapin, Guilado, Brooks	45.83	4/28/1990
Laarman, Payne, Ndipagbor, J. Davis	43.94	6/6/2012	S. Williams, Simmons, Cabell, McCraw	44.84	1985	Lipscomb, Conwright, Bracey, I. Miller	45.87	3/13/1993
D. Brown, Francis, Westbrook, D. Hill	43.97	3/25/2017	Hall, Cox, D. Brown, Cantrell	44.85	4/4/2015	2003 "B"	45.96	3/1/2003
Weatherspoon, Powell, Edmonson, Dorsey	43.98	5/1/2004	Hall, Ellis, Graham, Pettigrew	44.86	3/18/2017	1998	46.04	2/28/1998
Je. Onyepunuka, Clarke, Ju. Onyepunuka, Rodriguez	44.00	5/17/2008	2004	44.93	3/20/2004	Gibson, Conwright, Simpson, Edwards	46.19	3/3/1996
Simmons, McCraw, Taylor, Mayberry	44.06	6/6/1987	Chan, Gibson, Conwright, L. Jones	44.98	5/20/1995	1989	46.19	3/18/1989
Lipscomb, Gray, L. Jones, I. Miller	44.07	4/18/1992	2008	44.99	2/23/2008	Pegues, Chan, Conwright, Lipscomb	46.36	5/7/1994
Powell, Onyepunuka, Stewart, Rodriguez	44.12	3/25/2006	Tschomba, Gibson, Benyarku, Edwards	45.02	3/2/1997	1980	46.39	4/26/1980
Benyarku, Edwards, Gibson, Edmonson	44.13	4/4/1998	Payne, Ju. Onyepunuka, Hasson, Olear	45.07	3/21/2009	2007 "B"	46.45	2/24/2007
Laarman, Payne, Puterbaugh, J. Davis	44.18	3/24/2012	Lipscomb, Gray, Guilado, I. Miller	45.11	4/13/1991	Douglas, Robinson, Crabtree, Cassidy	46.58	4/12/1980
2003	44.26	5/16/2003	Maxie, McCraw, Cabell, Mayberry	45.15	5/3/1986	Liverpool, V. Jones, Cox, Bruce	46.59	3/23/2013
Gibson, Conwright, Benyarku, Edwards	44.26	5/30/1996	Clarke, Ju. Onyepunuka, Muhammad, Payne	45.16	3/20/2010	Bates, Taylor, Guilado, Brooks	46.67	3/19/1988
Clarke, Ju. Onyepunuka, Woods, Payne	44.37	5/17/2009	Ju. Onyepunuka, Clarke, Hasson, Payne	45.16	3/13/2010	Conwright, Gibson, Pegues, L. Jones	46.86	3/25/1995
Alexander, Ju. Onyepunuka, Payne, Clarke	45.35	3/1/2009	2005 "B"	45.20	2/26/2005	2002 "B"	46.90	3/23/2002
DeCoux, Lipscomb, L. Jones, I. Miller	44.39	5/23/1992	Chan, Jayasinghe, Conwright, I. Miller	45.23	3/26/1994	1981	46.91	4/26/1981
Clarke, Ju. Onyepunuka, Olear, Payne	44.40	5/1/2010	Laarman, Puterbaugh, Blackburn, J. Davis	45.24	3/12/11	Jayasinghe, Lipscomb, Conwright, I. Miller	46.96	2/19/1994
			McGlaston, Francis, Richards, Annelus	45.27	3/3/2018	Chan, Gibson, Pegues, Conwright	47.03	3/4/1995
			2002	45.29	3/17/2002	2012 "B"	47.08	2/25/2012
						DeCoux, Strickland, Guialdo, Taylor	47.09	4/8/1989

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Birt, A. Biller,	47.15y	5/21/1977	2000	1:43.73	2/19/2000	Danvers, Edmonson,	3:28.08	6/5/1999
Gordon, Van Wolvelaere			1999	1:44.61	2/14/1999	Langerholc, K. Davis		
1978	47.1	4/29/1978	Savoy, Freeman,	1:45.54	1984	Taylor, McCraw,	3:28.93	6/4/1987
1987 "B"	47.44	3/21/1987	Carter, Simmons			Mayberry, Maxie		
S. Johnson, Dolphin,	47.69	3/3/1996	1980	1:45.59	4/25/1980	Ndipagbor, V. Jones,	3:29.42	4/5/2014
Stephens, Reppe			2002 "B"	1:46.49	2/16/2002	J. Davis, Gaither		
1980	47.8	2/29/1980	1976	1:50.9	4/30/1976	Ndipagbor, Stepter,	3:30.29	6/12/2014
2001 "B"	47.93	2/17/2001				Liverpool, V. Jones		
Curtis, Simmons,	47.96	3/31/1984	800 SMR			K. Roberts, A. Cockrell,	3:30.45	5/13/2018
Freemsn, S. Williams			1986	1:38.82	4/5/1986	D. Hill, K. Ellis		
2010 "B"	48.13	2/27/2010	Guilado, Brooks,	1:39.66	4/7/1990	Neal, Langerholc,	3:30.84	5/31/2001
1982	48.20	1982	Maxie, Chapin			K. Davis, Estes		
2006 "B"	48.47	3/25/2006	2001	1:40.76	2/17/2001	Langerholc, Danvers,	3:30.89	6/3/2000
2003 "C"	49.18	3/1/2003	Simmons, Mayberry,	1:41.75	4/4/1987	Edmonson, K. Davis		
2002 "C"	49.18	3/2/2002	McCraw, Taylor			Olear, Clarke,	3:31.57	6/11/2009
K. Davis-Quarrie, Bickers	49.78	3/1/2009	1998	1:42.94	2/28/1998	Muhammad, Hasson		
C. Clayton, Bailey			1997	1:43.59	2/15/1997	Je. Onyepunuka, Hasson,	3:31.85	5/3/2008
2008 "B"	50.22	2/23/2008	2002	1:44.29	2/16/2002	Clarke, Rodriguez		
Pegues, Lipscomb,	50.33	5/22/1993	1979	1:44.2	3/10/1979	Ndipagbor, V. Jones,	3:32.31	5/25/2013
Bracey, I. Miller			Douglas, Robinson,	1:44.34	1979	Puterbaugh, Liverpool		
			Crabtree, Cassidy			Cabell, McCraw,	3:32.58	5/3/1986
4 x 200			Laarman, Puterbaugh,	1:47.03	3/12/11	Mayberry, Maxie		
D. Hill, Westbrook,	1:31.41	4/4/2015	Dion, J. Davis			Neal, Pieluzek,	3:32.98	5/4/2002
Cantrell, Gaither			2008	1:48.05	2/23/2008	K. Davis, N. Johnson		
Ellis, Cockrell,	1:32.45	4/1/2017	2005	1:48.48	2/26/2005	2001	3:33.17	5/5/2001
Ka. Richardson, Pettigrew			Ju. Onyepunuka, Hilaire,	1:48.89	3/1/2009	Thomas, Lee,	3:33.53	6/9/2005
J. Davis, V. Jones,	1:34.22	4/6/2013	Hasson, K. Davis-Quarrie			Swain, Rodriguez		
Ndipagbor, Puterbaugh			I. Miller, Gray,	1:49.63	2/24/1991	2003	3:34.32	4/12/2003
Payne, J. Davis,	1:34.54	3/12/11	L. Jones, Boudeau			Ju. Onyepunuka, Hasson,	3:34.56	5/1/2010
Laarman, Puterbaugh			Brit, Curran,	1:49.7	3/26/1976	Hilaire, Olear		
Ndipagbor, J. Davis,	1:34.89	3/16/2013	Hunter, San Agustin			Hasson, Clarke,	3:34.80	6/7/2007
Laarman, Puterbaugh						Ju. Onyepunuka, T. Davis-Quarrie		
Clarke, Ju. Onyepunuka,	1:36.15	3/13/2010	4 x 400			Stepter, Pettigrew,	3:34.88	3/21/2015
Muhammad, Payne			Pettigrew, luel,	3:23.35	6/10/2017	Ncha-Ndip, Cantrell		
Mayberry, McCraw,	1:36.30	3/1/1986	D. Hill, Ellis			2000	3:35.48	4/1/2000
Maxie, Simmons			Pettigrew, luel,	3:26.09	5/27/2017	Thomas, Swain,	3:36.10	3/20/2004
1993	1:36.7	2/20/1993	Cockrell, Ellis			T. Johnson, McKinney		
S. Williams, Simmons,	1:37.58	1985	Ellis, luel,	3:26.73	5/28/2016	Stewart, T. Davis-Quarrie,	3:36.48	4/29/2006
Cabell, McCraw			Pettigrew, Stepter			Rodriguez, Swain		
Brooks, DeCoux,	1:38.42	3/4/1989	A. Cockrell, D. Hill,	3:27.06	6/9/2018	Langerholc, Estes,	3:36.52	4/18/1999
Koellner, Taylor			K. Constatine, K. Ellis			Edmonson, K. Davis		
2002	1:38.98	2/16/2002	Pettigrew, luel,	3:27.64	6/8/2017	Koellner, Brooks,	3:36.5	4/8/1989
1990	1:39.66	4/8/1990	Constatine, Ellis			Maxie, Taylor		
Liverpool, V. Jones,	1:41.53	3/16/2013	Stepter, luel,	3:27.86	5/30/2015	Pettigrew, Ellis,	3:36.70	5/1/2016
Cox, A. Brown			Ellis, V. Jones			M. Smith, luel		
1982	1:42.04	1982						

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Thomas, Lee,	3:36.99	4/30/2005	Cockrell, Terry,	3:42.08	3/17/2018	Lipscomb, Pegues,	3:47.53	4/24/1993
Weatherspoon, Swain			Robinson, Ky. Richardson			Rolfe, L. Jones		
Roberts, Cockrell,	3:37.18	4/29/2018	Stephens, Penc,	3:42.28	5/4/1996	1994	3:47.76	3/5/1994
D. Hill, Ellis			Johnston, Jayasinghe			Stephens, Edwards,	3:48.41	2/17/1996
2004	3:37.26	4/18/2004	Cabell, McCraw,	3:42.72	1985	Johnston, Jayasinghe		
Puterbaugh, Muhammad,	3:37.40	3/24/2012	Curtis, Ransom			2013 "B"	3:48.88	2/23/2013
V. Jones, Ndipagbor			2013	3:43.56	2/23/2013	Ka. Richardson, Annelus,	3:49.53	3/17/2018
Cockrell, D. Hill,	3:37.69	3/24/2018	Estes, Langerholc,	3:43.59	4/4/1998	Westbrook, Hall		
Terry, Ellis			Penc, Edmonson			2012 "B"	3:49.63	2/25/2012
Clarke, Muhammad,	3:37.81	3/1/2009	Jayasinghe, Danvers,	3:43.5	5/3/1997	2015	3:49.64	3/7/2015
Ju. Onyepunuka, Hasson			Shegog, Simpson			2005 "B"	3:49.71	2/26/2005
T. Davis-Quarrie, Hasson,	3:37.90	3/24/2007	Chapin, Maxie,	3:43.71	3/17/1990	2010	3:49.88	3/13/2010
Woods, Rodriguez			Rolle, Brooks			Lipscomb, I. Miller,	3:50.25	3/13/1993
1986	3:38.3	3/29/1986	Curtis, McCraw,	3:43.82	3/23/1985	Pegues, L. Jones		
Stephens, Benyarku,	3:38.75	5/19/1996	Bullard, Cabell			Stephens, Gibson,	3:50.63	5/6/1995
Jayasinghe, Edwards			Chapin, Noll,	3:44.40	4/30/1988	Dolphin, L. Jones		
Liverpool, Stepter,	3:38.86	3/22/2014	Koellner, Taylor			Lipscomb, Boudeau,	3:50.69	3/16/1991
luel, Pettigrew			1985	3:44.44	3/1/1985	L. Jones, DeCoux		
Lipscomb, I. Miller,	3:39.35	5/23/1992	Lipscomb, DeCoux,	3:44.47	5/4/1991	Koellner, Hatfield,	3:50.87	3/22/1986
DeCoux, L. Jones			L. Jones, Guilado			Noll, Lyon		
Graham, Rodriguez,	3:39.54	3/25/2006	Jayasinghe, Edwards,	3:44.66	3/2/1997	2016	3:51.14	4/2/2016
T. Davis-Quarrie, Stewart			Danvers, Simpson			Koellner, Guialdo,	3:51.26	3/19/1988
Brooks, Maxie,	3:39.82	4/8/1990	Benyarku, Edwards,	3:44.69	3/3/1996	Brooks, Noll		
Clark, Chapin			Jayasinghe, Penc			Chapin, Taylor,	3:51.48	5/2/1987
Chapin, Guilado,	3:39.87	4/4/1987	DeCoux, Rolle,	3:44.86	4/14/1990	Maxie, Noll		
Noll, Taylor			Guilado, Brooks			Pegues, Goodwin,	3:51.77	2/29/1992
Olear, Hilaire,	3:40.37	3/14/2009	Cabell, Savoy,	3:44.9	5/11/1985	DeCoux, L. Jones		
Ju. Onyepunuka, Hasson			Curtis, McCraw			Gaither, J. Davis,	3:52.05	3/22/2014
Muhammad, J. Davis,	3:40.52	5/14/2011	Woods, Olear,	3:45.04	3/1/2009	Enright, Strickland		
Payne, Puterbaugh			Hilaire, Stately			Stephens, L. Jones,	3:52.06	3/4/1995
1999	3:40.69	5/1/1999	Stephens, Gibson,	3:45.0	4/22/1995	Pegues, Bennett		
2006	3:40.94	2/25/2006	Shegog, L. Jones			Pettigrew, Glynn,	3:52.43	3/19/2016
Ndipagbor, V. Jones,	3:41.03	4/29/2012	Edmonson, Penc,	3:45.14	3/6/1999	Gore, Seamans		
Payne, Muhammad			Johnston, Langerholc			J. Davis, Laarman,	3:52.68	3/3/2012
Liverpool, Stepter,	3:41.11	5/4/2014	Weber, M. Smith,	3:45.49	3/3/2018	Cox, Louis		
Ndipagbor, Pettigrew			Glynn, Lopes			2006 "B"	3:52.76	3/25/2006
Olear, Clarke,	3:41.27	3/20/2010	1998	3:45.66	2/28/1998	L. Jones, Gibson,	3:53.09	3/18/1995
Muhammad, Hasson			1997	3:45.73	4/12/1997	Pegues, Bennett		
Hasson, Olear,	3:41.57	3/21/2009	Stephens, Benyarku,	3:45.88	4/13/1996	Stephens, L. Jones,	3:53.31	5/20/1995
Woods, Muhammad			Johnston, Jayasinghe			Shegog, Gibson		
Capellino, Kao,	3:41.66	3/21/2015	Ka. Richardson, M. Smith,	3:45.94	4/8/2017	Curtis, Rollow,	3:53.7	2/23/1985
Kijima, Ricks			Berry, Ibarzabal			Savoy, Bullard		
1998	3:41.71	3/8/1998	2002	3:47.49	3/2/2002	Freeman, Simmons,	3:54.0	2/18/1984
V. Jones, Ellis,	3:41.76	5/3/2015	Freeman, S. Williams,	3:47.50	3/24/1984	Savoy, Curtis		
Ncha-Ndip, Stepter			Savoy, Curtis			Stephens, Shegog,	3:54.33	3/3/1996
						Haynes, Clements		

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1981	3:54.3	3/14/1981	2014	4:24.27	3/8/2014	Clark, Goodwin,	11:32.53	4/2/1989
2008 "B"	3:54.54	2/23/2008				Koellner, Noll		
1980	3:54.91	4/26/1980	4 x 880			1986	11:44.2	3/29/1986
1987 "B"	3:54.94	3/21/1987	Taylor, Seleine,	8:45.24	1987	Noll, Taylor,	11:44.67	4/4/1987
1982	3:55.22	1982	Lyon, Noll			Seleine, Lyon		
J. Davis, Cox,	3:55.35	3/23/2013	Bullard, Rollow,	9:13.67	1985	Berdousi, Adamski,	11:57.71	2/23/2013
Stepter, A. Brown			A. Johnson, Curtis			Capellino, Buckley		
Conwright, Shegog,	3:56.69	2/19/1994	Lewis, Jayasinghe,	9:15.43	2/17/1996	2012	11:58.00	2/25/2012
I. Miller, Jayasinghe			Clements, Penc			Flodstrom, Rojewski,	12:00.71	3/1/2009
1979	3:56.8	3/10/1979	Bennett, Stephens,	9:31.15	3/18/1995	Fischetti, Louis		
2001 "B"	3:57.69	3/3/2001	Clements, Schultz			2002	12:08.23	2/16/2002
L. Davis, Poppen,	3:58.33	4/12/1980	Goodwin, Clark,	9:32.59	1989	2013 "B"	12:08.57	2/23/2013
V. Williams, Cassidy			Taylor, Noll			Bennett, Clements,	12:15.37	3/18/1995
A. Brown, Dion,	3:58.48	2/28/2011	2012	9:39.36	2/25/2012	Schultz, Lewis		
N. Williams, Lutzky			Olsen, Hatfield,	9:42.64	1984	2008	12:19.03	2/23/2008
Bennett, Stephens,	3:58.69	3/25/1995	A. Johnson, Curtis			2005	12:20.63	2/26/2005
Clements, Pegues			2013	9:51.50	2/23/2013	Ellis, Chang,	12:21.32	3/1/2009
Ibarzabal, Weber,	3:59.10	4/1/2017	Bullard, Noll,	9:55.48	3/1/1985	Leija, Greer		
Ricks, Berry			Koellner, Lyon			2012 "B"	12:29.28	2/25/2012
2002 "B"	3:59.69	3/23/2002	C. Hill, Berger,	9:43.8	3/6/1977	2011	12:29.61	2/26/2011
Chan, Gibson,	4:00.77	4/8/1995	Van Pulvelde, J. Biller			Curtis, Hatfield,	12:31.24	1984
Conwright, L. Jones			Koellner, Taylor,	9:44.4	3/25/1988	A. Johnson, Sumpster		
2011 "C"	4:01.28	4/2/2011	Clark, Noll			Clements, Pegues,	12:35.16	2/19/1994
Grimes, Maurer,	4:01.45	4/1/2017	2010	9:43.31	2/27/2010	Bennett, Lewis		
Gore, M. Smith			1982	9:44.91	1982	1998 "B"	12:46.24	2/28/1998
2012 "D"	4:02.20	2/25/2012	Taylor, Seleine,	9:45.24	3/7/1987			
Capellino, Kao,	4:02.27	3/14/2015	Lyon, Noll			4 x MILE/1600		
Kijima, Strickland			Shegog, Ngo,	10:19.39	2/19/1994	Clark, Seleine,	19:54.6	1987
2007 "B"	4:02.82	2/24/2007	Ibrahim, Goldsby			Lyon, Noll		
Miller, T. Smith,	4:02.8	2/27/1993				2010	20:33.30	2/27/2010
Pegues, Haynes			1600 SMR					
luel, Pettigrew,	4:03.70	3/15/2014	D. Brown, Westbrook,	3:47.31	4/1/2017			
Enright, Reardon			Ellis, luel					
M. Smith, Seamans,	4:04.47	3/28/2016	Ellis, V. Jones,	3:47.98	4/4/2015			
Ent, Strickland			Pettigrew, luel,					
Malik, Granowski,	4:06.59	3/3/2012	Hilaire, K. Davis-Quarrie	4:06.05	3/13/2010			
Dion, A. Brown			Olear, Rojewski					
T. Smith, Clements,	4:07.97	3/9/1996						
Shegog, Conwright			DMR					
Bailey, J. Jones,	4:09.84	3/2/2013	1998	11:23.90	2/28/1998			
Cravens, Olonade			Taylor, Maxie,	11:25.65	1989			
Biller, Hunter,	4:10.5	3/26/1976	Clark, Noll					
Van Pulvelde, San Agustin			Taylor, McCraw,	11:30.5	1987			
Bruce, Henry,	4:18.48	3/3/2012	Lyon, Clark					
N. Williams, Lutzky			1997	11:30.79	2/15/1997			
2012 "E"	4:22.05	2/25/2012						

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