

This is a comprehensive women's list of USC track athletes. It is a work in progress and will be continually updated. Names are still being discovered and added.  
Please contact the Trojan Force if you notice any errors or omissions.

## 100 METERS

			Tai-Ne Gibson	11.82	5/25/1996
Angela Williams	11.04	6/5/1999	Shana Woods	11.84	5/3/2008
Natasha Mayers	11.09	4/19/2003	LaWanda Cabell	11.84	1985
Virginia Powell	11.10	5/14/2006	Tiffany Bennett	11.86	4/21/2002
Torri Edwards	11.10	6/4/1999	Shalina Clarke	11.87	5/12/2007
Inger Miller	11.11	4/7/1993	Erica Alexander	11.90	5/2/2009
Deanna Hill	11.17	6/22/2017	Sabrina Williams	11.90	1984
Ky Westbrook	11.17	6/11/2015	Louan Guiado	11.91	1988
Jessica Davis	11.19	5/14/2011	<b>Madisen Richards</b>	<b>11.92</b>	<b>3/3/2018</b>
Tynia Gaither	11.21	5/1/2016	Tara Davis-Quarrie	11.93	3/20/2004
Candace Young	11.22	3/24/2001	Felice Lipscomb	11.94	5/22/1993
Alexis Faulknor	11.26	6/25/2015	Rosetta Birt	11.94	1976
Jessica Onyepunka	11.31	4/15/2007	Dominique Dorsey	11.97	5/1/2004
Carol Rodriguez	11.32	6/8/2010	Margaux Jones	12.00	3/18/2017
Alexis Weatherspoon	11.34	4/30/2005	Charity Bruce	12.07	5/11/2013
Gail Douglas	11.34	5/11/1979	Alitta Boyd	12.08	5/7/2011
Gervaise McGraw	11.37	1987	Dolly Fleetwood	12.11	1982
Kinshasa Davis	11.39	5/5/2001	Tracee Thomas	12.12	4/24/2004
Myra Mayberry	11.42	4/25/1987	Whitney Graham	12.13	2/25/2006
Destinee Brown	11.43	4/17/2015	Aleksandra Pieluzek	12.14	2/22/2003
Aareon Payne	11.45	5/1/2011	Myra Hasson	12.17	2/28/2009
Judith Onyepunka	11.46	5/2/2009	Melia Cox	12.18	3/9/2013
Loudia Laarman	11.47	4/18/2014	<b>Denise Eddington</b>	<b>12.24</b>	<b>1981</b>
Coco Ncha-Ndip	11.48	4/27/2014	Sandy Crabtree	12.24c	3/31/1979
Gabriella Cantrell	11.53	4/3/2015	Pam Simpson	12.29	4/17/1999
Candice Young	11.53	2/28/1999	Patrice Latimore	12.33	3/6/1993
Candice Davis	11.54	4/28/2007	Michelle Sanford	12.34	4/10/2004
<b>Anglerne Annelus</b>	<b>11.57</b>	<b>3/3/2018</b>	Elan Hilaire	12.42	3/7/2009
Esi Benyarku	11.57	3/6/1998	<b>Pam Curran</b>	<b>12.44</b>	<b>1976</b>
Robin Simmons	11.57	4/28/1985	Ekene Anene	12.45	3/13/2010
<b>Zaria Francis</b>	<b>11.58</b>	<b>3/3/2018</b>	Merrill Balassone	12.49	3/20/2004
Melanna Gray	11.58	3/2/1992	Kerrie Pesques	12.49	5/9/1992
Miya Edmonson	11.59	5/1/2004	Teresa Strickland	12.49	4/8/1989
Jenna Puterbaugh	11.60	3/23/2013	Megan Reppe	12.52	3/16/1996
Kim Robinson	11.61	1981	Kim Adams	12.54c	1981
Disia Page	11.62	5/4/2002	Kiana Henry	12.57	2/25/2012
Malika Edmonson	11.65	3/18/2000	Kira Davis-Quarrie	12.57	5/1/2010
Linda Cassidy	11.6	3/10/1979	Stephanie Jones	12.59	3/11/2000
Sau Ying Chan	11.73	3/5/1994	Tunisia Johnson	12.66	2/26/2005
Ronda Brooks	11.73	4/21/1990	Jennifer Jones	12.68	3/12/2011
Desiree Bracey	11.74	3/13/1993	Courtney Clayton	12.75	4/10/2010
<b>Chanel Brissett</b>	<b>11.75</b>	<b>3/17/2018</b>	Malea Malik	12.78	2/25/2012
Elizabeth Olear	11.75	3/10/2007	Sauda Johnson	12.83	3/3/1996
Kanika Conwright	11.77	5/6/1995	Christina Ciampa	12.84	4/14/2001
La Tima Jones	11.78	3/21/1992	Anna Biler	12.8	1977
Patty Van Wolvelaere	11.78	5/19/1978	Stephanie Marquez	12.92	3/20/2004

## 200 METERS

			Shayna Healy	12.92	4/1/1995
			Candace Bailey	12.94	3/3/2012
			Chanel Young	12.97	3/6/1999
			Alexis Brown	12.99	3/3/2012
			Myeshia Gibson	12.99	3/24/2007
			Jackie Gordon	13.0	1977
			Katarzyna Klisowska	13.12	4/1/2006
			Katherine Chang	13.14	3/9/2013
			Cara Bickers	13.22	4/10/2010
			Jackie Manday	13.30	5/1/2004
			<b>Courtney Corrin</b>	<b>13.37</b>	<b>3/17/2018</b>
			Jamila Marston	13.44	4/9/2007
			Caroline Lutsky	13.47	4/27/2013
			Alix Fitch	13.66	3/12/2011
			Jazzmin Owen	13.75	2/27/2010
			Nicole Anthony	13.85	2/24/2007
			Janet Chowsanget	13.99	4/17/1999
			Jennifer Mueller	14.15	2/23/2008
			Simone Calvin	15.30	3/10/2001
			Linda Molo		1978
			Angela Hunter		1977
			Carol Rodriguez	22.23a	5/27/2006
			Inger Miller	22.33	4/17/1993
			Deanna Hill	22.41	5/14/2017
			Tynia Gaither	22.54	6/11/2016
			Kinshasa Davis	22.69	4/16/2000
			Kendall Ellis	22.79	3/18/2017
			Natasha Mayers	22.80	5/29/2002
			Aareon Payne	22.83	4/16/2011
			Jessica Davis	22.84	5/14/2011
			Torri Edwards	22.84	6/4/1999
			Alexis Faulknor	22.97	6/27/2015
			Gail Douglas	22.9	4/27/1979
			Gervaise McGraw	23.07	5/2/1987
			Alexis Weatherspoon	23.11	6/9/2005
			Ky Westbrook	23.22	5/30/2015
			Angela Williams	23.22	5/20/2000
			Jaide Stepter	23.23	4/15/2016
			Jessica Onyepunka	23.26	5/25/2007
			Virginia Powell	23.29	4/29/2006
			<b>Twanisha Terry</b>	<b>23.31</b>	<b>3/17/2018</b>
			Gabriella Cantrell	23.34	4/3/2015
			La Tima Jones	23.37	5/6/1995
			Amalie luel	23.41	5/7/2016

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Cameron Pettigrew	23.42	5/14/2017	Rosetta Birt	24.51	4/30/1977	Stephanie Marquez	26.67	4/26/2003
Vanessa Jones	23.43	4/18/2014	Melia Cox	24.55	3/7/2015	Shayna Healy	26.6	4/14/1995
Miya Edmonson	23.46	5/1/2004	Jasmyn Graham	24.58	3/18/2017	Melissa Margulies	26.77	3/25/2006
Angie Annelus	23.48	3/17/2018	Nakiya Johnson	24.59	4/6/2002	Candace Bailey	26.80	3/9/2013
Jenna Puterbaugh	23.48	3/23/2013	Lyndsey Lopes	24.63	5/7/2016	Ekene Anene	26.83	3/24/2007
Michelle Taylor	23.49	4/21/1990	Tara Davis-Quarrie	24.72	5/14/2005	Martise Moore	26.8	4/13/1996
Coco Ncha-Ndip	23.53	3/22/2014	Felice Lipscomb	24.73	5/7/1994	Stephanie Davis	26.8	1977
Loudia Laarman	23.58	4/18/2014	Margaux Jones	24.76	3/18/2017	Oluwakemi Olonade	26.91	3/22/2014
Anna Cockrell	23.60	3/17/2018	Tanya Smith	24.76	5/25/1993	Myeshia Gibson	27.01	3/10/2007
Dalilah Muhammad	23.62	4/25/2009	Tracee Thomas	24.79	4/10/2004	Sauda Johnson	27.03	4/14/1995
Destinee Brown	23.63	5/16/2015	Angela Rolfe	24.83	1/14/1990	Katherine Chang	27.11	3/13/2010
Candace Young	23.66	3/24/2001	Denise Eddington	24.84	1981	Ashley Selman	27.11	3/25/1990
Esi Benyarku	23.71	4/12/1997	Sabrina Williams	24.89	1984	Alexis Brown	27.14	3/20/2010
Tai-Ne Gibson	23.72	3/29/1997	Linda Cassidy	24.94	1980	Jennifer Mueller	27.27	5/3/2008
Dominique Dorsey	23.75	5/1/2004	Patty Van Wolvelaere	24.94	1978	Lydia Rolle	27.27	4/8/2000
Dior Hall	23.76	4/30/2017	Natasha Danvers	24.99	3/17/2000	Marian Eastern	27.2	3/24/1979
Kayla Richardson	23.76	4/8/2017	Jennifer Jones	25.00	3/12/2011	Tessa Granowski	27.38	3/3/2012
Robin Simmons	23.77	3/16/1985	Noelle Chapin	25.01	3/25/1989	Adriana Lozano	27.39	4/1/1995
Myra Mayberry	23.79	5/23/1987	Patrice Latimore	25.02	3/6/1993	Samantha Ojo	27.43	3/22/2014
Melanna Gray	23.82	4/20/1991	Brandy Stephens	25.07	4/14/1995	Allison Franke	27.56	5/22/1992
Kim Robinson	23.84	1981	Kerrie Pesques	25.29	4/18/1992	Jazzmin Owens	27.81	3/20/2010
Shana Woods	23.86	5/9/2009	Charity Bruce	25.35	3/10/2012	Jackie Gordon	28.0	1977
Ronda Brooks	23.87	5/12/1990	Pam Simpson	25.35	5/18/1996	Nicole Anthony	28.26	3/10/2007
Nia Ali	23.90	6/11/2009	Candice Davis	25.43	5/1/2004	Caroline Lutsky	28.37	3/16/2013
Elizabeth Olear	23.91	3/28/2009	Alitta Boyd	25.54	3/12/2011	Lyn Carter	28.64c	1982
Desiree Bracey	23.98	3/20/1993	Michelle Sanford	25.46	3/18/2005			
Kyra Constatine	23.99	7/8/2017	Merrill Balassone	25.60	4/2/2005	<b>400 METERS</b>		
Ashley Liverpool	24.00	4/19/2013	Megan Reppe	25.68	3/16/1996	Kendall Ellis	50.00	6/24/2017
Tiffany Bennett	24.01	4/21/2002	Erin Williams	25.80	3/13/2004	Jaide Stepter	50.91	3/26/2016
Malika Edmonson	24.03	3/18/2000	Nicole Haynes	25.83	5/12/1995	Carol Rodriguez	51.39	5/3/2008
Leslie Maxie	24.04	4/18/1986	Jenny Opoku	25.84	3/8/2003	Vanessa Jones	51.50	5/17/2015
Zaria Francis	24.08	3/3/2018	Christina Ciampa	25.90	4/21/2001	Cameron Pettigrew	51.61	5/14/2017
LaWanda Cabell	24.14	1986	Michelle DeCoux	25.90	3/18/1989	Michelle Taylor	51.75	6/2/1989
Carla Estes	24.17	3/10/2001	Effie Daetz	25.93	5/6/1989	Amalie luel	51.81	3/18/2017
Lauren Blackburn	24.20	4/18/2014	Kira Davis-Quarrie	25.99	5/9/2009	Brigita Langerholc	52.02	7/2001
Judith Onyepunka	24.21	3/20/2010	Teresa Strickland	26.00	4/8/1989	Gervaise McCraw	52.24	6/7/1986
Shalina Clarke	24.21	3/10/2007	Lindsay Oman	26.05	4/2/2008	Nakiya Johnson	52.29	5/19/2002
Myra Hasson	24.22	4/24/2010	Madisen Richards	26.13	3/18/2017	Kyra Constatine	52.63	7/21/2017
Kanika Conwright	24.29	4/25/1996	Kiana Henry	26.18	5/4/2013	Inger Miller	52.76	3/26/1994
Jasmine Lee	24.33	3/26/2005	Alexa Harmon-Thomas	26.28	5/6/2017	Tracee Thomas	52.99	5/1/2004
Louan Guialdo	24.36	1988	Kerrie Pegues	26.33	2/27/1993	Coco Ncha-Ndip	53.00	5/17/2015
Mecca McGlaston	24.37	3/3/2018	Kerry Zwart-Bell	26.34	1982	Malika Edmonson	53.02	5/2/1998
Sandy Crabtree	24.3	3/10/1979	Cecile Poppen	26.3	5/11/1979	Ashley Liverpool	53.04	5/11/2013
Kyla Richardson	24.43	3/17/2018	Anniya Louis	26.60	3/3/2012	Kinshasa Davis	53.04	4/21/1999
Whitney Graham	24.45	4/30/2005	Shannon Lewallen	26.61	4/30/2005	Leslie Maxie	53.10	4/28/1990
Kim Adams	24.49	1981	Jackie Manday	26.63	5/1/2004	Myra Hasson	53.13	5/1/2010

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LaWanda Cabell	53.15	5/3/1986	Katie Kirst	58.22	3/10/2007	Angels Hunter	1977
Carla Estes	53.20	5/2/1998	Cecile Poppen	58.24	3/24/1979		
<b>Deanna Hill</b>	<b>53.26</b>	<b>3/17/2018</b>	Alexis Brown	58.40	5/1/2010	<b>800 METERS</b>	
Natasha Danvers	53.26	6/13/1998	<b>Anna Biller</b>	<b>58.54</b>	<b>1979</b>	Brigita Langerholc	1:58.51 9/25/2000
Elizabeth Olear	53.29	5/28/2010	<b>Robin Simmons</b>	<b>58.69</b>	<b>1984</b>	Michelle Taylor	2:00.01 7/19/1989
Treani Swain	53.62	5/1/2004	Malea Malik	58.94	4/7/2012	Lesley Noll	2:03.30 4/8/1988
La Tima Jones	53.63	5/20/1995	Kristie Johnson	59.02	4/17/1999	Grazyna Penc	2:03.82 4/5/1997
Asha Jayasinghe	53.75	3/29/1997	<b>Davida Freeman</b>	<b>59.12</b>	<b>1984</b>	Aleksandra Deren	2:04.18 4/26/2001
Jasmine Lee	53.77	5/28/2005	<b>Rochelle Savoy</b>	<b>59.28</b>	<b>1984</b>	Donna Curtis	2:04.58 5/29/1985
Kayla Richardson	53.81	4/14/2017	Laura Simone	59.44	1980	Mikaela Smith	2:05.17 4/30/2017
Myra Mayberry	54.04	5/11/1987	Tracy Bourdeau	60.09	3/18/1989	Anna Lopaciuch	2:05.71 5/24/1998
Jessica Davis	54.10	3/3/2012	Kelly Owen	60.14	4/2/2011	Treani Swain	2:05.93 4/30/2005
Natasha Mayers	54.34	3/1/2003	Melissa Margulies	60.14	4/29/2006	Kristie Johnston	2:06.09 5/3/1997
Jenna Puterbaugh	54.63	4/22/2011	Rosalind Anderson	60.3	4/6/1979	Amalie luel	2:06.34 5/8/2016
Tara Davis-Quarrie	54.66	5/5/2007	Shelby Buckley	60.36	3/16/2013	Gina Clayton	2:06.58 4/30/2005
Tynia Gaither	54.68	3/21/2015	Anna Burger	60.44	4/2/2011	Frida Flodstrom	2:06.65 5/2/2009
Linda Cassidy	54.86	1980	Marian Eastern	60.4	1979	Shannon Clark	2:07.79 1989
Noelle Chapin	54.91	4/30/1988	Tessa Granowski	60.76	3/24/2012	Amy Goodwin	2:08.34 4/15/1989
Karen Koellner	55.02	4/8/1988	Rachel Glynn	60.80	3/25/2017	Iryna Vashchuk	2:08.48 4/18/2004
Aleksandra Deren	55.17	4/6/2002	Jackie Dion	60.81	4/2/2011	Elise Lyon	2:09.19 4/26/1986
Angela Rolfe	55.44	3/30/1990	Christina Ciampa	61.07	3/3/2001	Christine Cortez	2:09.76 5/1/2010
Louan Guialdo	55.49	4/13/1991	Carli Kyles	61.07	3/3/1996	Lucyna Ligaj	2:10.02 4/24/2001
Judith Onyepunka	55.64	4/13/2007	Sauda Johnson	61.0	5/4/1996	Anniya Louis	2:10.15 5/9/2009
Mikaela Smith	55.65	4/1/2017	Allison Rojewski	61.14	4/2/2011	Lorea Ibarzabal	2:10.28 4/30/2017
Lesley Noll	55.74	1988	Latreece Benson	61.20	4/22/1998	Shantae McKinney	2:10.28 5/8/2004
Torri Edwards	55.76	3/9/1996	Natalia Williams	61.42	3/19/2011	Julie Seleine	2:10.30 1987
<b>Kennedy Gillian</b>	<b>55.85</b>	<b>3/3/2018</b>	Ellie Khabazian	61.56	3/4/2000	Reika Kijima	2:10.93 4/18/2015
Whitney Graham	55.93	4/29/2006	Jennifer Jones	61.66	4/14/2011	Gina Dyer	2:11.21 4/26/1980
Shalina Clarke	55.99	3/10/2007	Kira Davis-Quarrie	61.77	3/10/2007	Cameron Pettigrew	2:11.28 5/3/2015
Ronda Brooks	56.04	1978	Jennifer Biller	61.7	1977	Karen Koellner	2:11.34 3/8/1986
Tiffany Bennett	56.11	3/29/2003	Franki Adamski	61.89	3/5/2011	Shelby Buckley	2:11.41 4/27/2013
Brandy Stephens	56.43	5/6/1995	Jennifer Mueller	62.49	5/3/2008	Rebekah Ent	2:12.07 5/1/2016
Michelle DeCoux	56.46	3/9/1991	Jazzmin Owens	62.65	4/24/2010	Mary Anne Bullard	2:12.25 3/23/1985
Frida Flodstrom	56.65	4/18/2009	Natasha Strickland	62.97	3/15/2014	Rachel Glynn	2:12.27 3/19/2016
<b>Donna Curtis</b>	<b>56.74</b>	<b>1984</b>	Amy Johnson	63.80c	1982	<b>Amber Gore</b>	<b>2:12.39 3/17/2018</b>
Erica Alexander	56.78	5/16/2009	Samantha Ojo	63.93	4/6/2013	Erica Capellino	2:12.58 4/21/2012
Gina Clayton	56.80	4/24/2004	Kathryn Karkut	64.18	3/9/2013	Nakiya Johnson	2:13.16 3/1/2003
Tanya Smith	56.87	3/13/1993	Caroline Lutsky	64.66	3/23/2013	Natasha Strickland	2:13.25 5/16/2015
<b>Tonya Ransom</b>	<b>56.89</b>	<b>1985</b>	Jazmin Treadway	64.89	3/20/2004	Allison Rojewski	2:13.44 5/1/2011
Esi Benyarku	56.93	3/9/1996	Kiana Henry	67.66	3/10/2012	Chloe Berry	2:13.55 4/1/2017
Alexis Weatherspoon	57.30	3/8/2003	Janice McDowell	68.20c	1982	Sarah Cocco	2:13.87 4/19/2008
Elan Hilaire	57.38	4/17/2010	Alyssa Reardon	69.28	3/15/2014	Emma Kao	2:13.92 5/16/2015
<b>Kim Adams</b>	<b>57.44</b>	<b>1981</b>	Beth Johnson	71.55	4/10/1999	Kyra Constatine	2:14.03 3/25/2017
Jenny Opoku	57.65	4/26/2003	Vanessa Williams		1981	Vivian Grimes	2:14.29 4/1/2017
Anniya Louis	57.95	3/3/2012	Diana Rowden		1978	Kamryn Weber	2:14.31 4/22/2017
Kerrie Pesques	58.18	3/5/1994	Charee Copenhauer		1978	Treasure Schultz	2:14.49 3/4/1995

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Madison Ricks	2:14.73	3/19/2016	Jackie Dion	2:21.95	4/29/2012	Lucyna Ligaj	4:22.77	5/20/2001
<b>Julie Rollow</b>	<b>2:14.87</b>	<b>1985</b>	Franki Adamski	2:22.06	4/9/2011	Zsafia Erdelyi	4:23.18	5/2/2009
Crystal Becker	2:14.94	5/11/2002	Staci Burgess	2:22.55	1982	Julie Seleine	4:23.92	4/11/1987
Taylor Seamans	2:15.00	3/19/2016	Kerry Zwart-Bell	2:22.76	1982	Donna Curtis	4:26.25	4/7/1984
Kerrie Pegues	2:15.07	5/1/1993	Sheronda Gaines	2:22.86	4/22/1998	Gina Dyer	4:27.40	3/23/1980
<b>Diane Byington</b>	<b>2:15.14</b>	<b>1977</b>	Shana Woods	2:23.13	5/10/2008	Amy Goodwin	4:27.70	4/14/1989
Lindsay Oman	2:15.24	5/10/2008	Rae Stumbough	2:24.34	4/26/2003	Rebekah Ent	4:27.72	4/15/2016
Tracy Bourdeau	2:15.28	3/16/1991	Kerrie Pesques	2:24.65	4/18/1992	Erica Capellino	4:27.92	3/24/2012
Danielle Morrell	2:15.38	3/22/2003	Devon Rennie	2:25.78	3/22/2008	Christine Cortez	4:28.12	3/20/2010
Kira Soderstrom	2:15.43	3/14/2015	Allison Franke	2:26.05	5/15/1993	Danielle Morrell	4:30.29	5/18/2003
Kelly Owen	2:15.47	4/27/2013	Donna Van Pulvelde	2:26.0	1977	Katerina Berdousi	4:30.43	5/16/2015
Miriam Bennett	2:15.52	3/25/1995	<b>Jennifer Daly</b>	<b>2:26.45</b>	<b>3/17/2018</b>	Sarah Cocco	4:31.49	3/22/2008
<b>Kennedy Gillian</b>	<b>2:15.72</b>	<b>3/17/2018</b>	<b>Sydney Tullai</b>	<b>2:26.54</b>	<b>3/3/2018</b>	Brooke Thomas	4:32.11	3/8/2003
Melissa Marguilies	2:15.82	4/28/2007	Carey Hill	2:26.5	1977	Oksana Milokumova	4:32.40	4/13/2007
Hillary Schwarzbach	2:16.01	4/26/2003	Sophia Rchette	2:26.63	4/2/2016	Ariel Wright	4:32.88	3/19/2011
Dalilah Muhammad	2:16.06	3/5/2011	Laura Simone	2:27.13	1982	Christine Lewis	4:33.27	4/6/1996
Amy Goodwin	2:16.1	4/11/1992	Latreace Benson	2:27.35	3/27/1998	Chloe Berry	4:33.65	4/22/2017
<b>Amy Johnson</b>	<b>2:16.44</b>	<b>1985</b>	Amber Bragdon	2:27.55	3/14/2015	Natasha Strickland	4:34.76	3/23/2013
Katerina Berdousi	2:16.85	4/4/2014	<b>Julia Bounds</b>	<b>2:27.80</b>	<b>3/3/2018</b>	Shelby Buckley	4:35.12	3/24/2012
<b>Sharon Hatfield</b>	<b>2:16.90</b>	<b>1984</b>	Shayvonne Goldsby	2:27.94	3/5/1994	Lorea Ibarzabal	4:36.44	3/24/2017
Katherine Ellis	2:17.01	4/4/2009	Nia Ali	2:28.77	4/10/2009	Kristen Berglas	4:36.60	4/15/2005
<b>Rennie Durand</b>	<b>2:17.04</b>	<b>1983</b>	Alyssa Reardon	2:29.41	3/22/2014	Kira Soderstrom	4:36.61	3/14/2015
Lindsay Enright	2:17.06	3/28/2014	Brenda Bruce	2:30.9	1977	Katherine Ellis	4:36.88	3/14/2009
<b>Debra Larsen</b>	<b>2:17.25</b>	<b>1983</b>	Ashley Selman	2:31.1	1990	Vivian Grimes	4:37.65	3/18/2017
Kristen Berglas	2:17.78	4/24/2004	Nicole Haynes	2:31.76	5/26/1993	Mary Anne Bullard	4:38.4	3/29/1986
<b>Gervaise McCraw</b>	<b>2:17.84</b>	<b>1985</b>	Karlin McCullen	2:33.55	1982	Amber Gore	4:39.02	4/22/2017
Heather Hennessy	2:17.89	3/30/2002	Julie Garcia	2:32.50	4/15/1989	Jenna Tong	4:39.98	4/2/2016
Christine Lewis	2:17.93	4/17/1994	La Tima Jones	2:35.5	2/29/1992	Natalia Kovtun	4:37.46	4/7/2007
Myra Hasson	2:18.47	3/8/2008	Sarah Sisco	2:38.13	3/18/2006	Allison Rojewski	4:40.23	4/4/2009
Jenna Tong	2:18.63	4/26/2014	Kiana Henry	2:38.33	3/28/2013	Leah Gaeta	4:41.05	3/13/2010
<b>Jennifer Biller</b>	<b>2:18.84</b>	<b>1976</b>	Alexa Harmon-Thomas	2:41.49	5/7/2017	Tori Carter	4:41.1	2005
Lauren Grego	2:19.07	4/19/2014	Mitzi McMillan	2:42.6	1977	Kristy Ambrosini	4:42.17	3/20/2010
Anna Burger	2:19.29	3/12/2011	Cathy Cummins	2:42.7	1977	Madison Ricks	4:42.89	4/15/2017
Tanya Smith	2:19.30	5/26/1993	Gail Berger	2:43.6	1977	Tracy Bourdeau	4:42.98	3/16/1991
Kelsey Connor	2:19.33	4/7/2007	Diana Rowden		1978	Mikaela Smith	4:43.20	3/24/2017
Natalia Williams	2:19.68	4/2/2011				Chanel Fischetti	4:43.56	3/29/2009
Cammie Patton	2:20.11	4/21/2001	<b>1500 METERS</b>			Diane Byington	4:43.74	5/29/1977
Tosha Clements	2:20.46	3/3/1996	Grazyna Penc	4:12.05	4/20/1997	Leticia Mora	4:44.3	4/1/1995
Chanel Fischetti	2:20.49	4/26/2008	Iryna Vashchuk	4:12.79	5/29/2004	Lindsay Enright	4:44.46	4/5/2014
Asha Jayasinghe	2:20.58	3/3/1996	Elise Lyon	4:15.96	5/23/1987	Julie Rollow	4:45.03	1985
Tara Davis-Quarrie	2:20.83	4/21/2007	Anna Lopaciuch	4:16.49	4/4/1998	Christine Greer	4:45.75	4/25/2009
Sapphira Ibrahim	2:21.18	3/12/1994	Lesley Noll	4:17.25	4/30/1989	Anniya Louis	4:46.06	4/4/2009
Jennifer Wells	2:21.29	3/24/2007	Emebet Shiferaw	4:20.75	5/4/1996	Kelly Owen	4:46.09	4/2/2011
Lyndsey Lopes	2:21.34	5/7/2017	Aleksandra Deren	4:20.84	5/5/2001	Katie Kennedy	4:46.14	5/8/1999
Marley Jung	2:21.34	4/27/1979	Kristie Johnston	4:21.84	5/3/1997	Heather Hennessy	4:46.3	3/17/2002
Goldie Thompkins	2:21.93	4/26/2003	Shannon Clark	4:22.06	4/11/1987	Kathleen Moloney	4:46.94	3/13/2010

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Jennifer Daly	4:47.40	3/3/2018	Anna Burger	5:22.48	3/3/2012	Diane Byington	10:44.54	3/26/1977
Carey Hill	4:47.84	1979	Tracey Downer	5:23.24	1979	Austin Lundin	10:44.71	4/7/2012
Jessica Lundin	4:48.56	4/4/2009	Ashley Jensen	5:35.71	4/7/2007	Madison Ricks	10:44.72	4/23/2016
Rae Stumbough	4:48.58	3/8/2003	Cathy Cummins	5:39.5	1977	Allison Erbert	10:44.8	4/17/1998
Nicole Davies	4:48.61	3/9/2013	Jackie Louth		1981	Theresa Kurth	10:44.92	3/20/2010
Jennifer Wells	4:49.09	3/22/2008				Laura Strachan	10:45.27	3/18/2006
Treasure Schultz	4:49.38	3/26/1994	<b>3000 METERS</b>			Zara Lukens	10:47.11	3/1/2009
Sophia Rachette	4:49.54	4/14/2016	Emebet Shiferaw	9:11.78	6/6/1997	Donna Curtis	10:47.64	1985
Reika Kijima	4:50.71	3/14/2015	Anna Lopaciuch	9:23.44	5/2/1998	Katie DeYoung	10:47.80	4/7/2012
Lauren Maurer	4:50.73	4/14/2017	Zsofia Erdelyi	9:27.96	3/20/2010	Roseann Nardon	10:49.70	4/12/1986
Lauren Grego	4:51.54	4/18/2014	Iryna Vashchuck	9:31.14	3/20/2004	Julie Rollow	10:50.40	3/23/1985
Amber Bragdon	4:52.04	5/3/2015	Lucyna Ligaj	9:38.07	3/3/2001	Barb Almarez	10:50.49	5/5/2001
Crystal Becker	4:52.57	3/8/2003	Shannon Clark	9:41.41	4/17/1987	Erin Matranga	10:52.64	3/16/2013
Jasmine Leija	4:52.94	4/19/2008	Sarah Cocco	9:42.68	3/1/2008	Erin Ferguson	10:55.22	4/26/2001
Jaclyn Walles	4:53.05	3/12/2011	Katerina Berdousi	9:45.42	3/22/2013	Maria Arroyo	10:59.8	3/4/1995
Sinfo Orozco	4:53.87	4/26/2001	Elise Lyon	9:48.69	4/17/1987	Amy Goodwin	11:00.8	2/24/1991
Tina Kefalas	4:53.8	4/6/1996	Beth Van Alstine	9:49.07	3/20/2004	Margarita Fernandez	11:10.8	3/21/1992
Austin Lundin	4:54.88	4/8/2013	Gina Dyer	9:50.32	4/21/1980	Jasmine Leija	11:15.56	3/1/2008
Erin Robinson	4:55.76	3/3/2012	Kira Soderstrom	9:54.21	3/7/2015	Diane Versteeg	11:21.5	2/22/1986
Kristin Byrne	4:56.49	4/18/2009	Jenna Tong	10:02.97	3/18/2016	Kristin Byrne	11:24.36	3/21/2009
Mai Ngo	4:57.03	4/14/1995	Leticia Mora	10:06.40	4/22/1995	Katie Budman	11:29.3	3/4/1995
Rachel Glynn	4:57.39	4/2/2016	Natalia Kovtun	10:08.52	3/24/2007	Shannon Selander	11:30.0	3/2/1991
Jessica Cuevas	4:57.53	4/26/2003	Oksana Milokumova	10:08.73	3/24/2007	Taylor Carroll	11:36.21	4/26/2008
Goldie Thompkins	4:58.51	4/21/2002	Kristen Berglas	10:12.60	2/26/2005	Mai Ngo	11:38.7	3/5/1994
Julie Sumpter	4:59.14	1983	Daniela Gergley	10:16.21	3/24/2007	Kristin Rinos	12:04.03	2/9/2000
Erin Matranga	4:59.57	3/9/2013	Christine Lewis	10:17.35	3/9/1996	Maria Crowley	12:08.3	2/19/1994
Laura Meyers	4:59.81	3/15/2008	Christine Greer	10:19.44	3/21/2009	Karlin McCullen	13:04.45	1982
Bridget Helgerson	5:00.68	5/1/2010	Brooke Thomas	10:19.94	2/17/2001			
Julia Bounds	5:01.90	3/3/2018	Tina Kefalas	10:23.79	3/8/1998	<b>3K STEEPLECHASE</b>		
Liz Gill	5:02.24	4/18/2009	Laura Meyers	10:24.36	3/23/2008	Zsofia Erdelyi	10:01.99	5/30/2009
Sapphira Ibrahim	5:02.65	3/19/1994	Leah Gaeta	10:24.45	3/19/2011	Julia Budniak	10:13.23	7/4/2004
Meghan Mainwaring	5:02.67	3/6/2003	Kate Neepser	10:24.62	3/20/2004	Kira Soderstrom	10:34.18	4/16/2015
Amy Johnson	5:04.94	1985	Robbyn Bryant	10:26.5	3/18/1989	Katerina Berdousi	10:42.72	5/14/2016
Julie Looth	5:05.19	1981	Christina Eads	10:28.81	3/18/2006	Jenna Tong	10:42.91	4/5/2014
Alyssa Reardon	5:05.91	4/18/2015	Treasure Schultz	10:28.90	3/12/1994	Laura Meyers	10:49.95	4/5/2008
Roseann Nardon	5:06.34	1985	Amber Bragdon	10:29.89	2/28/2015	Natalia Kovtun	11:04.35	4/28/2007
Hayley Sifton	5:06.54	3/30/2001	Adriana Lozano	10:33.5	3/3/1996	Kristen Berglas	11:06.70	4/30/2005
Zara Lukens	5:07.27	4/18/2009	Bridget Helgerson	10:34.12	3/21/2009	Katherine Ellis	11:07.26	5/2/2009
Barb Almarez	5:07.83	4/21/2001	Mary Anne Bullard	10:34.20	3/22/1986	Brooke Thomas	11:07.63	4/21/2001
Emma Kao	5:08.00	5/3/2015	Katie Kennedy	10:35.50	5/1/1999	Chanel Fischetti	11:24.08	4/18/2009
Erika Hanson	5:11.41	4/10/1999	Rachel Glynn	10:39.36	3/18/2016	Erin Matranga	11:28.47	3/24/2012
Staci Burgess	5:13.10	1981	Erin Robinson	10:39.99	3/23/2012	Sinfo Orozco	11:29.44	5/4/2002
Sydney Tullai	5:15.40	3/3/2018	Jessica Lundin	10:41.38	3/1/2009	Tori Carter	11:36.77	5/1/2004
Francesca Adamski	5:15.98	3/3/2012	Katie McGraw	10:41.84	4/17/1998	Jaclyn Walles	11:37.46	5/1/2011
Sarah Sisco	5:19.07	3/25/2006	Julie Seleine	10:43.26	5/2/1987	Meghan Mainwaring	11:40.00	4/26/2003
Cindy Johnson	5:20.84	1983	Julie Sumpter	10:43.74	3/31/1984	Jessica Lundin	11:44.11	5/2/2009

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Theresa Kurth	11:48.36	5/1/2011
Austin Lundin	12:06.50	4/18/2013
Harlye Maya	12:22.50	4/30/2005
Jennifer Wells	12:40.35	5/3/2008
Holly Peters	12:45.12	5/4/2002
Lauren Maurer	13:17.27	4/30/2017

**5000 METERS**

Zsofia Erdelyi	16:00.11	4/15/2011
Emebet Shiferaw	16:16.27	5/18/1996
Ariel Wright	16:23.66	3/25/2011
Iryna Vashchuck	16:28.71	3/25/2005
Julia Budniak	16:42.65	4/18/2004
Brooke Thomas	16:53.82	3/29/2003
Beth Van Alstine	16:53.90	4/18/2004
Katerina Berdousi	17:04.41	5/15/2016
Julie Seleine	17:18.81	3/21/1987
Kathleen Moloney	17:29.33	3/6/2010
Shea Wickland	17:34.99	4/4/2009
Rebekah Ent	17:35.27	5/15/2016
Kira Soderstrom	17:40.52	5/17/2015
Oksana Milokumova	17:41.24	3/30/2007
Carey Hill	17:43.14	1980
Kate Neeper	17:46.19	3/6/2004
Jenna Tong	17:50.22	5/15/2016
Christine Greer	17:50.89	3/28/2009
Jessica Lundin	17:50.90	3/5/2011
Natalia Kovtun	17:53.45	3/30/2007
Daniela Gergley	17:54.46	3/30/2007
Bridget Helgerson	17:56.84	3/6/2010
Leah Gaeta	18:06.14	3/5/2011
Erin Matranga	18:13.96	3/10/2012
Kate Pinta	18:20.46	2003
Dina Kitayama	18:24.90	5/1/2011
Theresa Kurth	18:28.34	4/17/2010
Erin Robinson	18:28.70	3/2/2013
Zara Lukens	18:31.10	5/1/2010
Diane Byington	18:31.1	4/1/1977
Harlye Maya	18:45.36	5/4/2002
Sophia Rchette	18:50.96	4/23/2016
Jaclyn Walles	18:55.05	3/10/2012
Roseann Nardon	18:55.54	4/12/1986
Katie McGraw	18:56.79	3/21/1998
Madison Ricks	18:58.63	4/30/2017
Julie Sumpter	19:12.54	1984
Holly Peters	19:19.33	4/26/2003

Austin Lundin	19:19.60	4/21/2012
Christina Eads	19:19.84	4/16/2005
Katie DeYoung	19:25.20	4/21/2012
Adriana Lozano	19:31.56	2/19/1994
Laura Strachan	19:34.49	3/1/2003
Margarita Fernandez	19:45.1	4/11/1992
Julie Rollow	19:51.54	1985
Maria Arroyo	19:57.0	4/1/1995
Lindsay Enright	19:57.57	5/4/2014
Taylor Carroll	20:04.75	4/19/2008
Katie Budman	20:35.0	4/1/1995
Sarah Fusco	20:53.68	4/16/2005

**10000 METERS**

Zsofia Erdelyi	33:18.75	3/26/2010
Beth Van Alstine	34:29.62	3/27/2004
Kate Neeper	36:09.24	4/17/2004
Shea Wickland	36:16.00	3/7/2009
Dina Kitayama	36:38.60	4/14/2011
Zara Lukens	37:11.02	4/14/2011
Holly Peters	39:51.67	5/1/2003
Roseann Nardon	40:21.64	5/6/1986

**100-METER HURDLES**

Virginia Powell	12.48	6/9/2006
Nia Ali	12.73	6/25/2011
Dior Hall	12.74	6/13/2015
Candice Davis	12.90	6/8/2007
Anna Cockrell	12.91	4/30/2017
Lauren Blackburn	13.06	5/14/2011
Shalina Clarke	13.09	5/29/2010
Chanel Brissett	13.10	3/17/2018
Sau Ying Chan	13.14	5/7/1994
Patty Van Wolvelaere	13.14	5/26/1978
Natasha Danvers	13.20	5/6/2000
Jasmyn Graham	13.21	6/25/2016
Melia Cox	13.24	5/30/2015
Natasha Neal	13.24	5/31/2001
Dalilah Muhammad	13.33	5/26/2012
Myriam Tschomba-Fariala	13.35	3/29/1997
Mecca McGlaston	13.46	5/14/2017
Yvette Bates	13.55	5/21/1988
Talia Stewart	13.56	3/31/2007
Felice Lipscomb	13.56	3/6/1993
Amalie luel	13.69	5/1/2016
Mitzi McMillan	13.71	5/15/1978

Lyndsey Lopes	13.75	3/17/2018
Shana Woods	13.76	5/3/2008
Wendy Brown	13.77	1988
Michelle DeCoux	13.83	3/14/1992
Tanya Smith	13.94	5/25/1993
Effie Daetz	13.94	5/14/1988
Gail Wilson	14.04	4/18/1986
Shante Robinson	14.08	3/3/2018
Tunisia Johnson	14.15	4/26/2003
Kay Garnet	14.29	1980
Spring Harris	14.32	5/5/2001
Jaide Stepter	14.35	4/27/2013
Lyn Carter	14.46	1984
Sharon Hatfield	14.51	1987
Kiana Henry	14.58	5/4/2013
Alexa Harmon-Thomas	14.66	5/6/2017
Katie Kirst	14.67	5/3/2008
Kerry Zwart-Bell	14.70	1983
Glory Dolphin	14.74	5/6/1995
Lindsay Oman	14.75	3/22/2008
Aleksandra Pielusek	14.86	2/23/2002
Liesl Griffin	14.92	2/23/2002
Nicole Haynes	15.01	5/25/1993
Debra Larsen	15.02	1983
Martise Moore	15.03	2/28/1998
Allison Franke	15.05	3/19/1993
Andrea Wasden	15.11	3/16/1996
Tiffany Jones	15.25	3/20/2004
Lydia Rolle	15.44	3/6/1999
Rosalind Anderson	15.54c	1982
Janice McDowell	15.58	1982
Karen Kelly	15.60	3/27/1992
Chanel Young	15.83	3/30/2001
Kathryn Karkut	15.92	4/16/2011
Carist Washington	16.53	3/1/2003
Brenda Bruce	16.54	1977
Ashley Selman	16.77	3/24/1990
Anna Biller	18.3	1977
Julie Garcia	18.64	4/14/1989
Carey Hill	18.6	1977

**400-METER HURDLES**

Jaide Stepter	54.95	7/10/2016
Natasha Danvers	54.95	9/25/2000
Anna Cockrell	55.14	6/24/2017
Amalie luel	55.38	4/8/2017

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Leslie Maxie	55.79	6/6/1987	Antoinette Devine	84.0	1977	Brenda Bruce	5' 3	1977
Dalilah Muhammad	56.04	6/8/2011				Tiffany Jones	5' 2½	4/26/2003
Michelle DeCoux	57.05	4/4/1992	<b>HIGH JUMP</b>			Karyn Neblett	5' 2	1982
Natasha Neal	57.16	5/5/2001	Emelie Fardigh	6' 2	3/22/1997	Candace Bailey	5' 1¾	3/3/2012
Aleksandra Pielusek	57.58	5/19/2002	Nia Ali	6' 1¼	5/14/2011	Shannon Smith	5' 1¾	2/22/2003
Karen Koellner	57.59	3/18/1989	Wendy Brown	6' 1	8/27/1988	Jordan Winters	5' 1	3/19/2016
Shalina Clarke	57.78	4/28/2007	Amalie Luel	6' 0½	5/7/2016	Vanessa Hill	5' 0	2/26/2000
Talia Stewart	58.65	3/17/2007	Spring Harris	6' 0½	3/22/2003	Jennifer Oliviera	5' 0	2/28/1998
Felice Lipscomb	59.44	5/9/1992	Crissy Mills	6' 0	6/2/1993	Beth Johnson	5' 0	2/18/1995
Candice Davis	59.56	4/30/2005	Debra Larsen	5' 11¾	6/24/1983	Louan Gualdo	5' 0	3/16/1991
<b>Shante Robinson</b>	<b>59.66</b>	<b>3/17/2018</b>	Natasha Danvers	5' 11½	5/24/1998	Barb Gray	5' 0	3/29/1986
Tunisia Johnson	59.85	5/1/2004	Tanya Smith	5' 11½	3/19/1993	Karen Kelly	4' 11¾	2/22/1992
Katie Kirst	59.79	5/3/2008	Shawana Taylor	5' 10	3/4/2000	Kiana Henry	4' 11½	5/4/2013
Nekeidra Shegog	59.84	5/2/1997	Nicole Haynes	5' 9¾	5/11/1996	Lydia Rolle	4' 11	5/1/1999
Lauren Blackburn	60.18	5/1/2011	Kerry Zwart-Bell	5' 9	3/20/1982	Ashley Selman	4' 10	3/8/1989
Sharon Hatfield	60.32	1987	Dalilah Muhammad	5' 8¾	4/10/2010	Maya Coelho	4' 9¾	2/24/2007
Myriam Tschomba-Fariala	60.45	4/18/1999	Ekene Anene	5' 8¾	3/17/2007	Julie Garcia	4' 6	4/14/1989
Brandy Stephens	60.47	4/19/1996	Reischea Canidate	5' 8¾	5/24/1997	Ada May Sharpless	4' 1½	5/1/1919
Mecca McGlaston	61.28	5/14/2017	Yleana Carrasco	5' 8¾	5/21/1989	Tena Montoya		1981
Rebecca Paterson	61.50	4/21/2001	Jennifer Stutland	5' 8	4/23/2011			
Jasmyn Graham	62.38	3/25/2017	Kelli Arrivey	5' 8	3/10/1984	<b>POLE VAULT</b>		
Janice McDowell	62.42	5/15/1982	<b>Sharon Hatfield</b>	<b>5' 8</b>	<b>1984</b>	Brysun Stately	14' 0	5/1/2010
Mary Anne Bullard	62.66	1985	Lyndsey Lopes	5' 7¾	3/23/2017	Melissa Astete	12' 11½	5/15/2005
Brandy Stephens	62.70	4/6/1996	Mitzi McMillan	5' 7¾	4/3/1977	Brittani Bernhard	12' 11½	4/15/2005
Tanya Smith	62.73	4/6/1996	<b>Cassidy Palka</b>	<b>5' 7</b>	<b>3/17/2018</b>	Felicia Horvath	12' 5½	3/26/2016
Effie Daetz	63.05	1988	Lindsay Oman	5' 7	3/22/2008	Chun Mei Nickles	12' 5½	4/21/2007
Glory Dolphin	63.48	3/4/1995	Kathy Haynes	5' 7	4/22/1980	Shannon Lewallen	12' 5½	3/26/2005
Rochelle Savoy	63.72	1985	Julia Lendl	5' 7	1979	Thea Weiss	12' 4½	5/4/2013
Liesl Griffin	63.84	5/7/2005	<b>Alexa Harmon-Thomas</b>	<b>5' 6</b>	<b>3/17/2018</b>	Ariel Hayward	12' 2¾	3/2/2013
Lynn Davis	63.84	5/11/1981	Janae Oliviera	5' 6	4/24/1993	Kenisha Strong	12' 1½	4/4/2009
Melia Cox	64.11	3/10/2012	Louan Guiado	5' 6	1988	Sonya Negriff	12' 1½	4/26/2002
Rosalyn Anderson	64.14	1979	Donna Carter	5' 6	1985	Jessica Luna	11' 11¾	4/15/2005
<b>Marian Eastern</b>	<b>64.40</b>	<b>1981</b>	Rosetta Brit	5' 6	1976	Daymora Pen	11' 1¾	4/1/2006
Lindsay Oman	64.51	5/14/2005	Shana Woods	5' 5¾	4/9/2011	Meghan White	11' 0¾	4/26/2003
Emile Winckel	64.61	3/17/2007	Alexandra Church	5' 5¾	2/26/2005	Katherine Chang	11' 0¼	3/9/2013
<b>Dalal Ahmad</b>	<b>64.94</b>	<b>1977</b>	Tanya White	5' 5¾	3/2/2002	Jennifer Candipan	10' 9¾	5/24/1998
Nicole Haynes	65.29	3/27/1993	Malia Cravens	5' 5¼	5/4/2014	Jasmine Kinght	10' 6¾	5/1/2010
Kathryn Karkut	65.61	3/12/2011	Katherine Callahan	5' 5	3/17/2001	Joanne Rapadas	10' 6	3/20/2004
Anna Biller	66.24	1977	Lindsay Paulick	5' 4½	5/5/2001	Melissa Sakowski	10' 6	4/26/2003
Karyn Neblett	66.30	1982	Andrea McBride	5' 4¼	4/30/2005	Kalynn Good	10' 2	3/21/2009
Romina Carrillo	66.54	2/14/1998	<b>Yolanda Fletcher</b>	<b>5' 3¾</b>	<b>1983</b>	Isabel Lozowski	10' 0¾	4/27/2013
<b>Donna Van Pulvelde</b>	<b>67.64</b>	<b>1978</b>	Dominique Chaplin	5' 3	3/6/2005	Michelle Muscato	10' 0	3/24/2001
Analisse De Lara	68.38	2/26/2000	Molly Mahar	5' 3	3/8/2003	Kelly Williams	9' 2¼	3/21/2009
Kendra Dosé	69.27	5/4/1996	Allison Franke	5' 3	4/23/1992			
Giselle Torres	72.98	3/30/2001	Donna Curtis	5' 3	1982	<b>LONG JUMP</b>		
Laura Crabtree	73.00	3/1/2003	<b>Carey Hill</b>	<b>5' 3</b>	<b>1978</b>	Yvette Bates	21' 11	7/23/1988

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Wendy Brown	21' 7½	7/19/1988	<b>Gail Douglas</b>	<b>17' 10¾</b>	<b>1978</b>	Gail Wilson	37' 8	1984
Sabrina Williams	21' 7	2/23/1985	Tracee Thomas	17' 9¾	3/20/2004	Samantha Ojo	37' 6½	2/22/2014
Pamela Simpson	21' 2	6/2/1999	<b>Stephanie Davis</b>	<b>17' 9</b>	<b>1978</b>	Dominique Chaplin	37' 6½	4/30/2005
Tatyana Obukhova	20' 11¾	4/13/2002	Molly Mahar	17' 8¾	4/26/2003	Chanel Young	36' 10½	5/12/2001
Margaux Jones	20' 10¾	6/25/2016	Miya Edmonson	17' 5¾	3/24/2001	Tonya Ransom	36' 6¾	5/17/1985
Michelle Sanford	20' 10½	5/1/2004	Chun Mei Nickles	17' 5½	3/1/2008	Cara Bickers	36' 5	4/4/2009
Alexis Faulknor	20' 9¾	5/16/2015	Jamila Marston	17' 3¾	4/30/2005	Katie Haller	36' 5	4/30/1994
Shana Woods	20' 8	4/28/2007	Lindsay Oman	17' 0	4/30/2005	Karen Ota	36' 3½	3/17/2002
Louan Guialdo	20' 7¼	3/17/1990	Nicole Anthony	16' 10	5/2/2009	Jennifer Jones	35' 9½	4/27/2013
Yolanda Fletcher	20' 7¼	5/21/1983	Shannon Lewallen	16' 10	2/28/2004	Dominique Chaplin	35' 6	4/1/2006
Sandy Crabtree	20' 7¼	6/17/1982	Jill Snipes	16' 4¼	1977	Laura Hayden	35' 2½	5/1/1998
Alitta Boyd	20' 6½	5/24/2012	Ashley Selman	16' 3	1990	Katherine Chang	34' 6¾	4/14/2011
Stephanie Jones	20' 5¾	4/16/2000	Lydia Rolle	16' 2¾	3/6/1999	Shayvonne Goldsby	33' 0½	3/12/1994
Disia Page	20' 3¾	5/4/2002	Ursula Walton	16' 1½	3/4/1995	Beth Johnson	33' 0¼	4/6/1996
Nicole Haynes	20' 3	5/4/1996	Brenda Bruce	16' 1¼	1977			
Madisen Richards	20' 1¾	4/3/2015	Katherine Chang	15' 11½	3/19/2011	<b>SHOT PUT</b>		
Kathy Haynes	19' 11¾	5/11/1980	Carey Hill	15' 11	1977	Karen Freberg	57' 7½	4/29/2006
Glory Dolphin	19' 11½	5/13/1995	Kathryn Karkut	15' 7¾	3/19/2011	Brittany Mann	57' 4¾	6/8/2017
Erin Williams	19' 11	5/14/2004	Julie Garcia	15' 5¾	4/15/1989	L'Orangerie Crawford	56' 3¼	5/14/2004
<b>Courtney Corrin</b>	<b>19' 10¾</b>	<b>3/3/2018</b>	Alix Fitch	15' 5½	3/19/2011	Diana Clements	55' 8¼	2/21/1986
Kerry Zwart-Bell	19' 10	1982	Alycia Carrillo	15' 5	5/1/2010	Tanya Sapa	55' 7¾	5/1/2016
Amalie luel	19' 9¾	4/1/2016	Candace Bailey	15' 2	4/4/2009	Cynthia Ademiluyi	55' 0¼	5/31/2001
Karleen Shields	19' 9¾	5/7/1994	Karen Kelly	15' 0½	3/14/1992	<b>Breana Jemison</b>	<b>53' 1½</b>	<b>3/17/2018</b>
Debra Larsen	19' 9	1983	Laura Hayden	14' 7½	4/22/1998	Tera Novy	53' 0	5/1/2016
Carla Estes	19' 8¾	5/2/1998				Cerenity Young	51' 2¼	4/6/2002
Mitzi McMillan	19' 8¾	5/5/1978	<b>TRIPLE JUMP</b>			Marissa Minderler	50' 2¾	3/12/2011
Jasmyn Graham	19' 7½	4/9/2016	Wendy Brown	45' 5¼	6/17/1988	Leslie Coons	49' 10½	5/4/1996
Katarzyna Klisowska	19' 6¾	4/30/2005	Yvette Bates	45' 3½	1987	Jennifer Vail	49' 5	2/26/2000
Oluwakemi Olonade	19' 5¾	3/21/2014	Michelle Sanford	43' 9¼	5/15/2004	Heidi Adams	48' 7½	3/25/1988
Lyndsey Lopes	19' 4¾	4/30/2017	Alitta Boyd	43' 8¾	5/25/2013	Amy Thiel	47' 10	2/16/2002
<b>Sharon Hatfield</b>	<b>19' 3</b>	<b>1984</b>	Tatyana Obukhova	43' 5¼	5/4/2002	Carrie Martin	46' 11½	3/29/1997
Karen Ota	19' 1¼	4/26/2003	Melia Cox	43' 3¼	6/7/2013	Kerry Zwart-Bell	45' 10¾	6/8/1980
Madisen Richards	19' 0¾	4/23/2016	Ekene Anene	42' 10¼	5/29/2010	Yolanda Fletcher	45' 9¾	5/16/1986
Myeshia Gibson	19' 0¾	4/28/2007	Karleen Shields	41' 9¾	5/7/1994	Andrea McBride	45' 8½	4/28/2007
<b>Alexa Harmon-Thomas</b>	<b>19' 0½</b>	<b>3/17/2018</b>	Oluwakemi Olonade	41' 8¾	5/30/2014	Jenny Ozorai	45' 6½	5/1/2011
Tiffany Jones	19' 0	5/1/2004	Brittany Daniels	41' 2½	4/29/2006	Nia Ali	44' 8	4/9/2009
Courtney Clayton	18' 8	3/1/2009	Glory Dolphin	41' 0½	5/4/1996	Wendy Brown	44' 7	4/24/1988
Chanel Young	18' 8	4/6/2002	Stephanie Jones	40' 7½	5/5/2001	Jade Niemeyer	44' 1½	3/10/2012
Cara Bickers	18' 7	5/2/2009	Katarzyna Klisowska	39' 10	4/30/2005	Katalin Mate	44' 1½	3/21/2009
Jennifer Oliviera	18' 6¾	4/8/1995	Melissa Brule'	39' 10	5/3/1997	Dana Olsen	44' 0	3/8/1980
Allison Franke	18' 5¾	3/20/1993	Chun Mei Nickles	39' 6½	5/3/2008	Nicole Haynes	43' 10¾	5/29/1996
Jennifer Jones	18' 5	3/31/2012	Allison Franke	39' 6	3/6/1993	Cindy Johnson	43' 10½	3/18/1983
Brittany Daniels	18' 4½	4/1/2006	Candace Bailey	39' 4	3/23/2013	<b>Debra Larsen</b>	<b>43' 8</b>	<b>1983</b>
Tanya Smith	18' 3	3/6/1993	Sabrina Williams	38' 9	3/30/1985	Lauren Chambers	43' 5¼	5/1/2010
Spring Harris	18' 0¼	2/23/2002	Nicole Haynes	38' 7	3/6/1993	Kate Hutchinson	43' 1½	5/3/2008
Kiana Henry	17' 11¾	5/5/2012	Myeshia Gibson	38' 3½	4/28/2007	Eva Orban	42' 2¾	4/15/2007

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Sharon Hatfield	42' 1	1986	Jenny Ozorai	154' 5	4/27/2013	Carrie Martin	184' 7	2/28/1998
Rugina Hendricks	40' 11 <sup>3</sup> / <sub>4</sub>	3/25/1988	Ashley Pyka	152' 1	4/29/2009	Karen Freberg	184' 4	4/29/2006
Ashley Selman	40' 4	3/24/1989	Karen Freberg	151' 4	4/29/2006	Brittany Mann	183' 7	3/17/2017
Lillian Copeland	40' 3	7/4/1931	Leslie Coons	150' 11	2/17/1996	Cynthia Ademiluyi	182' 7	4/1/2000
Julie Morgan	39' 9 <sup>1</sup> / <sub>2</sub>	3/19/1977	Andrea McBride	150' 8	4/2/2005	Tanya Sapa	181' 5	5/2/2015
Lindsay Oman	38' 8	4/2/2008	Vivian Turner	150' 1	3/12/1977	Ashley Pyka	179' 2	3/3/2012
Vivian Turner	38' 8	1976	L'Orangerie Crawford	149' 10	5/1/2004	Alexandrea Williams	174' 0	3/10/2007
Allison Franke	38' 7 <sup>3</sup> / <sub>4</sub>	3/14/1992	Natasha Stamps	148' 6	3/17/2018	Sharon Smith	168' 4	4/21/2002
Kiana Henry	38' 3 <sup>3</sup> / <sub>4</sub>	5/4/2013	Cerenity Young	145' 9	5/4/2002	'Ofa Wolfgramm	166' 8	3/13/1999
Amalie luel	38' 2	5/7/2016	Donna Hollingsworth	144' 2	1981	Kelley Shapiro	164' 10	2/24/2001
Mitzi McMillan	37' 3 <sup>3</sup> / <sub>4</sub>	1977	Heidi Adams	143' 3	4/24/1988	Kathryn Daniels	159' 3	5/16/2010
Celeste McVey	36' 11 <sup>1</sup> / <sub>2</sub>	3/12/1994	Erika Peyton	140' 5	5/3/2015	Tera Novy	150' 0	5/4/2014
Sandra Murray	36' 11	1981	Eva Orban	140' 5	4/24/2009	Farren Benjiman	148' 9	4/5/2013
Joyce Simley	36' 7 <sup>1</sup> / <sub>2</sub>	5/13/1979	Marissa Minderler	135' 2	3/27/2010	Kate Hutchinson	148' 9	3/20/2004
Teri Ortega	36' 6 <sup>3</sup> / <sub>4</sub>	2/29/1992	Lillian Copeland	133' 2	8/2/1932	Lauren Guerrieri	147' 6	5/3/2008
Tanya Smith	36' 4 <sup>3</sup> / <sub>4</sub>	5/25/1993	Leslie Erickson	132' 3	3/20/2004	Cerenity Young	143' 9	3/25/2000
Ashley Selman	36' 2 <sup>1</sup> / <sub>4</sub>	3/2/1991	Rugina Hendricks	124' 4	2/28/1988	Stephanie Hoffer	134' 5	3/23/2012
Shana Woods	35' 6	5/5/2007	Cindy Makens	121' 0	5/6/1995			
Lyndsey Lopes	34' 10 <sup>1</sup> / <sub>4</sub>	6/25/2016	Jade Niemeyer	115' 7	5/1/2011			
Honor Henry	34' 3 <sup>1</sup> / <sub>2</sub>	5/13/1979	Lauren Chambers	113' 3	5/1/2010			
Donna Hollingsworth	33' 8	1982	Honor Henry	111' 8	1979			
Carey Hill	33' 4	1977	Julie Morgan	111' 7	1977			
Karen Kelly	33' 3 <sup>3</sup> / <sub>4</sub>	3/17/1990	Carey Hill	106' 8	1977			
Brenda Bruce	32' 3 <sup>1</sup> / <sub>2</sub>	1977	Barb Deasey	101' 2	1979			
Julie Garcia	29' 9 <sup>1</sup> / <sub>4</sub>	4/14/1989	Charm Bishop	97' 9 <sup>3</sup> / <sub>4</sub>	1983			
Molly Mahar	26' 1 <sup>3</sup> / <sub>4</sub>	2/22/2003	Mary Ann Denzler	94' 4	1979			
Dora Noble	25' 10	5/1/1919	Lynsey Howatt	88' 4 <sup>1</sup> / <sub>2</sub>	1979			
			Lisa van Benthem	78' 11	1980			

#### JAVELIN THROW (1999 Implement)

Inga Stasiulionyte	186' 10	5/18/2002
Kristine Busa	179' 1	7/18/2009
Leslie Erickson	168' 11	5/4/2002
Andrea McBride	161' 7	4/30/2005
Marissa Minderler	157' 3	4/2/2010
Shana Woods	135' 4	6/14/2008
Devon Rennie	132' 11	5/1/2011
Nia Ali	128' 9	5/10/2009
Lyndsey Lopes	126' 9	3/18/2017
Becky Richey	124' 8	4/26/2003
Jennifer Vail	121' 3	3/18/2000
Amalie luel	110' 5	5/11/2014
Jade Niemeyer	110' 5	5/1/2011
Lindsay Oman	109' 10	4/30/2005
Ashley Pyka	107' 8	4/27/2013
Arielle Sepulveda	107' 1	4/28/2007
Alexa Harmon-Thomas	103' 6	4/8/2017
Kate Hutchinson	101' 8	4/30/2005
K.C. Sullivan	100' 6	4/2/2016
Kelley Shapiro	99' 4	4/27/2000
Kiana Henry	98' 1	3/2/2013
Jenny Ozorai	96' 11	4/27/2013
Alitta Boyd	95' 11	4/27/2013
Julia Tseng	90' 1	5/4/2014
Spring Harris	88' 9	4/1/2000
Farren Benjiman	77' 9	4/27/2013

#### DISCUS THROW

Tera Novy	200' 5	4/14/2016
Alexandra Collatz	189' 8	4/16/2015
Kate Hutchinson	189' 5	5/6/2006
Cynthia Ademiluyi	177' 10	2/23/2002
Claudia Paris	176' 11	3/5/1988
Cindy Johnson	173' 11	6/4/1983
Lauren Guerrieri	168' 6	5/1/2010
Carrie Martin	168' 6	4/20/1996
Diana Clements	167' 10	5/3/1986
Allison Franke	166' 5	5/26/1992
Katalin Mate	165' 10	5/29/2009
Brittany Mann	163' 1	4/21/2017
Jennifer Vail	162' 1	3/26/2000
Celeste McVey	160' 11	5/8/1993
Dana Olsen	159' 11	4/21/1980
Amy Thiel	159' 10	3/23/2002
Teri Ortega	158' 2	3/30/1991

#### HAMMER THROW

Eva Orban	230' 3	3/15/2008
Jenny Ozorai	223' 4	3/9/2012
Marissa Minderler	220' 11	5/12/2012
Julianna Tudja	218' 9	6/14/2003
L'Orangerie Crawford	209' 8	3/8/2003
Jade Niemeyer	208' 0	5/26/2012
Lauren Chambers	206' 5	4/16/2010
Jennifer Vail	204' 3	5/21/2000
Julia Rozenfeld	203' 1	3/12/2005
Leslie Coons	198' 7	5/4/1996
Joy McArthur	197' 1	3/17/2018
Brittany Mann	193' 5	4/29/2017
Amy Thiel	193' 0	5/31/2003
Erica Peyton	190' 7	3/18/2016
Alexandra Collatz	189' 11	5/2/2015
Tamara Baumann	184' 11	3/9/2012

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### JAVELIN THROW (old implement)

Sherry Calvert	192' 0	5/12/1972
Ashley Selman	187' 9	6/17/1989
Diana Clements	168' 8	5/22/1987
Allison Franke	164' 4	5/23/1992
Nicole Haynes	158' 10	5/20/1994
Wendy Brown	158' 6	4/30/1988
Lisa van Benthem	154' 6	5/18/1983
Dana Olsen	152' 9	4/26/1980
Celeste McVey	152' 3	6/3/1994
Regina Steele	145' 2	1978
Charm Bishop	144' 8	4/26/1980
Sharon Hatfield	143' 8	5/2/1987
Kathy Nelson	142' 6	1981
Lori Jepson	141' 0	5/19/1977
Lynn van Benthem	136' 11	1981
Alexis Crampton	133' 6	1979
Debra Larsen	132' 7	1983
Lorelei van Benthem	130' 8	3/10/1979
Yolanda Fletcher	121' 7	5/16/1986
Lillian Copeland	116' 1	7/25/1931
Tanya Smith	114' 2	5/12/1996
Kerry Zwart-Bell	114' 2	1982
Alex Crampton	114' 2	1977
Cheri Thomas	108' 8	4/28/1990
Julie Garcia	104' 2	4/15/1989
Karen Kelly	102' 7	3/17/1990
Yleana Carrasco	92' 1	3/3/1990
Sally Boehmer	90' 1	1977
Teri Ortega	86' 2	2/29/1992

### HEPTATHLON

Wendy Brown	6,079	7/16/1988
Amalie luel	6,011	5/7-8/2016
Nia Ali	5,824	5/10/2009
Nicole Haynes	5,786	5/12/1996
Debra Larsen	5,616	1983
Kerry Zwart-Bell	5,550	6/1/1982
Shana Woods	5,507	6/8/2007
Sharon Hatfield	5,410	4/18-19/1986
Lyndsey Lopes	5,371	5/6-7/2017
Tanya Smith	5,345	5/25-26/1993
Yolanda Fletcher	5,307	5/16-17/1986
Allison Franke	5,156	5/14-15/1993
Lindsay Oman	5,025	4/3-4/2008
Spring Harris	4,855	5/12-13/2001

Alexa Harmon-Thomas	4,741	5/6-7/2017
Kiana Henry	4,507	5/4-5/2013
Ashley Selman	4,469	3/25/1990
Sandra Murray	4,455	1981
Karen Koellner	4,247	4/11/1987
Chanel Young	4,125	3/14-15/2002
Lydia Rolle	4,021	5/14-15/1999
Disia Page	3,876	5/14-15/1999
Julie Garcia	3,648	4/14-15/1989

### PENTATHLON

Kerry Zwart-Bell	3,801	1979
Mitzi McMillan	3,739	4/3/1977
Brenda Bruce	3,295	1977

### 4 x 100

D. Brown, D. Hill, Faulknor, Gaither	42.90	6/11/16
Powell, Onyepunuka, C. Davis, Rodriguez	42.96	6/9/2006
Laarman, J. Davis, Faulknor, Gaither	43.00	6/14/14
D. Hill, Westbrook, Faulknor, Gaither	43.10	5/17/15
A. Williams, Ca. Young, Edmonson, K. Davis	43.14	6/2/2000
Hall, Westbrook, Faulknor, D. Hill	43.27	6/13/15
A. Williams, Edwards, Edmonson, Ca. Young	43.35	5/1/1999
Hall, Westbrook, D. Brown, D. Hill	43.38	5/14/17
Laarman, Payne, Puterbaugh, J. Davis	43.42	6/11/11
D. Brown, D. Hill	43.46	5/15/16
Stepter, Gaither	43.49	3/17/2018
Annelus, Westbrook, D. Hill, Terry	43.52	6/2/1999
A. Williams, Edwards, Edmonson, Benyarku	43.57	5/1/2016
D. Brown, D. Hill, Cantrell, Gaither	43.61	3/17/2007
Je. Onyepunuka, C. Davis, Stewart, Rodriguez	43.64	6/1/2001
A. Williams, Ca. Young, Neal, K. Davis		

A. Williams, Ca. Young, Bennett, K. Davis	43.64	5/20/2001
Powell, Onyepunuka, Thomas, Weatherspoon	43.66	5/15/2005
A. Williams, Page, Neal, K. Davis	43.71	5/4/2002
Puterbaugh, J. Davis, Ndipagbor, Laarman	43.86	4/27/2013
Laarman, Ndipagbor, Faulknor, Gaither	43.88	5/4/2014
Mayberry, McGraw, Cabell, Simmons	43.90	6/4/1986
Laarman, Payne, Ndipagbor, J. Davis	43.94	6/6/2012
D. Brown, Francis, Westbrook, D. Hill	43.97	3/25/2017
Weatherspoon, Powell, Edmonson, Dorsey	43.98	5/1/2004
Je. Onyepunuka, Clarke, Ju. Onyepunuka, Rodriguez	44.00	5/17/2008
Simmons, McGraw, Taylor, Mayberry	44.06	6/6/1987
Lipscomb, Gray, L. Jones, Miller	44.07	4/18/1992
Powell, Onyepunuka, Stewart, Rodriguez	44.12	3/25/2006
Benyarku, Edwards, Gibson, Edmonson,	44.13	4/4/1998
Laarman, Payne, Puterbaugh, J. Davis	44.18	3/24/2012
2003	44.26	5/16/2003
Gibson, Conwright, Benyarku, Edwards	44.26	5/30/1996
Clarke, Ju. Onyepunuka, Woods, Payne	44.37	5/17/2009
DeCoux, Lipscomb, L. Jones, Miller	44.39	5/23/1992
Clarke, Ju. Onyepunuka, Olear, Payne	44.40	5/1/2010
Graham, D. Hill, Cantrell, D. Brown	44.41	3/19/2016
1986	44.4	4/12/1986
Lipscomb, L. Jones, Bracey, Miller	44.52	4/17/1994
Lipscomb, Chan, Conwright, Miller	44.57	5/21/1993

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Guialdo, Gray, L. Jones, Miller	44.61	5/18/1991	Bates, Taylor, Guialdo, Chapin	45.68	4/30/1988	2002 "C"	49.18	3/2/2002
Edmonson, Estes, Gibson, Edwards	44.65	3/8/1998	Douglas, Robinson, Crabtree, Cassidy	45.69	1979	K. Davis-Quarrie, Bickers	49.78	3/1/2009
Je. Onyepunuka, Davis, Olear, Rodriguez	44.10	3/24/2007	DeCoux, Chapin, Guilado, Brooks	45.83	4/28/1990	2008 "B"	50.22	2/23/2008
1985	44.7	4/13/1985	Lipscomb, Conwright, Bracey, Miller	45.87	3/13/1993	Pegues, Lipscomb, Bracey, Miller	50.33	5/22/1993
<b>S. Williams, Simmons, Cabell, McGraw</b>	<b>44.84</b>	<b>1985</b>	2003 "B"	45.96	3/1/2003	<b>4 x 200</b>		
Hall, Cox, D. Brown, Cantrell	44.85	4/4/2015	1998	46.04	2/128/1998	D. Hill, Westbrook, Cantrell, Gaither	1:31.41	4/4/2015
Hall, Ellis, Graham, Pettigrew	44.86	3/18/2017	Gibson, Conwright, Simpson, Edwards	46.19	3/3/1996	Ellis, Cockrell, Ka. Richardson, Pettigrew	1:32.45	4/1/2017
2004	44.93	3/20/2004	1989	46.19	3/18/1989	J. Davis, V. Jones, Ndipagbor, Puterbaugh	1:34.22	4/6/2013
Chan, Gibson, Conwright, L. Jones	44.98	5/20/1995	Pegues, Chan, Conwright, Lipscomb	46.36	5/7/1994	Payne, J. Davis, Laarman, Puterbaugh	1:34.54	3/12/11
2008	44.99	2/23/2008	1980	46.39	4/26/1980	Ndipagbor, J. Davis, Laarman, Puterbaugh	1:34.89	3/16/2013
Tschomba, Gibson, Benyarku, Edwards	45.02	3/2/1997	2007 "B"	46.45	2/24/2007	Clarke, Ju. Onyepunuka, Muhammad, Payne	1:36.15	3/13/2010
Payne, Ju. Onyepunuka, Hasson, Olear	45.07	3/21/2009	Douglas, Robinson, Crabtree, Cassidy	46.58	4/12/1980	Mayberry, McGraw, Maxie, Simmons	1:36.30	3/1/1986
Lipscomb, Gray, Guilado, Miller	45.11	4/13/1991	Liverpool, V. Jones, Cox, Bruce	46.59	3/23/2013	1993	1:36.7	2/20/1993
Maxie, McGraw, Cabell, Mayberry	45.15	5/3/1986	Bates, Taylor, Guilado, Brooks	46.67	3/19/1988	S. Williams, Simmons, Cabell, McGraw	1:37.58	1985
Clarke, Ju. Onyepunuka, Muhammad, Payne	45.16	3/20/2010	Conwright, Gibson, Pegues, L. Jones	46.86	3/25/1995	Brooks, DeCoux, Koellner, Taylor	1:38.42	3/4/1989
Ju. Onyepunuka, Clarke, Hasson, Payne	45.16	3/13/2010	2002 "B"	46.90	3/23/2002	1990	1:39.66	4/8/1990
2005 "B"	45.20	2/26/2005	1981	46.91	4/26/1981	Liverpool, V. Jones, Cox, A. Brown	1:41.53	3/16/2013
Chan, Jayasinghe, Conwright, Miller	45.23	3/26/1994	Jayasinghe, Lipscomb, Conwright, Miller	46.96	2/19/1994	1982	1:42.04	1982
Laarman, Puterbaugh, Blackburn, J. Davis	45.24	3/12/11	Chan, Gibson, Pegues, Conwright	47.03	3/4/1995	<b>Savoy, Freeman, Carter, Simmons</b>	<b>1:45.54</b>	<b>1984</b>
<b>McGlaston, Francis, Richards, Annelus,</b>	<b>45.27</b>	<b>3/3/2018</b>	2012 "B"	47.08	2/25/2012	1980	1:45.59	4/25/1980
DeCoux, Rolle, Guilado, Brooks	45.31	4/14/1990	DeCoux, Strickland, Guialdo, Taylor	47.09	4/8/1989	<b>4 x 400</b>		
Hilaire, Ju. Onyepunuka, Clarke, Alexander	45.35	3/1/2009	Birt, Biller, Gordon, Van Wolvelaere	47.15y	5/21/1977	Pettigrew, Luel, D. Hill, Ellis	3:23.35	6/10/2017
Lipscomb, Gray, L. Jones, Miller	45.47	5/4/1991	1987 "B"	47.44	3/21/1987	Pettigrew, Luel, Cockrell, Ellis	3:26.09	5/27/2017
Jayasinghe, Danvers, Simpson, Tschomba	45.48	5/3/1997	S. Johnson, Dolphin, Stephens, Reppe	47.69	3/3/1996	Ellis, Luel, Pettigrew, Stepter	3:26.73	5/28/2016
Simmons, McGraw, Maxie, Mayberry	45.59	3/21/1987	2001 "B"	47.93	2/17/2001	Pettigrew, Luel, Constatine, Ellis	3:27.64	6/8/2017
			Curtis, Simmons, Freemsn, S. Williams	47.96	3/31/1984	Stepter, Luel, Ellis, V. Jones	3:27.86	5/30/2015
			2010 "B"	48.13	2/27/2010			
			1982	48.20	1982			
			2006 "B"	48.47	3/25/2006			
			2003 "C"	49.18	3/1/2003			

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Danvers, Edmonson, Langerholc, K. Davis	3:28.08	6/5/1999	Puterbaugh, Muhammad, V. Jones, Ndipagbor	3:37.40	3/24/2012	Chapin, Maxie, Rolle, Brooks	3:43.71	3/17/1990
Taylor, McGraw, Mayberry, Maxie	3:28.93	6/4/1987	Clarke, Muhammad, Ju. Onyepunuka, Hasson	3:37.81	3/1/2009	Curtis, McGraw, Bullard, Cabell	3:43.82	3/23/1985
Ndipagbor, V. Jones, J. Davis, Gaither	3:29.42	4/5/2014	Davis-Quarrie, Hasson, Woods, Rodriguez	3:37.90	3/24/2007	Chapin, Noll, Koellner, Taylor	3:44.40	4/30/1988
Ndipagbor, Stepter, Liverpool, V. Jones	3:30.29	6/12/2014	1986	3:38.3	3/29/1986	1985	3:44.44	3/1/1985
Neal, Langerholc, K. Davis, Estes	3:30.84	5/31/2001	Stephens, Benyarku, Jayasinghe, Edwards	3:38.75	5/19/1996	Lipscomb, DeCoux, L. Jones, Guilado	3:44.47	5/4/1991
Langerholc, Danvers, Edmonson, K. Davis	3:30.89	6/3/2000	Liverpool, Stepter, luel, Pettigrew	3:38.86	3/22/2014	Jayasinghe, Edwards, Danvers, Simpson	3:44.66	3/2/1997
Olear, Clarke, Muhammad, Hasson	3:31.57	6/11/2009	Lipscomb, Miller, DeCoux, L. Jones	3:39.35	5/23/1992	Benyarku, Edwards, Jayasinghe, Penc	3:44.69	3/3/1996
Je. Onyepunuka, Hasson, Clarke, Rodriguez	3:31.85	5/3/2008	Graham, Rodriguez, Davis-Quarrie, Stewart	3:39.54	3/25/2006	DeCoux, Rolle, Guilado, Brooks	3:44.86	4/14/1990
Ndipagbor, V. Jones, Puterbaugh, Liverpool	3:32.31	5/25/2013	Brooks, Maxie, Clark, Chapin	3:39.82	4/8/1990	Cabell, Savoy, Curtis, McGraw	3:44.9	5/11/1985
Cabell, McGraw, Mayberry, Maxie	3:32.58	5/3/1986	Olear, Hilaire, Ju. Onyepunuka, Hasson	3:40.37	3/14/2009	Woods, Olear, Hilaire, Stately	3:45.04	3/1/2009
Neal, Pieluzek, K. Davis, N. Johnson	3:32.98	5/4/2002	Muhammad, J. Davis, Payne, Puterbaugh	3:40.52	5/14/2011	Stephens, Gibson, Shegog, L. Jones	3:45.0	4/22/1995
Olear, Clarke, Muhammad, Hasson	3:33.22	5/29/2010	Ndipagbor, V. Jones, Payne, Muhammad	3:41.03	4/29/2012	Edmonson, Penc, Johnston, Langerholc	3:45.14	3/6/1999
Thomas, Lee, Swain, Rodriguez	3:33.53	6/9/2005	Liverpool, Stepter, Ndipagbor, Pettigrew	3:41.11	5/4/2014	2000	3:45.26	3/5/2000
2003	3:34.32	4/12/2003	Olear, Clarke, Muhammad, Hasson	3:41.27	3/20/2010	<b>Weber, M. Smith, Glynn, Lopes</b>	<b>3:45.49</b>	<b>3/3/2018</b>
Ju. Onyepunuka, Hasson, Hilaire, Olear	3:34.56	5/1/2010	Hasson, Olear, Woods, Muhammad	3:41.57	3/21/2009	1998	3:45.66	2/28/1998
Hasson, Clarke, Ju. Onyepunuka, T. Davis-Quarrie	3:34.80	6/7/2007	Capellino, Kao, Kijima, Ricks	3:41.66	3/21/2015	1997	3:45.73	4/12/1997
Stepter, Pettigrew, Ncha-Ndip, Cantrell	3:34.88	3/21/2015	1998	3:41.71	3/8/1998	Stephens, Benyarku, Johnston, Jayasinghe	3:45.88	4/13/1996
Thomas, Swain, T. Johnson, McKinney	3:36.10	3/20/2004	V. Jones, Ellis, Ncha-Ndip, Stepter	3:41.76	5/3/2015	Ka. Richardson, M. Smith, Berry, Ibarzabal	3:45.94	4/8/2017
Stewart, Davis-Quarrie, Rodriguez, Swain	3:36.48	4/29/2006	<b>Cockrell, Terry,</b>	<b>3:42.08</b>	<b>3/17/2018</b>	2002	3:47.49	3/2/2002
Langerholc, Estes, Edmonson, K. Davis,	3:36.52	4/18/1999	<b>Robinson, Ky. Richardson</b>			<b>Freeman, S. Williams, Savoy, Curtis</b>	<b>3:47.50</b>	<b>3/24/1984</b>
Koellner, Brooks, Maxie, Taylor	3:36.5	4/8/1989	Stephens, Penc, Johnston, Jayasinghe	3:42.28	5/4/1996	Lipscomb, Pegues, Rolfe, L. Jones	3:47.53	4/24/1993
Pettigrew, Ellis, M. Smith, luel	3:36.70	5/1/2016	<b>Cabell, McGraw, Curtis, Ransom</b>	<b>3:42.72</b>	<b>1985</b>	1994	3:47.76	3/5/1994
Thomas, Lee, Weatherspoon, Swain	3:36.99	4/30/2005	2013	3:43.56	2/23/2013	Stephens, Edwards, Johnston, Jayasinghe	3:48.41	2/17/1996
			Estes, Langerholc, Penc, Edmonson	3:43.59	4/4/1998	2013 "B"	3:48.88	2/23/2013
			Jayasinghe, Danvers, Shegog, Simpson	3:43.5	5/3/1997	<b>Ka. Richardson, Annelus, Westbrook, Hall</b>	<b>3:49.53</b>	<b>3/17/2018</b>
						2012 "B"	3:49.63	2/25/2012
						2015	3:49.64	3/7/2015
						2005 "B"	3:49.71	2/26/2005

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2010	3:49.88	3/13/2010	L. Davis, Poppen,	3:58.33	4/12/1980	2012	9:39.36	2/25/2012
Lipscomb, Miller,	3:50.25	3/13/1993	V. Williams, Cassidy			Olsen, Hatfield,	9:42.64	1984
Pegues, L. Jones			A. Brown, Dion,	3:58.48	2/28/2011	A. Johnson, Curtis		
Stephens, Gibson,	3:50.63	5/6/1995	N. Williams, Lutzky			2013	9:51.50	2/23/2013
Dolphin, L. Jones			Bennett, Stephens,	3:58.69	3/25/1995	Bullard, Noll,	9:55.48	3/1/1985
Lipscomb, Boudeau,	3:50.69	3/16/1991	Clements, Pegues			Koellner, Lyon		
L. Jones, DeCoux			Ibarzabal, Weber,	3:59.10	4/1/2017	C. Hill, Berger,	9:43.8	3/6/1977
Koellner, Hatfield,	3:50.87	3/22/1986	Ricks, Berry			Van Pulvelde, Biller		
Noll, Lyon			2002 "B"	3:59.69	3/23/2002	Koellner, Taylor,	9:44.4	3/25/1988
2016	3:51.14	4/2/2016	Chan, Gibson,	4:00.77	4/8/1995	Clark, Noll		
Koellner, Guialdo,	3:51.26	3/19/1988	Conwright, L. Jones			2010	9:43.31	2/27/2010
Brooks, Noll			2011 "C"	4:01.28	4/2/2011	1982	9:44.91	1982
Chapin, Taylor,	3:51.48	5/2/1987	Grimes, Maurer,	4:01.45	4/1/2017	Taylor, Seleine,	9:45.24	3/7/1987
Maxie, Noll			Gore, M. Smith			Lyon, Noll		
Pegues, Goodwin,	3:51.77	2/29/1992	2012 "D"	4:02.20	2/25/2012	Shegog, Ngo,	10:19.39	2/19/1994
DeCoux, L. Jones			Capellino, Kao,	4:02.27	3/14/2015	Ibrahim, Goldsby		
Gaither, J. Davis,	3:52.05	3/22/2014	Kijima, Strickland					
Enright, Strickland			2007 "B"	4:02.82	2/24/2007	<b>800 SMR</b>		
Stephens, L. Jones,	3:52.06	3/4/1995	Miller, T. Smith,	4:02.8	2/27/1993	1986	1:38.82	4/5/1986
Pegues, Bennett			Pegues, Haynes			Guilado, Brooks,	1:39.66	4/7/1990
Pettigrew, Glynn,	3:52.43	3/19/2016	luel, Pettigrew,	4:03.70	3/15/2014	Maxie, Chapin		
Gore, Seamans			Enright, Reardon			2001	1:40.76	2/17/2001
J. Davis, Laarman,	3:52.68	3/3/2012	M. Smith, Seamans,	4:04.47	3/28/2016	Simmons, Mayberry,	1:41.75	4/4/1987
Cox, Louis			Ent, Strickland			McGraw, Taylor		
2006 "B"	3:52.76	3/25/2006	Malik, Granowski,	4:06.59	3/3/2012	1998	1:42.94	2/28/1998
L. Jones, Gibson,	3:53.09	3/18/1995	Dion, A. Brown			1997	1:43.59	2/15/1997
Pegues, Bennett			T. Smith, Clements,	4:07.97	3/9/1996	1979	1:44.2	3/10/1979
Stephens, L. Jones,	3:53.31	5/20/1995	Shegog, Conwright			Douglas, Robinson,	1:44.34	1979
Shegog, Gibson			Bailey, J. Jones,	4:09.84	3/2/2013	Crabtree, Cassidy		
Curtis, Rollow,	3:53.7	2/23/1985	Cravens, Olonade			Laarman, Puterbaugh,	1:47.03	3/12/11
Savoy, Bullard			Bruce, Henry,	4:18.48	3/3/2012	Dion, J. Davis		
Freeman. Simmons,	3:54.0	2/18/1984	N. Williams, Lutzky			2008	1:48.05	2/23/2008
Savoy, Curtis			2012 "E"	4:22.05	2/25/2012	2005	1:48.48	2/26/2005
Stephens, Shegog,	3:54.33	3/3/1996	2014	4:24.27	3/8/2014	Ju. Onyepunuka, Hilaire,	1:48.89	3/1/2009
Haynes, Clements						Hasson, K. Davis-Quarrie		
1981	3:54.3	3/14/1981	<b>4 x 880</b>			Miller, Gray,	1:49.63	2/24/1991
2008 "B"	3:54.54	2/23/2008	Taylor, Seleine,	8:45.24	1987	L. Jones, Boudeau		
1980	3:54.91	4/26/1980	Lyon, Noll					
1987 "B"	3:54.94	3/21/1987	Bullard, Rollow,	9:13.67	1985	<b>1600 SMR</b>		
1982	3:55.22	1982	A. Johnson, Curtis			D. Brown, Westbrook,	3:47.31	4/1/2017
J. Davis, Cox,	3:55.35	3/23/2013	Lewis, Jayasinghe	9:15.43	2/17/1996	Ellis, luel		
Stepter, A. Brown			Clements, Penc			Ellis, V. Jones,	3:47.98	4/4/2015
Conwright, Shegog,	3:56.69	2/19/1994	Bennett, Stephens,	9:31.15	3/18/1995	Pettigrew, luel,		
I. Miller, Jayasinghe			Clements, Schultz,			Hilaire, K. Davis-Quarrie	4:06.05	3/13/2010
1979	3:56.8	3/10/1979	Goodwin, Clark,	9:32.59	1989	Olear, Rojewski		
2001 "B"	3:57.69	3/3/2001	Taylor, Noll					

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#### DMR

1998	11:23.90	2/28/1998
Taylor, Maxie, Clark, Noll	11:25.65	1989
Taylor, McGraw, Lyon, Clark	11:30.5	1987
1997	11:30.79	2/15/1997
Clark, Goodwin, Koellner, Noll	11:32.53	4/2/1989
1986	11:44.2	3/29/1986
2013	11:57.71	2/23/2013
2012	11:58.00	2/25/2012
Flodstrom, Rojewski, Fischetti, Louis	12:00.71	3/1/2009
2013 "B"	12:08.57	2/23/2013
Bennett, Clements, Schultz, Lewis	12:15.37	3/18/1995
2008	12:19.03	2/23/2008
2005	12:20.63	2/26/2005
2012 "B"	12:29.28	2/25/2012
2011	12:29.61	2/26/2011
Curtis, Hatfield, A. Johnson, Sumpter	12:31.24	1984
Clements, Pegues, Bennett, Lewis	12:35.16	2/19/1994
1998 "B"	12:46.24	2/28/1998

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Clark, Seleine, Lyon, Noll	19:54.6	1987
2010	20:33.30	2/27/2010